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August 2000

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Cycling in Northeastern Ohio

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— Yogi Berra

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Reading for Riders

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Gossip

There are few things as dangerous as an open zipper! Just ask "Super Mario" Cipollini. If you were following the Tour de France, you heard that he was **unable to display** his sprinting prowess in this year's race as he was home recovering from **injuries sustained in a fall** during a training ride. What you may not have heard is that he crashed hard when, during a June training ride, **he took his hands off the bars to zip up** his jersey and hit a pothole. The resulting face-plant put Cipo out of the game with **cracked ribs and serious facial wounds**. Dumb stuff happens to the pros, too. **Fortunately, for the honor of Team U.S. Postal**, just about all of the rest of cycling's Big Guns were at the Tour giving Lance & Company **a chance to show their stuff**. As you know, the show went well.

It was thrilling, once again, to see the Tour de France nightly on ESPN and to see an American-sponsored team prove to all that they are among the world's best. **It was scary when Armstrong bonked** on one of the mountain stages, but **we always thrill** when we **see him attack in the mountains**—dropping more than 100 other of the world's best and running nose-to-nose with the Super Men of the tour. *Magnifique!* TV coverage was, we thought, excellent this year, even artistic at times. **We hope that Outdoor Life Network can do as well next year when the Tour's TV Torch is passed to them.** When they reached Paris we hope you raised your glass high to Lance and Team USPS—**cheers to you guys, you did us all proud!**

See the women on TV this month! It'll be the HP LaserJet Women's Challenge on ESPN2 Saturday, Aug. 5, at noon, and Thursday, Aug. 10, at 2:00 p.m. The Women's Challenge is a tough 11-stage event to be held in

Idaho — so tough, in fact, that it is said it took 10 years to convince the international cycling body, the Union Cycliste Internationale (UCI), to sanction it because **UCI felt the race, the mileage, the climbing, and the altitude were "too tough for women."** HP has a web site where you can follow daily race action: www.hplwc.com. **You go girl!**

We were sorry to learn that former Olympic cyclist and Tour de France stage winner **David Phinney is afflicted with Parkinson's Disease** — the same nasty that we all heard actor Michael J. Fox has. **He still rides, skis, and runs** but the 40-year-old has to be careful; **his energies come and go**. He still hopes to be able to continue his work as a television commentator on bicycle racing on Outdoor Life Network with proper pacing of his travels and work schedule. In an interview with *VeloNews* Phinney said **his family life** with wife Connie Carpenter and their two kids **keeps things in perspective**. "There is a danger in getting too self-obsessed," he said. "The kids are a huge help on that front... When I'm with them, then I'm not thinking that my arm's not working or my leg's not working." Godspeed Davis Phinney.

Nice interview published in the business section of *The Plain Dealer* on Sunday, June 25. It was Q & A with **Andy Stewart, owner and operator of Bike One** in Cleveland Heights. Our copy of the paper truncated the interview after the fifth question, but we were still glad to read what appeared under the headline, "The bicycle trade is always a labor of love." It better be. Andy sez, in answer to "How much can you earn in this business?" that, **in a good year, you might make \$11,000 or \$12,000**. The owner is usually the last to get paid." Think about that, please, before you insist your local bike shop give you a deep discount on that shiny new ride to match the price of a superstore somewhere. Just pay the man and know that you've now got a friend, locally, in the bike business whose expertise and services you can tap when you need help.

Ok. Let's go ridin'!

— The Crank



Roast Your Buns Tour

Sponsored by
Lorain Wheelmen
“RAIN or SHINE”
August 6, 2000



The sixth Roast Your Buns Tour will depart from the ice rink on the campus of Oberlin College, Oberlin, OH at 8:00 AM, on Sunday, August 6, 2000. The ride will provide distances of 25, 40, and 75 miles over flat to rolling terrain.

START-FINISH ... The start-finish and registration is at the ice rink, next to Philips Gym, Oberlin College, Oberlin OH. If you are driving via the Ohio Turnpike, exit at gate 8 and take route 57 north to route 2. Take route 2 west to the route 58 exit and take route 58 south to Oberlin. Turn left on SR 511 (west) and right (north) on Woodland Street.

REGISTRATION ... Advanced registration (\$10.00) will be accepted until July 29, 2000. Late registration (after July 29, 2000 and the day of the ride) will be \$12.00. Registration fee includes map, SAG, marked route and snack stops. Please make checks payable to the **LORAIN WHEELMEN**. Please include a SASE for confirmation if you would like one.

OVERNIGHT ACCOMMODATIONS ... are available at the Oberlin Inn, downtown Oberlin. For reservations, call (216) 775-1111. The Country Hearth Inn and Motel 6, located in Amherst, (approx 8 miles north of Oberlin on SR 58 at SR 2. Call (216) 985-1428 or (216) 988-3266 for reservations.

ROUTE ... The route(s) will be the same as '99 except for maybe the 25 mile route. It may use a different one of the old routes. The snack stop for the 25 mile route will be at the start-finish. Rochester will be a stop for the 40 & 75 mile routes. The 75 mile route will also have a stop in Fitchville. The 40 and 75 mile routes will be toward the south. The turn-around for the 75 mile route will be Savannah. this route will be rolling while the 40 mile route will be mostly flat.

SAG WAGON ... Riders with physical injuries or unrepairable mechanical breakdowns will be given first priority for sag wagon service. If necessary, other riders will be picked up as time and circumstances permit. The last sweep will begin about 4 PM. All riders should be off the road by 5 PM.

WEATHER ... August weather in Lorain County is usually hot and dry, thus the name for the ride. We could however have a thunderstorm or two, especially in the afternoon.

For more information or an application:

Call: John Bachman (evenings) at 440.988.5016
Snail Mail: Lorain Wheelmen, PO Box 102, Amherst OH 44001-1614
E-Mail: lorainwheelmen@eriecoast.com
www: <http://www.eriecoast.com/~lorainwheelmen/>



Cleveland Touring Club
P.O. Box 0667
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email: clevetourclub@hotmail.com
www.clevetourclub.org

Welcome to New Members

Stephen Adams of University Hts, **Brian Altenbaugh** of Shaker Hts, **Harriet Applegate, Martha Brennan, Nancy Cooke** and **Melinda Kuth** of Cleveland Hts, **Oscar Berman** and **Roseanne & Roy Hall** of Beachwood, **Tricia Heckman** of Madison, **Dana Scott Kalchoff** of Sagamore Hills and **Bob Spicer** of Lakewood. Welcome! We hope to see you come spring!

Sunday In June

A warm, sunny day (until the end) and 430 riders filled the roads of Geauga County as *Sunday In June* rolled off to a start.

On the way to Mesopotamia...

