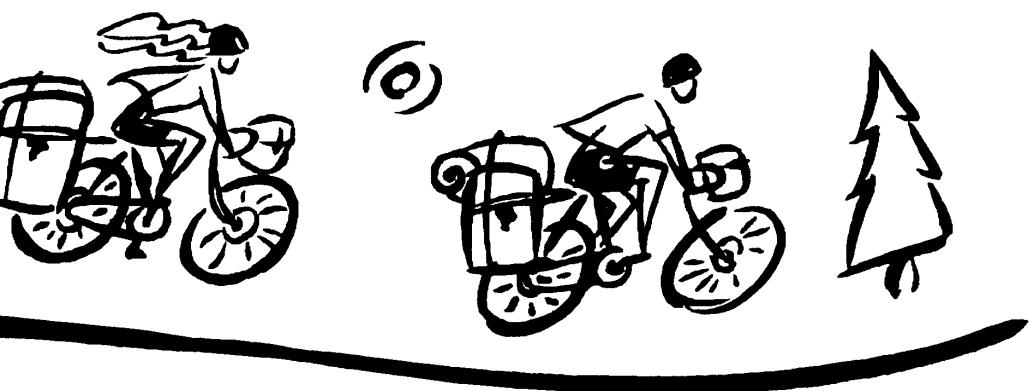
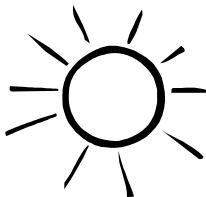




CrankMail

July 2000

\$1.50



Summer is here... it's time for a bike ride!

Century Cycles has all of the supplies you need.

- **Bikes** — Raleigh, GT, Klien, Litespeed, Bianchi, Colnago, Burley, Bike E, Vision, Santana and more...
- **Accessories** — Bags, Racks, Locks, Lights, Cycle Computers...
- **Clothing** — Shorts, Jerseys, Jackets, T-shirts, Socks, Shoes...
- **Comfort Features** — Seats, Grips, Gloves, Suspension Seat Posts.

*Century Cycles professional
staff can always assist you
with all your cycling needs
at any of our three
convenient locations!*

*See and ride our
new line of Vision
and Bike E
recumbents.*



Century Cycles

From basic trikes
to custom bikes.

MEDINA

1142 N. Court (Rt. 42)
330-722-7119
800-201-3628

PENINSULA

1621 Main St. (Rt. 303)
330-657-2209
800-201-7433

ROCKY RIVER

19955 Detroit Rd.
440-356-5705

www.centurycycles.com



Cycling in Northeastern Ohio

P.O. Box 33249 • Cleveland, Ohio 44133-0249 • (440) 877-0373
On The Web @ <http://www.crankmail.com>

Editor & Publisher

James Guilford : (440) 877-0373

Club Editors

Cleveland Touring Club	Martin Cooperman	(216) 932-6159
Lake Erie Wheelers	Bob Parry	(440) 779-8392
Lorain Wheelmen	David Krebs	(440) 988-9326
Medina County Bicycle Club	Tom Dease	(330) 725-1058
PDQ Cleveland	Charles Howe	(440) 235-4458
Western Reserve Wheelers	Ed Reichek	(216) 371-5618

Business Matters

OUR ADDRESS: Send all copy, payments, correspondence, address changes to the address given above.

ELECTRONIC ACCESS: Via email: editor@crankmail.com. Fax: (440) 877-0373. To subscribe to the forum email list (free), from the email account where you want to receive messages, send a blank email message to: crankmail-bike-subscribe@topica.com

ISSUES are published 10 times a year dated: Jan./Feb., March, April, May, June, July, Aug., Sept., Oct., Nov./Dec.

DEADLINE for copy: the SECOND Friday of each month before publication. Copy or ad materials must be received on or before the deadline in order to assure inclusion in the intended issue. **Next Deadline: July 14.**

CRANKMAIL (ISSN 1060-085X) is made possible, in part, by a portion of club dues allocated to its publication and distribution by the bicycle clubs listed above. The support of commercial advertisers who appear in these pages is also vital to the continued publication of *Crank-Mail*. Shop and buy locally first!

“If you pick up a starving dog and make him prosperous, he will not bite you.

This is the principal difference between a dog and a man.”

— Mark Twain

HELMETS, ENERGY BARS, TUBES, SEATS, BABY CARRIERS, TIRES, LIGHTS, COMPUTERS, GLOVES, RACKS, SHOES

FREE TUBE WITH ANY NEW WHEEL PURCHASE, JUST MENTION THIS AD.

**Ride in style!
Enjoy the city. Ride the parks.
Bring the kids too!**

BIKE ONE

Bicycle Sales, Service & Repairs

For you:

**Bianchi, GT & Terry
mountain, hybrid &
road bikes**

...and the kids:

B.O.B. & Burley trailers

1791 Coventry Road
Cleveland Heights
932-4830

Store Hours:
Tues - Fri: 11-7
Sat: 10-5

Let's talk bikes!

HELMETS, ENERGY BARS, TUBES, SEATS, BABY CARRIERS, TIRES, LIGHTS, COMPUTERS, GLOVES, RACKS, SHOES



Reading for Riders

Send me one year of *CrankMail* (10 issues) for the amazing low price of \$10 (new subscribers only). I'm sending along a check made out to "The Clockwork Press," and clearly writing name and mailing address below. Renewals are \$11 per year (prices include sales tax).

Name: _____

Address: _____

City: _____ State: _____ ZIP+4: _____

The Clockwork Press • PO Box 33249 • Cleveland, OH 44133-0249

WATER BOTTLES, TOOLS, BAGS, JERSEYS, FENDERS, PEDALS, JACKETS, CAR RACKS, SHOES

There He Is! It's Lance!

by Thomas Klosterman

Let's go to Italy and ride! It started out the winter before, in my den in snowy Ohio. My friends and I (three middle-aged bikies and one son) wanted a bicycle adventure next summer — something different. My friend Piero, from Genova, had been after me to come ride in Italy for some time. This was the occasion. A look at my atlas showed that Pievetta, the village where we would stay, was not far from Sestriere — finish of Stage 9 of the 1999 Tour de France.