> An Amish couple approached from the opposite direction pulling a little red wagon with someone inside. Ah, I thought, taking one of their children back from Sunday services. No. Upon closer inspection it was grandma, enjoying a free ride home.
> Two little boys, perhaps 5 – 6 years old, both astride one small pony slowly making its way across a field to the fence to inspect me.
> A very proper older woman in fine Sunday dress at the Mesopotamia rest stop kindly offering us most of the pound cake left over from her family picnic.
> And on the way back to Burton, late in the day, a sag van stopped by asking if I wanted a lift back. "Looks like rain," he warned. I waved him away with the blithe comment "I've got a rain poncho." Five minutes later I was engulfed in a deluge, desperately struggling with my rain cape as the rain bucketed down. Where was that van now?

Well, **John Gallovis, Andy Carpenter** and **Bob & I** on our tandem were challenged (unspoken of course) not once, but twice to drag race Amish vehicles of transportation. "Clash of the Road Titans! SUNDAY! SUNDAY! SUNDAY!" First on our way to Mespo by half a dozen little Amish kids on two pony carts...they were *really* cute. Then later, after Mespo, by, I suspect, a teenage buggymaster, at the bottom of a hill. The pride of NE Ohio cyclists is in tact this June.... as we blew his doors (Do buggies have doors?) off!

— Kim Boyd

Are you interested in planning Next Year's Sunday In June?

Another *Sunday in June* has come and gone. A good time was had by all, both volunteers and participants. It's not too early to start thinking about **next year** and **SIJ 2001**. While most of the planning occurs in the winter months when most of us only dream of cycling, the next few months should be spent looking for some club mem-

bers new to the experience. Many of those who have planned the last few believe they've made improvements to both the experience and the club finances. We'll be around of course to help some and answer questions, but **the event deserves new ideas and new perspectives**. No experience necessary....most of us didn't have any when we started. The event has a legacy lending some ease to the process but nothing in that legacy is a tradition. Don't be shy. All *Sunday in June 2001* needs is a member or group of members with interest in its continuation in some form, be it big and splashy or lean & stripped down. If you have questions about organizing SIJ or would like to volunteer, **call Kim @ 440 543 2329**. The CTC doesn't have regular monthly meetings. There are no "officers." Individuals volunteer to provide services or special treats through the year, SIJ, the annual picnic, the fall get-together, after-ride snacks, prizes at rides. Beyond the free labor of the those volunteers, funding comes through *Sunday in June* proceeds which have also **helped keep membership dues down**.

Missing Water Jugs

Search your attics, your basements, your grandma's barn! We're looking for a couple of missing CTC water jugs orange or blue in color. There's no reward except to get them out of your way! **Call Kim @ 440 543-2329**.

Weeknight Rides Are Fun!

If you haven't been riding weeknights with CTC you have missed out on some fun including a pizza party after a Thursday night ride, the famous pop (cycle) after ride treats that **Tom Taylor** likes so much and a CTC treat at the **Kirtland Strawberry Festival**. Also, you missed the longest weeknight ride on June 27th. The fast group did 46 miles in just 2 1/2 hours, which is a record, and the balance of the group did distances between 32 miles and 46 miles. The night was perfect and the scenery beautiful. Congratulations for taking the challenge.

Tuesday Morning Rides Again!

Aug. 1 Ride starts at Punderson Manor parking lot off 87 in Newbury.

Sep. 5 Rescheduled Rain Ride: Meet at Erie Shore Golf Course,

7298 Lake Rd., Madison. Ride to Jefferson, visit a train museum, 40 miles, rolling. Call for details: **440-951-9492**.

Ride Schedule

Aug. 13 8:30 Burton to Mesopotamia(27), Mosquito Lake(48), Jamestown, PA (90), flat/rolling.

20 Landerwood. Tom Black's **mystery ride**.

27 Ferranté Winery **covered bridge** ride (20,40,60). Rolling/hilly.

Sept. 3 Northfield to Hinkley Lake, Medina (25,40,68). Rolling/hilly.

4 Monday Holiday! – North Chagrin Labor Day pick-up ride.

10 Gurney school to Newbury(20), Burton(35), Chardon(50). Rolling/hilly.



LAKE ERIE WHEELERS

P.O. Box 770744, Lakewood, OH 44107 • bikelew@juno.com

www.geocities.com/~bikelew

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440-582-3454

Vice President

Ed Wheeler

440-572-1122

Secretary

Bob Parry

440-779-8392

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Bob Ugan

216-476-0353

LEW Club Ride Schedule

Aug 6	9:00 am	Lakewood Park to Garfield Home, Mentor 60 flat miles
Aug 6	8:00 am	Emerald Necklace Tour by HubBub Mastik Woods Metroparks 25 to 100 miles, \$22-\$25. For info check www.hubbub.com
Aug 6	8:00 am	Roast your Buns Tour by Lorain Wheelmen Philips Gym Oberlin College 25, 40 & 75 miles \$12
Aug 13	8:00 am	Famous Four County Metric Century Tour by LEW starts in Berea Rec Center 40 / 62 miles. Food stops, SAG, Maps, Marked route. For info contact Mike: racelew@aol.com or check LEW Web Page .
Aug 20	9:00 am	Scenic Park to Huntington Park, Lakeview Park and Vermilion - 20 / 50 / 70 flat miles
Aug 27	9:00 am	Bonnie Park to Litchfield & Lodi 40 / 65 flat miles
Sept 3	9:00 am	Paw Paw to North Akron & Norton 40/ 70 miles
Sept 4	10:00 am	Holiday Ride (Monday) from Scenic Park to Cleveland for lunch
Sept 10	9:00 am	Bonnie Park to Peninsula and Hudson 45 / 65 miles
Sept 16-17		Malabar Farm Tour from Olmsted Falls to Malabar Hostel, 80 miles each way. Contact Bob Parry 440-779-8392
Sept 17	9:00 am	Lakewood Park to Euclid & Grand River 40 / 65 flat miles
Sept 23/24		TASSLE
Sept 24	9:00 am	Valley City to Lodi & Wooster 40 / 80 flat miles

Ride Start Locations:

Bonnie Park Pkg. Lot off Metro Parkway east of Pearl Road junction with Albion Rd.

Scenic Park in Lakewood in Rocky River Reservation just south of Detroit Rd at the east end of Detroit bridge in Lakewood

Paw Paw Pkg. Lot on Metro Parkway just east of W.130th

Mastic Woods on Metro Parkway south of Puritas/Mastic Roads

Berea Recreation Center 136 E. Bagley Road 1.5 miles west of I-71

Kamm's Corner at Pizza Hut Pkg. Lot Lorain Rd & Rocky River Dr rt 237 in Cleveland

Valley City at Liverpool School on West River Rd one block north of SR 303

Lakewood Park Lake Road opposite Belle Ave. in Lakewood

Berea Recreation Center 136 E. Bagley Road in Berea - Four County Metric Tour

Weekday Rides:

Tuesday Evenings – Short slower rides starting from Fairview Park Shopping Center on w. 220th south of Lorain Rd. behind Fairview Post Office, 6:30pm. Call Bob Ugan at 216/476-0353 or email at: Sundance@gwis.com

Wednesday Evenings – Moderate to fast pace 20-30 mile rides starting at 6:30 pm from Kamm's Corner parking lot at Lorain Rd & Rocky River Dr (rt237) in Cleveland (behind Pizza Hut), Call Ed Wheeler at 440/572-1122 or e-mail at wheels@ameritech.net

Wednesday Evenings – The new Wednesday Evening “Ice Cream” slow and short rides from the Olmsted Falls Public Library. The rides will leave at 6:30 pm. contact Marc Snitzer at 444/236-3017 or e-mail at msnit@juno.com

Thursday Morning bike rides will start up again this year. These are slower rides organized by John Glasgow contact by email at jglasgow2@msn.com or call at 440/777-7392

New Members:

Welcome to new club members: Rick Marc-Aurele, Lakewood; Ed Butcher, Garfield Heights; Michael Cavanaugh, Strongsville; John & Kathy Clay, Lakewood; Dorothy Cepulo, Bay Village; Meg & Bob Hoelter, Grafton; Sharon Jarosz, Olmsted Falls; Rich Mak, Cleveland Hts.; JoAnn Nagy, Cleveland; Reginald G. Phillips, Cleveland; Bill Rees, Parma; Diane Schley, Westlake; Lorraine Spalla, Cleveland; Vickie Thomas, Cleveland; Ed Werner, Cleveland; Diane Young, Avon Lake.

Touring Division

In July club members went on many bike tours around the country including: Krista McNamee on the Michigan Shoreline Tour, Russ Marx on a Colorado Tour, Bob Ugan on RAGBRAI, Charlie Martin & Tom Nezovich on the 600 KM Brevet, and Tom Meara did a solo self contained tour from New York back to Cleveland.

September 16 and 17 we will return for the annual Malabar Farm Tour. This is a non-sagged two-day tour of 170-180 miles from Olmsted Falls to Malabar Farms and back on Sunday. The cost is \$16 for the hostel. You'll need a trunk bag or panniers for gear and clothes. Contact Bob Parry 440-779-8392 or email at bob.parry@juno.com for more info. Registration deadline is absolutely September 8th

Team LEW

There was a lot of Team LEW racing activity in the month on June. On the first weekend, Brian and I went over to the Alpine Valley race in Chesterland to get muddy (we did). I was lucky to hang on for third in the Beginner Vet, while Brian worked hard in the Sport division, but ask him about it next time you see him.

One of our favorite local races is the Team Burn TT, held this year later (and warmer) than in years past. Five LEWers participated in the event, with Brian taking third in the Cat IV division, and I came in shortly behind him. Russ Marx did his usual damage on his “home” course, finishing first among his Team members. Kudos to Rudy Sroka and the Team Burn gang for continuing to put on this nice (and close!) event.

Scott Hoffman, Brian and I went over to Pittsburgh to compete in the ACA's Tour of West Deer. Brian got a short gap with 3 laps to go; I figured he'd be able to take the sprint for the win, so I rode in defense. I outlasted the chasers to take fourth in a fairly hilly race. Brian just missed the win against a formidable climber.

Reality struck in Bowling Green on the 23rd. With crowds swelled by GOBA being in town, the BG Classic Crit was run; Brian and I were in the 3/4 race, but not for long. After some hellacious chasing on our part, the pack caught us from behind, and we were pulled from the race (and it was the right thing to do—the course was EXTREMELY tight, and the pack very fast). Back into the hills on the 26th; Brian and I raced in the second contest at Pittsburgh (it is a 4 race series).

The Fourth came foggy and cool and nine Team LEWers showed for the Twin Sizzler in Medina. Brian, Scott and I opted for the expert races; unfortunately, that puts us in some heady company: Brian raced against the likes of pro MTBer Dave Walker, and Scott and I were in the same race with guys who aren't pros, but could play them on TV. Nevertheless, Scott gave it a charge in the sprint to beat the chase group in, and I picked off some fairly big names (who were coasting in), in my version of a.print.

The guys who raced in the age groups did really well: Mike Drab took second and John Gusz took fifth (way to go MULE!) The really great thing was that we had a good part of the team there, got to take the Team pic, and saw a lot of faces we hadn't seen in awhile. For those who weren't there, you missed a great time!

Some great news came from the City of Bay Village late in the month: they OK'd our holding a criterium at the Community House area, which we'll call the Rose Hill Crit (Sat., July 29). At the same meeting, they gave approval for our Sunday morning TT on Lake Road (Aug. 26). Both races will start at 8 am, registration will open roughly an hour before. Last but not least, we obtained permission to hold a criterium in Canton with one of neighboring clubs, the Stark County BC. This race will be run on the day after the TT in Bay (Aug. 27).

Check out the rants and keep up with all the Team at: www.geocities.com/Yosemite/Trails/2665/racing.html#CONTENTS

Thanks as always to sponsors Bike Authority (formerly Bike Line), St. Jude Medical, GH Sports, ProGold, Aker Sign and Graphics by Lori.

Club Meetings - They're Back!

There will be a club meeting scheduled for Tuesday September 5 at 7 pm at the Brookpark Branch of the Cuyahoga County Library located at 6155 Engle Road. Meetings will be held at the Library the first Tuesday of the month in September, October, and November.

Four County Metric Invitational Ride

The challenging Four County Metric Century ride returns August 13 starting again at BW recreation Center in Berea, Ohio with two scenic routes of 40 miles and 62 miles. Registration will be from 8 am to 9:30 am. The ride will include food stops, maps, marked routes, SAG, and radio support along the route. Helmets are required for all riders. Contact Mike Woods at 440/871-1317 or email at: racelew@aol.com.

Results: July 4 Twin Sizzler

MEDINA — Here are the results from the 25th annual July 4th Twin Sizzler road race sponsored by the YWCA of Medina County.