Legs somewhat dulled by the Piedmont hills and a try at the Gran Fondo Strade dei Campionissimi (one can see and feel what Coppi trained on) but fortified by Barolo and Barbera, Piero and his girlfriend Stefania agree to drive us as near Sestriere as they can.

In the van, amid bikes, clothes, luggage, some bikes strapped on the back, our hopes high, we took the Autostrada to Torino, then toward Oulx. The first bad news: Carabieniri at the turnoff to Oux tell us that the road ahead will be closed to traffic at Cesana Torinese

In the van, amid bikes, clothes, luggage, some bikes strapped on the back, our hopes high, we take the Autostrada to Torino, then toward Oulx. The first bad news. Carabieniri at the turnoff to Oulx tell us that the road ahead will be closed to traffic at Cesana Torinese. As we later figure out, the Tour will descend the Montgenevre go through Cesana, turn right in the village, then make the final climb to Sestriere. Not too bad! Piero and Stefania can take us to Cesana. We will ride as far toward Sestriere as we can, then watch the race go by.

Between Oulx and Cesana the diesel van begins to cough, slows, then completely stops. Piero, who owned the van three years before and borrowed it back for this trip, tells us it is kaput, or something like that in Italian. The

four of us look at each other knowing what this means but not fully accepting it yet. A fraction of a second later we are readying our bikes, making sure we have water bottles, shoulder- ing packs with sleeping bags, clothes changes for two days (nothing dressy, actually nothing but riding essentials), finding a place for the tent (yes, we plan to sleep in a tent this night in the Alps, our attempts since winter found all local hotels full) and start out. Piero and Stefania are stuck waiting for emergency road service.

We see dark clouds coming at us through Alpine passes straight ahead. Some type of storm is up there! We later find out that this is the Col du Montgenevre. The road climbs gradually, not too steeply. Adrenalin and our hopes drive us to Cesana. People are begin- ning to congregate. A right-hand turn will take the race through the town and up the climb to Sestriere. Of course we take a wrong turn and begin the climb to Montgenevre. We realize our mistake and head back to town and take the correct way. The storm looks sure to come this way and soon a large, dark mass of clouds is moving at us from the west. Could it be snow? It seems too warm for this, but these are the Alps.

On the right road now we pass families walking up the hill toward Sestriere with lunches, cameras, and friends. We pass the official start of the hill climb for timing purposes, a red arch over the road, and three offi- cial-looking men. Pretty soon the gradual switch-backs start. With backpacks we all eventually succumb and begin pushing our bikes. Bystanders exhort us to ride. Forza! Forza! Ha! What do they know? In a short time they will see the best cyclists in the world race up this hill. In the meantime they will have to be satisfied with older legs walking laden bikes.

About five kilometers from Sestriere we find a fairly open area. We can see three sweep- ing curves down the climb (about a mile) and a few curves up. The grade here is steep (we pushed our bikes to here) but not too steep to see racing. What follows is the Tour you don't see in the videos or on ESPN. Cars with large coffee cups on top, ten-foot racer statues wear- ing maillot juene on time trial bikes made of

fiberglas, ears that look like cellular telephones. All this accompanied by Euro Muzak (bland, loud, ringing in the mountains, foreign to the view). All the cars throw out goodies like a Fourth of July parade with candies, but better. Yogurt in neat little pouches, polka-dotted racing caps with ridiculous green neck flaps, yellow musette bags, pouches of instant coffee — what treasure! Then, all is quiet except a few rain drops and the crowd of school kids 200-300 meters down the hill. They're out for adventure too.

The quiet lasts about 45-60 minutes, long enough to soak in the Alpine Scenery, approaching storm clouds, and fellow spectators. It is broken by the thwoop-thwoop of helicopter blades. There are two, one high and one low. The low one one follows the road closely — sometimes seen and heard, sometimes hidden by a hillside. The bright spotlight underneath shows up brightly on the dark storm clouds behind. Soon, from down the hill, around the farthest turn, bright lights appear, a cluster. The lower helicopter comes around that hill also. Could this be it? Excitement is like electricity in our group and among our neighbors on the hillside, a sparse crowd. The kids down the hill are excited. We are. I am.

Two sweeping curves and many motorcycles later, the read red car comes into view. A small group of cyclists are well hidden by cars and photographers' motorcycles. Who is in this group? The yellow jersey's there! He has three other riders with him. My camera is clicking away (later I find no clear picture of Lance.)

I see him clearly, though — there he is, it's Lance: eyes ahead, hands in the drops, in the big ring, concentrating, looking strong! Then he begins to pull away. His companions cannot hold his wheel.

The rain starts in earnest now. Lightning is lighting up the sky and is actually quite close. Several racers pass looking fairly strong. The hail starts. A few more racers pass, and a fair-sized group. The hail starts to really pound down in sheets — half-inch pieces. The temperature starts to drop. The wind roars. Still racers pass. Three tifosi from Bergamo in a bike club van (they speak no English and we

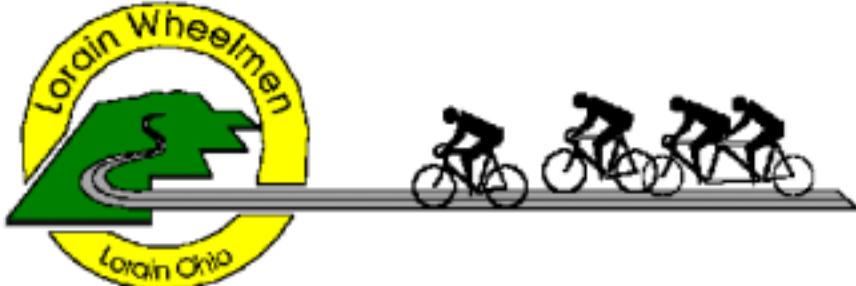
speak only rudimentary Italian) only need to look at us as we knock on their window to realize the straits we're in and invite us in for the duration of the hail. Still more racers pass. One leans down and jettisons his water bottle under the van — a memento the tifosi will not accept as a gift but demand we take home as a souvenir. Much later, a blue-clad racer goes slowly by in what seems like last, having spent 20-30 minutes in a terrible hail and lightening storm- slowly.