EXPERT BIKE RACES

Expert Men 18 and Under

Bobby Lambrix
Ray Wagner

Expert Men 19 - 34

Matt Brungard
Joe Pailotto
Bill Mathys
Brian Beller
Dave Walker
Jon Giese

Expert Men 35+

Rudy Sroka
Brian Batke
Dave Garrett
Joseph Combaro
Sal Ponizio
Jeff Grzybowski

Expert Women – All Ages

Tiffany Kenney
Sally Gilbert
Sarah Giesman
Brenda Pulley
Tricia Ingraham
Julie Lewis

CITIZEN BIKE RACES

Men 14 and Under

Jeremy Basl
Steven Rebick

Men 15 - 19

Scott Walker
Brian Heskamp
Daniel Olsen
Ryan Tower
Jeremy Mullet
Jonathan Larabee

Men 20 - 24

Benjamin Bodnar

Men 25 - 29

Ryan Knopf
Mike Drab
Rick O'Donnell
Thomas Wiseman

Men 30 - 34

Chris Drage
Jeff Alexander
David May
Greg Malbach
Joel Schmidt
Jeff Alexander

Men 35 - 39

Guy Shinko
Steve Abdenour
Jeff Garoutte
Brian Coote
John Lanson
Scott Felton

Men 40 - 59

Skip Rogers
Paul Bauer
Paul Samide
Bill Gutschmidt
John Guzy
Tom Ozbolt

Men 50 - 59

Thomas Kriz
Bob Batchelor
Edward Hurling
Dale Seeds
Wayne Makens
Bill Tarczy

Men 60+

Bud Scott
Peter Henrikson
Robert Shaffer
Ron Curati
Jerry Davis
Clyde Wagner

Women 14 and Under

Jill Rebick
Bridget Kelley

Women 15 - 19

Julia Berkman
Bridget Brown
Kristen Ziehm

Women 20 - 24

Crystal Ciptak
Nora Kelley
Meussa Maxwell

Women 25 - 29

Amy Sabotincic

Women 30 - 34

Suzanne Brockway
Cynthia Ray
Becky Lavish
Courtney Triscott
Robin Chilton

Women 35 - 39

Susan Dambrowski
Krintin Larson
Karen Blair
Celeste Cook
Ann Filo

Women 40 - 49

Carmella Bresson
Susan Corfman
Ann Houdek
Sandy Gallagher
Rose Paratto
Debby White

Women 50 - 59

Karen Ingraham
Eleanor Klosterman
Barbara Chase
Kate Gordon

Women 60+

Sarah Jane Ingraham

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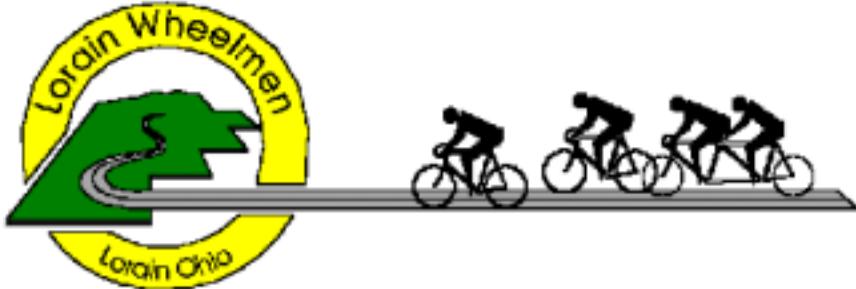
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August 2000 Calendar

Day	Date	Start Point	Destination	Distance
Sunday	Aug 6	Oberlin College	ROAST Your Buns	25-40-70
Thursday	Aug 10	Nordson Depot	Prolog (ride)	6:00
			Meeting	7:30
Sunday	Aug 13	Oberlin Inn parking lot	Nova	50 + or -
Sunday	Aug 20	Amherst, Powers school	Sue will be at the MS 150	
Sunday	Aug 27	Oberlin Inn parking lot	Milan	50ish

All weekend rides start at 8:00 Eastern Daylight time

EVENING RIDES:

- **Tuesday** evening @ 6:00 pm from the Oberlin Inn parking lot
- **Wednesday** evening @ 6:30 pm from the Parking lot across from McDonalds on Main Street (by the caboose) in Oberlin.
- **Thursday** evening @ 6:15 pm from the Amherst IGA parking lot (Quarry Rd & Milan Ave) except for meeting night, of course.

Check the OhioBicycle Events calendar for invitationals. Don't forget to check the baggage cart at the meetings for applications to various rides.

The Wheelmen had a pretty good turnout at GOBA. We counted 12 adults in Sheila's van on the first night's dinner run. Whew! Even though Saturday night (Sunday morning) brought a real storm and most of us got a little water in our tents, we held out awhile and the rain stopped. The only other bad weather we had was the tornado warning on Tuesday evening in Bellefontaine. A little moisture in the evening isn't too bad for a week in June! At least we didn't have to ride or set up camp in the rain. Mileages for members varied from about 300 to over 450. Most of us rode on Wednesday ... some the short (47) ride and others rode the metric. Nobody did the Century. All that rode were treated to Corkscrew hill south of Bellfontaine. I rated it as about 6 or more Mill Hollows (east side) strung together.

Check our website for the **Tracks** at <http://www.eriecoast.com/~lorainwheelmen/> for a serialized account of GOBA. It'll probably start in August. You can also find us through the link on CrankMail.com's club page.

Bikes Belong, as long as We're not in a Hurry...

CLEVELAND — On July 14, NOACA's governing board gave final approval to the \$23.6 million relocation of 1.3 miles of Brookpark Road north of Cleveland Hopkins International airport (NOACA, the Northeast Ohio Areawide Coordinating Agency, is Greater Cleveland's regional transportation and environmental planning organization). The project includes modifications to the Grayton Road / I-480 interchange and is necessary if airport expansion plans are to move forward. It's an important project for the region that NOACA officials unanimously supported, with one exception.

The lone dissenter, Westlake Planning Director Bob Parry (representing Westlake Mayor Dennis Clough), was not opposed to relocating Brookpark Rd. or modifying the interchange. While supporting the need for the project, he thought it was developed so quickly that its design failed to reflect NOACA planning goals that promote less polluting, cleaner, healthier forms of transportation.

As chair of NOACA's Bicycle Advisory Sub-committee, Parry has been a strong advocate for considering the needs of bicyclists while planning new or modified roads. Committee members pay particular attention to NOACA's transportation planning goals that advocate "a sustainable development approach, integrating environmental, social equity and economic perspectives" and "a more balanced transportation system which enhances modal choices by prioritizing goods movement, transit, pedestrian and bicycle travel..."

The bicycle committee has successfully raised the visibility of bicycling as a serious form of transportation, not just recreation. It reviews projects being considered for inclusion in NOACA's Transportation Improvement Program (TIP), making recommendations for improving cyclist safety. Dozens of project sponsors have accepted those recommendations, thus improving bicycle facilities across the region.

In the case of the Brookpark Rd. relocation, however, the fast-track effort to improve the region's economic competitiveness in air travel meant "non-traditional" forms of transportation on the new section of road were ignored. This happened despite the proximity of a substantial residential population, a large and growing employment base (NASA's Glenn Research Center and a planned industrial park, both to the northwest of the airport), and the Rocky River Reservation of the Cleveland Metroparks, a popular destination for walkers and bicyclists.

During the July 14 NOACA discussion board members acknowledged the need to reconsider the project's design and consider ways of accommodating cyclists.

A wider, 15-foot outside lane, for example, could safely permit cyclists to use the roadway, or a separate bikeway roughly parallel to Brookpark Rd. on the south side might be constructed. NOACA President Hunter Morrison is also the city of Cleveland's planning director, so his promise to go back to the city planners and consultants who worked on the roadway design makes it likely that a solution can be found.

The debate over this issue was respectful and concerned, a clear sign of progress from the days not so many years ago when comments about bicycle access were met with silence or dismissal as unimportant. We're not yet to the point where, as a matter of course, transportation engineers understand the need to design roadways with all users' safety and convenience in mind — motorists, transit riders, bicyclists, and pedestrians. When the urgency to do a job quickly is no longer an impediment to multi-modal planning, we'll have made the type of progress we're aiming at.

continued...

For more information about the Brookpark Road project, contact NOACA's John Hosek at 216-241-2414 or via email at jhosek@mpo.noaca.org.

From the July 20 edition of the email newsletter "Getting Where We Want to Be: An EcoCity Cleveland Transportation Bulletin," Bradley Flamm, Editor. Published by EcoCity Cleveland; 2841 Scarborough Rd.; Cleveland Heights OH 44118. Tel: 216-932-3007; Fax: 216-932-6069. E-mail: bflamm@ecocleveland.org. Web site: <http://www.ecocleveland.org>.

Lundberg: Gas Prices Still Not High Enough

Jan Lundberg formerly published the "bible of the oil industry," the *Lundberg Letter*. After a career-change toward conservation of energy, he now works to prevent the spread of pavement which covers up farmland and generates more motor-vehicle pollution. One reason for his agitation is geologists' recent estimates of oil's shortened supply-future.

Instead of giving the nation's gasoline reporters market analysis and the latest price changes, Lundberg analyzes the big picture in the *Auto-Free Times Magazine* which he publishes. As to recent occurrences of \$2-a-gallon gas, he says: "Gasoline prices are dangerously *low*. Raising them is politically tough, so our road-fighting movement seeks to change land use and thus re-prioritize funding toward alternatives to cars."

Lundberg has some answers to the coming crisis, but some are so low-tech they are fun: de-paving and bicycling. However, he warns that "The implications for today's vast petroleum dependence is that the mushrooming human population growth can terminate suddenly. This will be mainly due to lack of both local food supply and sustainable transport. While the U.S. loses three million acres of land per year to sprawl and shortsighted agricultural practices, sacrificing topsoil for short-term profit, the U.S. is gaining three million people a year (over two thirds of this from immigration). Says Lundberg, "conserving energy such as by rejecting the car as preferred transportation is critical.... Traffic gridlock, sprawl, smog, poison runoff, and carnage are all traced to an inefficient system that wastes air, land, and water, and treats renewable energy and train travel as poor stepchildren." In today's system:

- The average speed of the American motorist is amazingly low when adjusted for all the hours involved in car-use, earning money for buying the car, the gas, the insurance, the repairs, etc. When that number is divided into the number of miles travelled, the real speed is about 5 mph. This is walking speed, but without much benefit.
- More teenagers are killed by oil-consuming cars across the U.S. every afternoon than the 14 high schoolers gunned down in Littleton. The violence of U.S. transportation benefits mainly corporate jobs and profits.
- When the real costs of oil including "externalities" are factored into a gallon of gasoline, the price can exceed \$15 per gallon. Subsidies for oil and driving mask the fact that cheap, abundant oil is ending soon geologically.
- More than 12 million Americans begin their commute to work before dawn, as time in the car increases.

Articles from *The Auto-Free Times* are viewable at: <http://www.tidepool.com/alliance>. *Jan Lundberg now directs Fossil Fuels Policy Action Institute, a California-based nonprofit organization. He and the Institute, as well as the Auto-Free Times and the Alliance for a Paving Moratorium, can be reached at P.O. Box 4347, Arcata, CA 95518 Tel. 1-707-826-7775 fax 1-707-822-7007 email: autofree@tidepool.com*

Medina County Bicycling Club

P.O.Box 844 • Medina ,OH 44258 • L.A.W. Affiliated

Contact the following for information:

President:	Tom Dease	330-725-1058	tjmd@aol.com
Vice President:	Lou Vetter	330-725-0441	lvetter@ohio.net
Treasurer:	Glen Hinegardner	330-725-8430	biker10260@aol
Ride Coord.:	Dave Schultz	330-725-0293	dsbike97@aol
Secretary:	David Miller	330-725-7928	mlrmedina@aol.com
Mtb Coord.	Linda Miranda	330-483-4512	lmiranda@mircosolutions.com

Weeknight Touring Schedule

Tues. — 6:30 p.m. Courthouse Parking Lot — Jefferson and E. Liberty St. (10 -15 MPH)

Wednesday-6:30 p.m. Courthouse parking lot - Jefferson and E.Liberty St. (fast 18mph+)
This ride is for the racers - be prepared to be left behind .

Weekend Touring Schedule

Sun.— 8:00 a.m. Courthouse Parking Lot — Jefferson and E. Liberty St. (10-15+ MPH)
A Group(18+), B Group(10 - 15+ MPH), C Group (Please call)

We would like to add a new rider or more moderate level of rider ability to our Tuesday and Sunday rides along with other club events. So if you have ever considered riding with a club but your worried that you'll get left in the middle of nowhere, fear not.

Anyone interested in riding with this group or being a ride leader, please contact Ian Halliwell 725-3074

BICYCLE HELMETS REQUIRED ON ALL OFFICIAL CLUB RIDES

If anyone is interested in riding any of these events please contact Tom 725 - 1058

8/12-13 ROSCOE RAMBLE Canal Fulton - Roscoe Village 75/55 rolling to hilly

8/19 22nd BEST 'WURST FEST Bucyrus-62/25 flat to rooling

9/10- 30th HANCOCK HORIZONTAL HUNDRED Findaly-100/64/52/32 flat

Got a Mountain Bike?

Mountain Bike Chapter Riding Schedule

Contact Linda Miranda (330) 483-4512 or email at: lmiranda@mircosolutions.com
for directions or further details. Helmet required at all rides.

MCBC Mountain Bike Schedule

Date	Time	Meet Location	Ride Description
August 3	6:30 p.m.	Home of Ken Frankenberg 3383 Stony Hill Road Medina Ohio	The technical three-mile loop has challenges for the advanced rider and bypasses for those still polishing their technical skills.
August 10	6:30 p.m.	Vulture's Knob 4300 Mechanicsburg Rd. Wooster Ohio	Experience the trails at Vulture's Knob. Approx. 8 miles of trails.
August 17	6:30 p.m.	Home of Ken Frankenberg	(see above)
August 24,	6:30 p.m.	Vulture's Knob	(see above)
August 26	6:00 p.m.	Vulture's Knob	IT'S A RACE! If you have never been to a MTB Race come see a great spectator sport or, better yet, participate and enjoy your first race. If you are interested in racing call me for further details.
August 31	6:30 p.m.	Findley State Park 25381 State Rt. 58 Wellington, OH	Experience approx. 8 miles of trails. Park by the Ranger's Station/ Camper Check-In Parking Lot.
Sept. 7	6:30 p.m.	Home of Ken Frankenberg	(see above)
Sept. 14	6:30 p.m.	Vulture's Knob	(see above)

The Prez Says...