Finally the hail lets up, the race passes. The sky is totally gray, we're in the clouds. We reluctantly give up our protection and find our soaked bikes. Some of us have chattering teeth and are shivering. We put on all our clothes, some even dry, and ride/push to Champlas-du-Col. The Hotel bar is full of cyclists in bright colored outfits (little-to-no rain gear evident) calling friends and family on cell phones to come up from the valley to save them from the elements. We load up on hot chocolate and food.

With help from some multilingual Swiss bikers (also camping, but on a distant pass) we convince the hotel owner (the hotel, of course — all nine rooms — full with TDF officials) to allow us to pitch our tent in the back yard. My companions decline, but I ride/push my bike to Sestriere wearing all my clothes to keep warm. The finish line is deserted, the stands empty. I ride through, arms up in a victory salute to ghosts — Fiat/Fiat/Fiat/Fiat/Fiat. Back down the rain-slicked switch-backs, to where my friends have pitched the tent. We eat dinner at the hotel and turn in to miraculously dry sleeping bags, getting ready for a new day of adventure, remembering the sights and experiences of the day: There he is! It's Lance!

Thomas Klosterman is a member of the Medina County Bicycle Club.

We regret to report that cable sports network ESPN failed to provide us with their Tour de France program schedule for this year's race. If it is received in time, it will be posted to the CrankMail.com Web site. —ed.



July 2000 Calendar

Day	Date	Starting Point	Destination	Distance
Sunday	July 2	Oberlin Inn parking lot	Medina	50 + or -
Tuesday	July 4	Amherst, Powers school	Independence Day U-show	
Sunday	July 9	Oberlin Inn parking lot	New London	60 miles
Thursday	July 13	Ralph's house OR Nordson Depot (see notes)	6:00 – Ride of about 20 miles 7:30 – Meeting	
Saturday	July 15	Spencer Lake (see note)	Wooster	60 miles
Sunday	July 16	Amherst, Powers school	Valley City	About 50
Sunday	July 23	Oberlin Inn Parking lot	Sue's away, so the mice can play!	
Sunday	July 30	Amherst, Powers school	Milan	50ish

All weekend rides start at 8:00 Eastern Daylight time

EVENING RIDES:

- **Tuesday** evening @ 6:00 pm from the Oberlin Inn parking lot
- **Wednesday** evening @ 6:30 pm from the Parking lot across from McDonald's on Main Street (by the caboose) in Oberlin.
- **Thursday** evening @ 6:15 pm from the Amherst IGA parking lot (Quarry Rd. & Milan Ave.) except for meeting night, of course.

Check the Web site for **Friday** night rides. If they go well on June 9th and June 23rd, we'll add a couple on the July calendar. Call Sue at 365-4855 to be sure they're on or off.

Notes:

Meeting night will go like this! If the weather is OK, we'll have our usual pre-meeting ride from Ralph's house, followed by the meeting on his deck. The Bocce Ball court is operational, and it's up to us to give it a test ride. Come prepared to compete Italian style. Ralph lives on Mulberry Ct. in Oberlin. Look for the street sign on W. College between Pyle Rd. and Prospect St. Give him a call if you aren't sure. If the weather is bad, we'll skip the ride as usual and meet at the Depot (as usual).

The starting point for the Wooster ride is at parking lot on the **WEST** side of Spencer Lake. It's on River Corners Road. From Spencer, go east on 162 and turn left on River Corners. From the north & Wellington, go east on 18 and south on Foster Road. It turns into River Corners at Jones Road.



Cleveland Touring Club
P.O. Box 0667
Grand River, OH 44045-0667
440-954-4201
email: clevetourclub@hotmail.com
www.clevetourclub.org

Welcome to New Members

Karen Evely of Chardon, **Richard Leskovec** of Willoughby, **Elise Auerbach/** **Jory Carver** and **Brian Altendaugh** of Shaker Hts, **Charles Brown** of Painesville, **Sarah Anderson** of Lakewood, **Roy & Rosanne Hall** of Beachwood, **Steve Adams** of University Heights, **Tricia Heckman** of Madison, and **Melinda Kuth** of Cleveland Heights. Welcome! We hope to see you come spring!

The River Rendezvous....

The first weekend in June there's a 2 day 70 & 65 mile ride lots of us attend called the **Marietta River Rendezvous**. It runs from Zanesville about 3 hours south of Cleveland, to Marietta on the Ohio River, along the Muskingum River. It's popularity among club members is attested to by the presence of such club luminaries as **Nan and Bruce Horvath**, **Chuck Ragowski**, **Barb Cicigoi**, **Mike McCullough**, **Lois Nicholson**, **Don May**, **Bob Manley** and **Kim Boyd** on their tandem and **Marty Cooperman** and **Gayle Swan** on another.

We had fine cool, sunshiney weather. And we feasted on strawberries. Pick and eat farms abounded on the route. **Lois & Don** and **Marty & Gayle** could be seen just off the route, crouching low to the ground and picking one beautiful red berry after another. The farmer charged us half a dollar for nearly a pound. But threatened to weigh us next time for all the strawberries we surreptitiously ate.

Nan and Bruce had flat tires on Sunday, Bruce more fortunate than Nan since it happened near a McDonalds. (Later we heard that Nan had 3 more flats in as many days. In frustration she switched to Goodyear steel-belted radials. As Nan put it so eloquently: 'I ain't gettin' no more flats'). **Lois and Don** meandered along talking to locals about Confederate cavalry raider John Morgan who rampaged through the countryside, crossing the Muskingum river a century and a half ago and for whom the county is named. Odd behavior to name your county after an enemy officer who's invaded it.