Please welcome four new members Eric Hayden and Tom Byerly from Medina, also Lee and Brandon Eiwsicher from Brunswick.

Well for those of you who haven't made it to Tuesday's ride lately the pace has picked up slightly and we have been seeing more new scenery thanks to Eric Schultz. Eric has the ability to put together a ride with the right miles and terrain, without ever looking at a map. I think he knows every road from here to Farfodle. We have several members that have had some great cycling adventures this year besides Lou and Tom, and I hope to have those stories soon.

For those of you that haven't heard Bike Nashbar sold out to Performance. I was told they were keeping the store in Youngstown open. I wonder if prices will be going up soon? DUH !! I don't understand why there are so many pages in the cycling catalog dedicated to women's apparel when so few of them come out to ride. Maybe they can't decide what to wear. Well we don't care what you wear (except for helmets!!) as long as you can ride.

Speaking of fashion, we still have jerseys left in all sizes, but hurry, they are going fast.

They are just the perfect thing to complete your ensemble and it won't be a problem if someone else is wearing the same outfit.

Many of us are planning on attending the Hancock Horizontal again. About ten of our members went last year and had a great time. If you want to attend and would like to share a ride and /or a room let me know and we will put you on the list.

For those of you that didn't make the A.B.C. (Akron Bicycle Club) ride in Medina they did a great job well organized and supported. And an incredible job selecting and marking the routes. In fact, I think I will coordinate with them and the T.D.C. Ride and save on paint next year. A couple more arrows out on Hubbard Valley and they might change the name to Little Big Horn.

Any member who is not receiving their e-mail please notify Tom Waterson at tlw@ohio.net

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chris16@stratos.net

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Vice President
216/252-5191
pyrostuff@aol.com

CHARLES HOWE
Secretary/Treasurer
440/235-4458
newkid2@rocketmail.com

Mistakes will happen . . .

"What is this, a joke? My best result yet, and I get know [sic] credit!" Sincerest apologies are extended to **Brian Stern** for mistakenly reporting his third-place at Westlake on May 23 as coming in the "B" race – it was actually the "A" race! **Sorry about that Brian**, it was an honest mistake! Through July 17, 37 riders had taken part in 55 races (all events took place in Ohio unless noted).

Road (CR – circuit race; CT – criterium; RR – road race; SR – stage race; TT – time trial)

Southeast Area Riders May Classic CT, Golden CO, May 21 – Hultgren (17th of 90, Cat. 4 Men).
Tuesday Night Training Series, Westlake:

June 13 – Baddour, Beller, Billman, Bosl, Eldred, Gaither, Kovach (2nd, "B" race), Marcosson (1st, "B" race), Plas, Riccardi (3rd, "A" race), Simpson, Stern.

June 20 – Behrens, Billman, Bosl, Cunningham Jr., Cunningham Sr., Eldred, Gaither, Gallagher, Jewitt, Kovach, Lu, Marcosson, Miller, Riccardi, Rubick, Simpson, Stern, Wagner, Weiner, Whitehouse, Wilkinson, Ziccardi.

July 11 – Baddour, Behrens (6th, "A" race), Beller, Billman, Bosl, Cunningham Jr., Eldred, Gaither, Jewitt, Kovach (3rd, "B" race), Lu, Marcosson (2nd, "B" race), Miller, Plas, Riccardi, Rubick, Weiner, Wilkinson, Ziccardi (3rd, "A" race).

Team Burn ITT, North Royalton, June 10 – Howe (2nd, Cit. Men 35-44), Kovach, Miller, Wilkinson.
Pittsburgh Masters Velo Club Tour of West Deer CR Series:

Bakerstown PA, June 11 – Stern (11th, "A" race), Whitehouse (8th), Ziccardi (7th).

Bakerstown PA, June 25 – Whitehouse (4th, "A" race).

Bakerstown PA, July 2 – Gallagher, Whitehouse.

Russellton PA, July 16 – Gallagher (6th, "B" race), Whitehouse, Ziccardi (2nd, "A" race).

Team Columbus Bowling Green CT, Bowling Green, June 23 – Kovach, Lu, Riccardi (4th, Cat. 3/4), Rubick, Stern, Weiner.

Allen Park CT, Allen Park MI, June 24 – Gallagher, Lu, Riccardi (6th, Cat. 3/4), Stern.

Medina YWCA Twin Sizzler RR, Medina, July 4 – Behrens, Beller (4th, Expert Men), Billman, Bosl (1st, Boys 14 & under), Enyedy, D. Garrett (3rd, Expert Men 35+), M. Garrett, Jewitt, Kovach, Kriz (1st, Citizen Men 50-60), Miller, Mullen, Vadini (1st, Expert Men 70+), Wilkinson.

Team Dayton 2003 Pro-Am SR, Dayton, July 7-9 – Gallagher (Men 45-55: 3rd, ITT; 5th, CT; Cat. 4 Men: 12th, CT).

Off-Road (XC - cross-country, HC - hillclimb)

Velo Z, Duncan Falls, June 11 – Hayden.

Alpine Valley XC Series, Chesterland:

June 4 – Hayden (2nd, Sport Men 35+).

Winterpark Resort Series, Winterpark CO:

HC, June 11 – Hultgren (3rd of 41, Beginner Men 19-29).

Mountain CR, June 18 – Hultgren.

Colorado University Shorttrack Series, Boulder CO:

June 14 – Hultgren (7th, "B" Men).

June 21 – Hultgren.

Track

Colorado Velodrome Association Track Night, Colorado Springs CO, June 20 – Hultgren (Cat. 4 Men: Points Race; Kierin; 3rd, Snowball; 6th of 24, Omnium).

News:

- **Welcome to new member Martin Whitehouse**, originally from Birmingham, Australia.
- Our annual summer party will again be hosted by **Dominic Vadini** on **Sunday, August 26** from 3 p.m. until ?? If you wish to attend, please give Dom a call at (440) 884-1294 so he can plan the food order (nominal charge per person).

**ERIE
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ASSOCIATION**



DAY(S) & DATE(S)	RACE NAME & TYPE*	LOCATION	CONTACT
Tuesday Evenings	Westlake Training CT Series	Westlake, OH	Chris Riccardi - 440/333-7269 19140 Old Detroit Rd. #6 Rocky River, OH 44116-1757 chris16@stratos.net, or www.pdqcleveland.org/pdqraces.html
Most days 8/3-17	Criterium America CT Series	Throughout OH	Tym Tyler - 740/321-1446 P.O. Box 438 Granville, OH 43023 teamcolumbus@cs.com , or www.truesport.com/teamcolumbus
Sat. 8/5	Ride for Sight RR	New Waterford, OH	Bob Batchelor - 330/457-7118 5166 Bye Rd. New Waterford, OH 44413-9713 www.truesport.com
+ Sun. 8/13	Kinzua Classic RR	Kinzua Dam, PA	Kathie Sivillo - 330/726-1271 300 Hospital Dr. Warren, PA 16365 safeplac@penn.com
Sat. 8/19	Welch's Harvest Classic CR	North East, PA	Dave Dennis - 814/725-1338 21 E. Main St. North East, PA 16428 lcbike@erie.net , or www.lakecountrybike.com

Sat. 8/19	Mill Creek Park CT	Youngstown, OH	Ted Schmidt - 330/533-2991 61 Savannah Ct. Canfield, OH 44406 ted@teamglenwood.com, or www.teamglenwood.com
Sun. 8/20	The Milk Race CR	Orrville, OH	Rich Corfman - 330/683-4393 418 S. Walnut St. Orrville, OH 44667-1967 rc27bike@zoominternet.net, or www.orrvillecycling.com
Sun. 8/27	Toyfest RR	East Aurora, NY	Joe Hoppy - 716/652-6092 P. O. Box 238 East Aurora, NY 14052 HOPPYJOS@fisher-price.com
Sat. 9/2	Ohio ITT Championship	Delaware, OH	Tym Tyler as above
Sat. 9/2	Tour de Tamarack CR	Meadville, PA	Steve Bell - 814/337-4279 (days) 814/333-3143 (nights) 509 Gilmore St. Meadville, PA 16335 impr@erie.net , or sr4.xoom.com/_XMCM/nowrace/tamarack.html
Sat. 9/9	Erie Racing Association ITT Championship	Erie, PA (Presque Isle SP)	Guy Shinko - 814/922-7575 4660 Crayton Rd. W. Springfield, PA 16443-9745 gshinko@velocity.net , or www.picycling.com
Sat. 9/9	Potato Festival CR <i>(See flyer insert this issue)</i>	Mantua, OH	Charles Howe - 440/235-4458 7852 Inland Dr. Olmsted Falls, OH newkid2@rocketmail.com , or www.pdqcleveland.org/pdqraces.html
Sun. 9/10	Tour de Strongland RR	Apollo, PA	Alan Walzak - 724/845-5426 One Parks Bend, Box 10, Suite 108 Vandergrift, PA strongland@alltel.net , or www.strongland.org
Sat. 9/16	Racer's Loop ITT	Cuyahoga Falls, OH	Ben Bodnar - 330/864-9236 1783 Tanglewood Dr. Akron, OH 44313 racersloop@yahoo.com
Sun. 9/17	Willoughby-Eastlake ITT	Willoughby, OH	CANCELED
Sat. 9/23	Erie Racing Association CT Championship	Munroe Falls, OH	Rick Schwarz - 330/922-3299 352 Hillbrook Dr. Cuyahoga Falls, OH 44223-3508 R1Biker@aol.com , or home.neo.rr.com/msmith/swf

*CR - circuit race CT - criterium ITT - individual time trial RR - road race SR - stage race + not confirmed

This calendar is a cooperative effort of the region's race promoters and clubs, and is intended to provide date, location, and contact information only; for the most complete and up-to-date story, contact the promoter and request an official race flyer.

Helmet Opinions Sought for Focus Group

A Cleveland-based organization that designs, manufactures, and markets multisport protective head gear is holding focus group discussions to hear from active sports participants their opinions, experiences, and comments on multisport head gear. Those focus groups will take place the second or third week of September with the date and the Cleveland location to be determined. Times: Noon – 1:00 pm or 6:00 – 7:00 pm. Participants are to be compensated \$100.00 for their time and for sharing their comments. Refreshments will also be provided. Those interested in taking part in one of the focus group discussions, must complete the following registration form and forward it to the focus group host.

REGISTRATION FORM

NAME: _____

ADDRESS: _____

BIRTH DATE: _____

PHONE: (H) _____ (W) _____

EDUCATION: (Please circle Highest Level Completed)

High School College/Bachelors College/Associates College/Masters

OCCUPATION: _____

SPORTING ACTIVITIES IN WHICH YOU TAKE PART AND MAY OR MAY NOT WEAR A HELMET (circle all which apply)

Skiing Cycling (Road) Snowboarding Cycling (All-Terrain)
Other: _____

IF YOU DO WEAR A HELMET WHEN PARTAKING IN ABOVE MENTIONED ACTIVITIES, WHAT IS THE FREQUENCY OF USE? (circle your answer)

Regularly Sometimes Occasionally Never

IF YOU DO NOT WEAR A HELMET WHEN INVOLVED IN THE ABOVE ACTIVITIES, WHY NOT? (list reason/s)

IF YOU HAVE PURCHASED A HELMET IN THE PAST, WHERE DID YOU PURCHASE IT?

Ski Shop Catalog
Bike Shop Sporting Goods Store
Other: _____

FAX COMPLETED FORM (PREFERRED) to: (216) 535-1100

Or Mail To — ATTN: ELAINE; TEAM WENDY; 12819 COIT RD; CLEVELAND, OH 44108-1614

Follow-up calls will be made confirming your spot & scheduling date/time of focus group you are able to attend. Size of groups are limited, prompt response strongly suggested!!!

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Reservation: East to West – Hilly to rolling flat
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Reservation: West to East

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(800) 888-2027 (outside Cuyahoga County), FAX (216) 371-5289 or
Email: info@hubhub.com VISIT OUR WEB SITE AT: www.hubhub.com**

Yo, Wheelers...



Another rider is lost to us for the season. **Al Wapnick** recently underwent a hip replacement. The operation was successful and Al is mending well. He said to tell everyone that he will be riding in the spring.

The new club shirts are selling well and size XXL is sold out. If you want a smaller size, call **Ed Reichek**.

Bernie Kotton is impressing all with his diligence as a ride leader, including making notes under way to make the rides better. While only seven riders stayed the course for the towpath ride, it was a beautiful day to ride the towpath and the flats with even a shortcut to eliminate the downtown business section.

Rider turnouts have been steadily improving. We are also seeing new faces. **Ralph Giantonio** started riding again and we will see more of him at the ride starts.

May the Wind be at Your Back

— Ed Reichek

751-2583

Bicycle Boulevard
20132 Chagrin Blvd.