Barb Cicigoi and **Mike McCullough** ate most of the Snickers candy bars at the rest stops and have been banned for the ride for life, or until they return the one they snatched from the ride organizer's handlebar bag. In the evening we took an old-time sternwheeler riverboat ride on the Muskingum and Ohio rivers, listened to folk music aboard and retired to a microbrewery later. Think about going next year! It's well organized and there's home made pie for dessert.

Lois Nicholson

...And A Little Detour

I remember a saying that goes something like this: 'An adventure begins when your plans fall apart'. Our plans didn't exactly fall apart. But our navigation did.

Now I've got to say it: **Gayle's** a lousy navigator. The only thing worse than her map reading skills....are mine. We know this and we should remember to always take the prescribed route. But on the way back from Marietta on day 2 of the ride we decided to take the less travelled path, the route along which we had come on day one.

Leaving the little town of Stockport where lunch was served in the school gym, we took a left instead of a right. And we just kept going. Up. Up a steep hill. Steep enough that it seemed funny we didn't remember having come down one like it the day before. But pondering and hill climbing don't mix. So up we went.

On the way up we met a lady coming down, who was also puzzled at the unexpected hill and asked if this was the right direction. I gasped out something that must have sounded like yes and she turned around and followed us up.

Of course once at the top, completely bewildered by the terrain, we couldn't face going back down that climb and losing all that altitude. Nor could we admit to that lady we were lost. So we went on. We asked directions. And rode along a topsy-turvy ridge that flowed up and down along a landscape looking like a carpet being shaken free of crumbs.

An hour of some of the finest ridge riding we had ever enjoyed ended in a road designated as an Ohio scenic byway. We plunged down the hill and into the waiting arms of our next rest stop in Malta.

Sometimes it pays to not know where you're going.

Marty Cooperman.

Ride Prizes

The Prize Guy gave away two more \$25 gift certificates for Western Reserve Cycle and Sport to: **Dan Waina** and **Tom Taylor**.

The End of An Era

Due to changing club interests, the **Adopt-An-Interchange** project of past years has come to a close. If anyone is interested in another community project, possibly involving cycling, please discuss it with other club members.

Thank you to all the volunteers over the years! We enjoyed finding 'treasures' in the grass and breakfast after the cleanup. Thanks for all your help.

Lois Nicholson.



Tuesday Morning Rides Again!

All rides begin **Tuesday morning at 9:15 AM**. Call for more info **(440) 951-9492**.

July 11 Meet in **Parkman** at the Community Center off of 422 (East of Rt 88). Visit a country market for ice-cream, tour Silver Creek Farm in Hiram. Rolling/Hilly 25 - 30 miles.

Aug 1 Meet at **Punderson Manor** parking lot off of Rt. 87 in Newbury. Details forthcoming.

Sept 5 Meet at **Erie Shores golf course**, 7298 Lake Rd. Madison. Ride to Jefferson, visit a train museum. Rolling 40 miles. Rescheduled rain ride.

Oct 3 Meet at **Thompson Square** off of Rt. 528 & Leroy-Thompson Rd. Rolling/hilly. Last Tues ride of the season. Details forthcoming.

Ride Schedule

July 9 8:30 **Bessie Metzenbaum Park** to Chardon (35) Girdled Rd (50). Rolling/hilly.
 16 **7:30** **North Chagrin** thru downtown. Up to 95 miles, flat/hilly. Ride around the Emerald Necklace.
 23 8:30 **Burton** to Garrettsville(30), Mantua(40), Ravenna Arsenal (75) Rolling/hilly.
 30 **North Chagrin** to Polo Fields(20), Solon(40). **Photo Day**: wear club colors (yellow & blue). Photo at 8:30, **Potluck** lunch after ride.

Aug. 5 8AM Chardon ride with the Boyz from Western Reserve Cycle Sport **Saturday** ride.
 6 8:30 **Lakeshore Reservation** thru Madison & Perry (25, 40, 60) Flat.
 13 Burton to Mesopotamia (27), Mosquito Lake (48), Jamestown, PA (90), flat/rolling.

751-2583

Bicycle Boulevard

20132 Chagrin Blvd.

Frank Hall
Owner & Enthusiast

Shaker Hts., OH
44122



LAKE ERIE WHEELERS

P.O. Box 770744, Lakewood, OH 44107 • bikelew@juno.com

www.geocities.com/~bikelew

President

Russ Marx
440-582-3454

Vice President

Ed Wheeler
440-572-1122

Secretary

Bob Parry
440-779-8392

Treasurer

Bob Ugan
216-476-0353

LEW Club Ride Schedule

July 2	9:00 am	Bonnie Park to Medina & Lodi 30 / 60 miles
July 4	10:00am	Extra Holiday (Tuesday) Lakewood Scenic Park Ride to the Flats: 30 or so flat miles with a lunch stop along the river (bring beer \$)
July 9	8:00 am	Thomas Edison Century , Milan, Oh. Four 25 mile loops Limit of 200 riders email to: EMetroPark@aol.com
July 16	9:00 am	Paw Paw Pkg lot to Hinckley & Doylestown 30 / 60 miles
July 23	9:00 am	Mastic Woods to Brecksville & Peninsula - 40 / 60 miles
July 30	9:00 am	Brunswick to Rittman & Orrville - 50 / 70 miles
Aug 6	8:00 am	Emerald Necklace Tour by HubBubble Rocky River Metropark
Aug 13	8:00 am	Famous Four County Metric Century Tour by LEW starts in Berea @ Rec. Center 40 / 62 miles. For info contact Mike: racelew@aol.com
Aug 20	9:00 am	Scenic Park to Huntington Park, Lakeview Park and Vermilion - 20 / 50 / 70 flat miles
Aug 27	9:00 am	Bonnie Park to Litchfield & Lodi 40 / 65 flat miles

Ride Start Locations:

Brecksville from Station Road Pkg. Lot at Station Road towpath trailhead off Riverview Road and Metro Parkway

Bonnie Park Pkg. Lot off Metro Parkway east of Pearl Road junction with Albion Rd.

Scenic Park in Lakewood in Rocky River Reservation just south of Detroit Rd at the east end of Detroit bridge in Lakewood

Paw Paw Pkg. Lot on Metro Parkway just east of W.130th

Mastic Woods on Metro Parkway south of Puritas/Mastic Roads

Brunswick at Laurel Sq. Shopping Center pkg. Lot Pearl Rd one mile south of SR 303

Berea Recreation Center 136 E. Bagley Road 1.5 miles west of I-71

Kamm's Corner at Pizza Hut Pkg. Lot Lorain Rd & Rocky River Dr rt 237 in Cleveland

Weekday Rides:

Tuesday Evenings – Short slower rides starting in April from Fairview Park Shopping Center on w. 220th south of Lorain Rd. behind Fairview Post Office, 6:30pm. Call Bob Ugan at 216/476-0353 or email at: Sundance@gwis.com

Wednesday Evenings – Moderate to fast pace 20-30 mile rides starting from Kamm's Corner parking lot at Lorain Rd & Rocky River Dr (rt237) in Cleveland behind Pizza Hut), 6:30pm. Call Ed Wheeler at 440/572-1122 or e-mail at wheels@ameritech.net

Wednesday Evenings – The new Wednesday Evening “Ice Cream” rides from the Olmsted Falls Public Library. These slower rides are of 15-25 miles in length and the ride speed is between 10 - 14 mph. The rides will leave at 6:30 pm. contact Marc Snitzer at 444/236-3017 or e-mail at msnit@juno.com

Thursday Morning bike rides will start up again this year. These are slower rides organized by John Glasgow contact by email at jglasgow2@msn.com or call at 440/777-7392. John plans to have rides scheduled for Thursdays through November. Rides will be scheduled by email or mail by request.

Touring Division

The Annual Blue Ridge Parkway Tour was held over Memorial Day Weekend May 26 to May 29, 2000. We stayed over the first night at the Blue Ridge Mountains Hosteling International — a beautiful house right on the Parkway hidden in the woods. The couple who owned and managed the house were very friendly and eager to help us with directions and info about the parkway. Early Saturday (well maybe not so early as we had nine people to roust up) we had a quick breakfast of cookies, oat meal, bananas and orange juice.

We started off on the forth leg of the parkway from The Virginia/North Carolina border mile marker 214 and headed southwest towards our destination the next day of Little Switzerland, NC at mile marker 334. The weather reports we heard on Friday on the way down were not too good - heavy rains, thunderstorms and possible tornadoes all weekend — but the sun was shining when we started out. Well it didn't rain at all on Saturday and we had a cool ride to the bluffs Lodge/Coffee Shop at mile marker 241 for a real breakfast. We were all pretty hungry, as we had completed 2,530 feet of climb. Eighteen miles later of beautiful scenery in the National Forests and another 2,500 feet of climb we stopped at the little town of Glendale Springs (mm 259) to see the Church of the Frescoes and a quick stop for ice cream at the Inn and Bakery. This was our only mistake as we realized later.

We had but 32 miles left for the day before reaching Boone, NC which involved another 3,100 feet of climb. The temperature was getting into the eighties but the long uphills were rewarded by some cooling and fun downhills all afternoon. It wasn't until we reached the turnoff for Boone and many of us were exhausted and ready to bonk that we realized we had missed something — LUNCH!! We had biked nearly 80 miles (some less with sagging) with only a breakfast and a little snack. Of course the sag vans were filled with bread, bananas, apples, peanut butter, jelly, etc. but with the hills, the heat and scenery all nine of us seemed to forget about eating. We were all very tired by the time we reached the motel in Boone. Boone and Blowing Rock are two towns at a major entrance to the Parkway in this area of the National Forests. A touristy area that can charge what ever they want for pretty poor accommodations.

Sunday morning the sky looked very dark as we returned to the parkway after a night of eating and drinking. The first 10 miles or so were riding in a light mist (that's rain for those that haven't ever done a TOSRV). But by the time we reached the Linville Viaduct the sun was out and another delightful biking day was ahead of us. At the viaduct some of us rode over it three times to capture some pictures of the viaduct and cyclists. We then did a side trip to Grandfather Mountain to ride up it but found they no longer permit cyclists on the private

road to the top. At Linville Falls we stopped to take in a short hike to the falls and had lunch (no more bonking) before reaching our ending point for this year at Little Switzerland (mm 334). The second day was only 46 miles and about 4,900 feet of climb. After we loaded up the bikes for a drive to Bristol, VA the clouds opened up and thunderstorms finally made it to the mountains. As we drove north we saw a colorful rainbow hanging over the green mountains of North Carolina. In all we rode 90-140 miles (some did more sagging), climbed a lot of hills, had only a couple flat tires, one broken spoke and a couple uncooperative front derailleurs that got tired of dropping into granny gears. Unlike previous years we did not pass or see any other fully loaded or bike touring groups this year riding the Parkway.

We will return to complete the final leg of the Blue Ridge including Mt. Mitchell, Asheville and Cherokee in the year 2001. This will be an Alumni ride open to those who have cycled at least one leg of the Parkway.

Team LEW

Check out Team activities and scope out the new Team jersey at:

www.geocities.com/Yosemite/Trails/2665/racing.html#CONTENTS

Since the beginning of the series, a good compliment of LEW racers show up for the training crit series at Westlake. It is our “home” course, and regular attendees are Brian Diffenbacher, who a mostly race with the fast “A” group, and often finishes with the leaders. The rest of Team LEW are denizens of the “B” race: a strong, but less experienced bunch that sometimes has some hairy moments. Brian Schneider, Russ Marx, Bill Rees and yours truly are usually in this race. The large B group historically gets together and sucks wheel for 20 or so miles, only to be obliterated by the sprinters, but this year there have been many breakaways. One week, Brian D. dropped down to race with us and got away with 2 companions, beating them in the sprint. The next week in a small race I broke with another rider and we time trialed together for 20 miles and the win. The last race of the month saw club member Tim Edwards (riding for Team Burn) solo away with 3 to go. Brian Schneider has shown great improvement as a Team member, using the right tactics and taking a couple of third place prizes during the month.