Frank Hall
Owner & Enthusiast

Shaker Hts., OH
44122

WESTERN RESERVE WHEELERS



COMMITTEE:

Ellie Einhorn	Howard Mayers
Bernard Greenberg	Harold Pasternak
Mitch Kursh	Edward Reichek 241-6930
Alvin Magid	Allen Wapnick 781-4300

1422 Euclid Avenue #1104 • Cleveland, Ohio 44115

Ride Schedule

NOTE: All Saturday rides commence at JCC with same start time as following day.

DATE	TIME	START	DESTINATION	MILES
August				
6	8:30	JCC	Solon/Sea World. Alt: <i>Emerald Necklace</i>	29
13	8:30	JCC	Hudson Reverse	50
20	8:30	JCC	Chagrin Falls via Gates Mills/Berkshire Club Party Ride	26
27	8:30	JCC	Walden	38-58
September				
3	8:30	JCC	Circle Chagrin	30-40
4	8:30	JCC	Labor Day Pick-Up	??
10	8:30	JCC	Twinsburg	35
17	8:30	JCC	Chagrin Falls/Cat's Den	30
24	8:30	JCC	Covered Bridge/Ashtabula	
October				
1	8:30	JCC	Pick-Up (2nd Day Rosh Hashana)	
8	8:30	JCC	Willoughby	30
15	8:30	JCC	Tinker's Creek - Solon "Top of Astorhurst"	50

NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

WESTERN RESERVE WHEELERS



COMMITTEE:

Ellie Einhorn	Howard Mayers
Bernard Greenberg	Harold Pasternak
Mitch Kursh	Edward Reichek: 241-6930
Alvin Magid	Allen Wapnick: 781-4300

Membership Application

(Please print legibly.)

Name: _____

Address: _____

Home Phone: _____

Business Phone: _____

List All Adult Participants
(Age 18 or Over)

List All Minor Participants
(Under Age 18)

Dues (Individual/Family) — \$20.00

\$_____

WRW Patch(es) — No. @ \$1.00

\$_____

TOTAL REMITTANCE:

\$_____

All adult riding family members must sign and date the *Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement* on the reverse side of this form.

MAIL TO: 1422 Euclid Ave. #1104; Cleveland, OH 44115

LEAGUE OF AMERICAN WHEELMEN
dba LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK
AND INDEMNITY, AND PARENTAL CONSENT AGREEMENT
("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way with the Western Reserve Wheelers ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next-of-kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, of THE NEGLIGENCE OF THE "RELEASEEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, the Club, the LAW, and their respective administrations, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEEES" OR OTHERWISE, INCLUDING NEGIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PRINT NAME OF EACH PARTICIPANT:

ADDRESS:

PHONE:

PARTICIPANTS' SIGNATURES (only if age 18 or over):

DATE: _____

MINOR RELEASE

AND I, MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS EACH OF THE "RELEASEEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR PART BY THE NEGLIGENCE OF THE RELEASEEES OR OTHERWISE, INCLUDING NEGIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

PRINTED NAME OF PARENT/GUARDIAN:

ADDRESS:

PHONE:

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18):

DATE: _____

USA Pista Elite

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As this is written, it's off to Junior Nationals we go, and the outstanding results continue. In Blaine, Minn., at the EDS Track Cup, Shan Rayray won the 500-Meter Time Trial putting her in excellent position (politics aside) to find a spot on the Olympic Team. Congratulations, Shan. Meanwhile, at the Marymoor Velodrome in Washington state, Alynda Boursaw, one of our outstanding Junior riders, placed consecutively 3rd and 4th in two women's events. Amara Boursaw and Grant Boursaw are also riding well.

At the Team Burn Time Trial in North Royalton, our riders closed out the podium in the Junior 18 and Under Division. Bryan Smith, First; Jeremy Smith, Second; and seven-year-old Branden Smith, Third.

Then the Juniors got really busy, riding three races in a two-day period. At the Kensington Park Road Race in Detroit, Mich., a LAJORS event, Jeremy Smith placed 6th among Junior Men on a course that featured over 850 feet of climbing on each 3.5-mile lap.

The next morning, Jeremy and his brother Bryan raced again at the Ann Arbor Festival of Cycling, a criterium in Ann Arbor, Mich. After a powerful attack and a couple laps solo off the front of the field, Bryan was joined by three other riders. Unfortunately, he wound up doing most of the work in the break (which came within 10 seconds of lapping the field) and was out sprinted by his three companions at the end to take fourth place. An outstanding finish, nonetheless. Meanwhile, after blocking very aggressively, Jeremy pulled his own solo, almost catching a chasing break of two riders on the last lap to finish seventh.

Then, that afternoon, the riders contested the Tour de Kids. In the Junior 12-year-old event, Bryan again made the break, this time with one other rider (who placed eighth last year in the National Road Race). Bryan was nipped at the line by a tire width to place second in a field of 53 riders. In the nine-year-old race, Jeremy (who is racing age 10, but is still actually 9 years old) won solo by over a minute. In the seven-year-old race, Branden Smith also won going away. Branden finished by himself, 42 seconds ahead of second place in a 1.2-mile race. Little Jakob Smith placed second among 84 six-year-olds.

Welcome to new members Yen To and Dick Rayray. Yen is a very strong espoir and Dick's advice and coaching are greatly appreciated.

Finally, for this issue anyway, Shan Rayray, again riding strongly, placed second in the Match Sprint at the HED Masters Challenge.

Team Fundraiser: No, we are not selling candy bars. Instead we are selling beautiful, long-stem roses. A dozen for \$15.00. All proceeds go to USA Pista Elite's Junior Development Program. Please call MaryBeth at MaryBeth's Baskets and Candles, (440) 891-1406, or email to: MBbasketcandle@aol.com to place your order. Many thanks to MaryBeth's Baskets and Candles for generously donating the time and merchandise to make this fund raiser possible.

Again, many thanks to our sponsors who make all this possible: Anthony J. Smith Agency, Inc.; PyroApparel; and Ohio School Pictures.

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QR KILO, 58 cm, 1997, bar ends, \$800. Call Larry: (440) 967-3394.

OLDER KLEIN, size unknown but fits 5'4" female. Seven-speed. \$350. Call Larry: (440) 967-3394.

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KABUKI 19 in., 12-speed, #DED C.P. cromoly frame, 700C X 28 presta. Full SunTour Cyclone, QR F & R, rear alloy rack, rack pack, water bottle cage, Silca HP pump, Huret Multito. \$300 or best. Call Lou: (216) 261-9633.

KABUKI 19 in., 12-speed, CRMO-X12 blue cromoly frame, 27 X 1 1/8 schrader, SunTour components, Huret Multito, Q.R. F & R, rear alloy rack, water bottle cage, \$200 or best. Call Lou: (216) 261-9633.

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