Also in May four of us went to Summit Freewheeler’s last RATL event, where Brian D. took 3rd in the Cat. IV race. Mike Drab and Brian Schneider stayed with the lead group in the V race. The next day, Brian D. and I went to Alpine Valley; Brian won the beginner’s race, I took fourth in the Vets’ section of that same race. Diffenbacher also went to the Chippewa Creek Road Race but missed the winning break in what is undeniably the hardest race of the spring. The next week was the Rocky River TT, and both Brians, Scott H., Mike D., Bill Rees and I raced the Metroparks course.

Scott, Brian and I went down to the Cuyahoga Valley and raced in the weekday evening Summit TOPS road race. A rolling course, it was perfect for trying out team tactics. Scott and I were able to engineer a break with a fellow Cantonian, Erin, and we picked up 2nd and 4th places. On Memorial Day, Scott and Brian impressed mightily by hanging in on a very tough Cat. III/IV race. They couldn’t have finished more than 15 seconds behind the winner! Brian Schneider raced the Vs, and continued his steady improvement, finishing a strong 4th.



Race Schedule for July:

(Westlake Crit every Tuesday night at 6:30)
7/2 Tour of West Deer (PA)
7/4 Twin Sizzler
7/8 OH State Crit Championships
7/9 North Coast Nautilus Duathlon
7/13-23 Tour of Ohio
7/16 Tour of West Deer (PA)
7/22 Buhl Bike Classic (PA)
7/23 Murrysville Classic (PA)
7/29 Rose Hill Crit
8/ 26 Lake Road TT

Watch the web site soon for pictures from RATL and other races! For more info, go to the Team section of the club web site, or email Mike Woods at RaceLEW@aol.com.

Club Meetings

There are no club meetings scheduled for the summer months.

Four County Metric Invitational Ride

The challenging Four County Metric Century ride returns August 13 starting again at BW recreation Center in Berea, Ohio with two scenic routes of 40 miles and 62 miles. Contact Mike Woods at 440/871-1317 or email at: racelew@aol.com

EDDY'S BIKE SHOP
THE ULTIMATE CYCLING & FITNESS

SELECT '99
BIKES ON
SALE!!

**NEED A BIKE?
SHOP WITH THE WINNER!!**

**VOTED OHIO'S
#1 BIKE SHOP!!**

EDDY'S BIKE SHOP
eddy'sbikeshop.com

VELO BUSINESS SURVEY MARCH '99

Stow **Montrose** **Willoughby Hills** **N.Olmsted**
330-688-5521 **330-666-2453** **440-943-2453** **440-779-1097**

A Request for Volunteers...

The St. Clair Superior Neighborhood Development Association is a 25-year-old non-profit community organization which works through action committees and block clubs to make our neighborhood a better, safer place to live and raise a family. We are seeking to establish a youth biking program because we believe such an activity will provide a productive, healthy outlet for the youthful exuberance of the participants.

Our neighborhood, which runs from East 30th Street to Martin Luther King Jr. Boulevard and Superior Avenue to Lake Erie, has two bike paths: The Halle Dillard path, and the Lake Front path. These assets make biking ideally suited to our area.

We are seeking volunteers to work with the children, but also people with bike club experience who can help us set up the program. Anyone interested in participating at any level, please contact us at the address below. If you would like more information about our organization or have questions or suggestions, we will be more than glad to speak to you. We appreciate any help you can give.

Contact: Victoria Peterlin; St. Clair Superior Neighborhood Development Association; 6408 St. Clair Ave.; Cleveland, OH 44103. Phone: (216) 881-0644, Fax: (216) 881-1142, Email: scsnda@aol.com

Partnership For Parks Protects Health Facility Property From Development

by Christopher Knopf, Trust for Public Land

SAGAMORE HILLS — Working in a unique partnership with federal, state, and local governments, the Trust for Public Land (TPL), a national land conservation organization, has preserved 374 acres of land in one of the most rapidly developing parts of Cleveland area. TPL purchased the property from the Ohio Department of Mental Health for \$1.6 million and then divided it among Sagamore Hills Township (192 acres), Cleveland Metroparks (91 acres), and the National Park Service as part of the Cuyahoga Valley National Recreation Area (91 acres).

“This is one of the largest single land purchases in northeast Ohio for park purposes in recent decades,” notes Christopher Knopf, Director of TPL’s Ohio Field Office. “Preserving this property will help combat sprawl in the urban fringe between Cleveland and Akron.”

The land had been part of the Ohio Department of Mental Health’s Northcoast Behavioral Healthcare System campus. In recent decades as the patient population at the facility has significantly decrease the State began selling property that was not needed for its operations. The property protected by this partnership includes former agricultural fields that had been farmed by the patients at the facility and wooded areas characterized by steep ravines. It is within the Cuyahoga Valley National Recreation Area and adjacent to Cleveland Metroparks’ Bedford Reservation. The three land agencies plan few changes to the property; the land will be maintained as a natural area with diverse habitat for wildlife.

“This was prime land for development,” says Sagamore Hills Township Trustee Rose Mary Snell. “It could have been developed into at least 1000 homes.” Sagamore Hills Township has

First Bike Maps Out: Lorain County

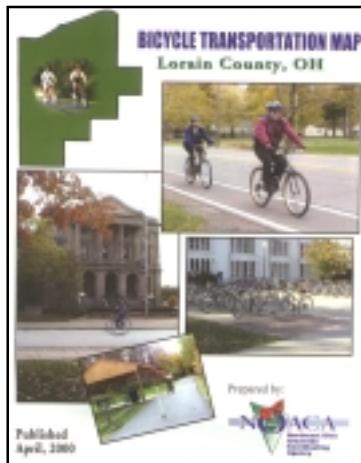
CLEVELAND — As part of the Northeast Ohio Areawide Coordinating Agency's (NOACA's) effort to encourage people to use their bikes for transportation, bicycle suitability maps are being created for each of the five counties in the NOACA planning region (Cuyahoga, Geauga, Lake, Lorain, and Medina). According to a NOACA spokesperson, the first one completed and available to the public is the Lorain County map. The major roads are rated and color-coded to show the skill level required (basic, intermediate, and experienced) to safely navigate them. A chart on the back of the map can help the user determine his/her own skill level.

In addition to rating the roads, the map shows where there are off-road multi-use paths and special bike lanes or wide paved shoulders. On the back are many safety tips, a summary of Ohio traffic laws especially pertinent to cyclists, a list of bike shops within the county, and some resources for cyclists, including contacts for local bike clubs and cycling instructors who offer classes to upgrade students' cycling skills.

Within a month or so, the Medina County map will be completed, with the others following in

the coming year. The maps are 18" x 24", multicolored, and printed on water-resistant paper. The cost for the Lorain County map is \$2. They will also soon be available at bike shops in the area. For now, they can be obtained through NOACA.

For more information, call Sally Hanley at: (216) 241-2414, ext. 273.



Land Preserved...

averaged nearly 200 housing starts each year since 1995, making it one of the leaders for new housing in northeast Ohio.

Nationwide, TPL has helped conserve more than a million acres valued at nearly \$2 billion and gained widespread public attention last year by demolishing the Richfield Coliseum and transferring the property to the Cuyahoga Valley National Recreation Area. Last year, TPL launched its "Greenprint for Growth" campaign to help sprawl-threatened communities protect land and as a way to guide development and sustain a healthy economy and a high quality of life. For more information, visit the web site at www.tpl.org.

Miss City Bike? We do too.

Where do you go for consistently high-end products & service now?

50 higher end Road, touring & Triathlon Bikes in stock !

Well over 300 bikes in stock !

Multiple Tandems in Stock !

Mountain Biking Magazine Bike of the Year !

Wheels:

Ksyrium, Helium, Spinergy Rev X, SPOX, Rolf, Crosslink,

Crossmax, Shimano, Coda Expert, & custom

And the Best darn bike mechanic in town !

See it all, plus:

clubs, contests, events, photos, specials, local racing summaries at

www.ohiobikeline.com

7979 Broadview Road #1

Broadview Heights, OH 44147

**In Giant Eagle Shopping Center,
just off SR 77 & Wallings Rd**

Phone: 440-546-9966





Roast Your Buns Tour

Sponsored by
Lorain Wheelmen
“RAIN or SHINE”
August 6, 2000



The sixth Roast Your Buns Tour will depart from the ice rink on the campus of Oberlin College, Oberlin, OH at 8:00 AM, on Sunday, August 6, 2000. The ride will provide distances of 25, 40, and 75 miles over flat to rolling terrain.

START-FINISH ... The start-finish and registration is at the ice rink, next to Philips Gym, Oberlin College, Oberlin OH. If you are driving via the Ohio Turnpike, exit at gate 8 and take route 57 north to route 2. Take route 2 west to the route 58 exit and take route 58 south to Oberlin. Turn left on SR 511 (west) and right (north) on Woodland Street.

REGISTRATION ... Advanced registration (\$10.00) will be accepted until July 29, 2000. Late registration (after July 29, 2000 and the day of the ride) will be \$12.00. Registration fee includes map, SAG, marked route and snack stops. Please make checks payable to the **LORAIN WHEELMEN**. Please include a SASE for confirmation if you would like one.

OVERNIGHT ACCOMMODATIONS ... are available at the Oberlin Inn, downtown Oberlin. For reservations, call (216) 775-1111. The Country Hearth Inn and Motel 6, located in Amherst, (approx 8 miles north of Oberlin on SR 58 at SR 2. Call (216) 985-1428 or (216) 988-3266 for reservations.

ROUTE ... The route(s) will be the same as '99 except for maybe the 25 mile route. It may use a different one of the old routes. The snack stop for the 25 mile route will be at the start-finish. Rochester will be a stop for the 40 & 75 mile routes. The 75 mile route will also have a stop in Fitchville. The 40 and 75 mile routes will be toward the south. The turn-around for the 75 mile route will be Savannah. this route will be rolling while the 40 mile route will be mostly flat.

SAG WAGON ... Riders with physical injuries or unrepairable mechanical breakdowns will be given first priority for sag wagon service. If necessary, other riders will be picked up as time and circumstances permit. The last sweep will begin about 4 PM. All riders should be off the road by 5 PM.

WEATHER ... August weather in Lorain County is usually hot and dry, thus the name for the ride. We could however have a thunderstorm or two, especially in the afternoon.

For more information or an application:

Call: John Bachman (evenings) at 440.988.5016
Snail Mail: Lorain Wheelmen, PO Box 102, Amherst OH 44001-1614
E-Mail: lorainwheelmen@eriecoast.com
www: <http://www.eriecoast.com/~lorainwheelmen/>

Medina County Bicycling Club

P.O.Box 844 • Medina ,OH 44258 • L.A.W. Affiliated

Contact the following for information:

President:	Tom Dease	330-725-1058	tjmd@aol.com
Vice President:	Lou Vetter	330-725-0441	lvetter@ohio.net
Treasurer:	Glen Hinegardner	330-725-8430	biker10260@aol
Ride Coord.:	Dave Schultz	330-725-0293	dsbikes97@aol
Secretary:	David Miller	330-725-7928	mlrmedina@aol.com
Mtb Coord.	Linda Miranda	330-483-4512	lmiranda@mircosolutions.com

Weeknight Touring Schedule

Tues. — 6:30 p.m. Courthouse Parking Lot — Jefferson and E. Liberty St. (10 -15 MPH)

Weekend Touring Schedule

Sun.— 8:00 a.m. Courthouse Parking Lot — Jefferson and E. Liberty St. (10-15+ MPH)

We would like to add a new rider or more moderate level of rider ability to our Tuesday and Sunday rides along with other club events. So if you have ever considered riding with a club but your worried that you'll get left in the middle of nowhere, fear not.

Anyone interested in riding with this group or being a ride leader, please contact Ian Halliwell 725-3074

Got a Mountain Bike?

Mountain Bike Chapter Riding Schedule

Contact Linda Miranda (330) 483-4512 or email at: lmiranda@mircosolutions.com for directions or further details. Helmet required at all rides.

Date	Time	Meet Location	Ride Description
July 6	6:30 p.m.	Findley State Park 25381 State Rt. 58 Wellington, OH	Experience approx. 10 miles of trails. Park by the Ranger's Station/Camper Check-In Parking Lot.
July 8	6:00 p.m.	Vulture's Knob Mountain Bike Course 4300 Mechanicsburg Rd. Wooster Ohio	IT'S A RACE! If you have never been to a MTB Race come see a great spectators sport, or better yet participate and enjoy your first race. If you are interested in racing call me for further details.

Date	Time	Meet Location	Ride Description
July 13	6:30 p.m.	Vulture's Knob 4300 Mechanicsburg Rd. Wooster Ohio	Experience the trails at Vulture's Knob. Approx. 8 miles of trails.
July 20	6:30 p.m.	St. Martins Church 1824 Station Rd. Valley City, OH	Ride to Indian Hollow Park located in Grafton Ohio (approx. 8 miles). Ride on single track trails at park, ride back to Valley City.
July 27	6:30 p.m.	Findley State Park 25381 State Rt. 58 Wellington, OH	Experience approx. 10 miles of trails. Park by the Ranger's Station/ Camper Check-In Parking Lot.
July 29 & 30 Noon til Noon		Vulture's Knob Mountain Bike Course 4300 Mechanicsburg Rd. Wooster Ohio	Come and volunteer for the 24 Hours of Killbuck Mountain Bike Team Relay Race. Call me for further details.

BICYCLE HELMETS REQUIRED ON ALL OFFICIAL CLUB RIDES

The Prez Says...

Any member who is not receiving their email please notify Tom Waterson at tlw@ohio.net

Look for entry forms for the "ICE CREAM RIDE" in your local bicycle shop or send a self addressed stamped envelope to MCBC; P.O. Box 844; Medina, OH. 44258-0844 or go to Tom Waterson web site: <http://www.ohio.net/~tlw>

Medina County Bicycle Club Cordially invites YOU to ride with us on any, yes any !! of our club rides.

A Letter From Vetter...

G-L-O-R-I-A = Gloria: Tom and I were the only two MCBCers to ride the Marietta River Rendezvous, a weekend ride of 65 miles per day. Saturday started with picking up Tom up at 4:00 am and driving to Duncan Falls for the start of the ride. The weather was fantastic. It was sunny but cool enough to require jackets. At the rest stop Dana, our old hiking friend, introduced us to his friends, Stephanie and Gloria. The ride follows the Muskingum River to Marietta, Ohio and offers a paddleboat ride after dinner. The route is mostly flat with one hilly section, after lunch, just to make things interesting. Upon our arrival at Marietta College, John Wasko was the hero of the day when he offered us a beer. Thanks John, that MGD really hit the spot. For everyone arriving at the college the ride provides ice cream and fresh strawberries, yummy. After the treat you pick up your luggage and check in to your room and shower. About half of the riders stay in dorm rooms while the rest pay extra for motel rooms.

Dinner was locally made gourmet pasta with choice of meatless or meat sauce. Dana, Gloria, and Stephanie joined us at dinner and we learned they would be on the river cruise. This was their first invitational ride and they seemed to be enjoying it. Our conversation at the dinner covered past MRR rides as well as other rides we thought might be interesting. After dinner we walked as a group to the boat. Dana picked a rose and was dropped petals as we walked so we could follow them back to the college. On the boat Team Gumby, represented by John Wasko, raised the Jolly Roger on the stern of the boat and proudly displayed their team banner, making this year's MRR an Official Team Gumby event. The cruise went upstream on the Ohio River and we learned that Gloria was having some pain in her left knee. Dana was quick to volunteer his services as masseur. Soon the evening air turned cold and everybody sought protection from the cold night air by going inside on the lower deck. After the boat ride we formed a larger group and went to the brewery for a drink and snacks.

The next morning Tom and I were planning return to Duncan Falls over breakfast of cereal and coffee. We started out around 7:30 am and after eight miles we caught up with Gloria and Stephanie. Gloria was riding slower now with her knee bothering her more. I watched her pedal stroke trying to see if her seat might be low. Later Dana caught up with the four of us and while riding he mentioned he had raised her seat twice on Saturday. We stopped and raised Gloria's seat another half inch and complained about how the bike shop should have properly fit her to the bike. At this point her seat has been raised over two inches. Our little group of five stopped at McDonald's in Beverly, Ohio to plan the rest of the ride. After another breakfast and some rest Gloria's knee was getting better. We rode on at different paces and Gloria and I were in the back. As we topped one hill we saw Dana petting a horse close to the road. As we passed the horse looked at us and I swear it looked like he wanted us to stop. Later Dana caught up to us and told us the horse did not want him to leave. I guess Dana must look pretty good to a horse or else that horse was just lonely.

We stopped at Malta, the last rest stop of the day. The bananas, Kit-Kats and water were great. Gloria's knee was feeling better at this point and she must be a super woman to be doing so well on her first long ride. She rode a 'cross bike with the big tires and made it up every hill. Later I learned she works out every day. With twenty miles to go I started chasing a pace line. Tom said our good-byes to Dana, Stephanie, and Gloria before chasing me down. We finished the ride at 1:45 p.m., drove to Dairy Queen for ice cream, and then headed back home. Our last stop was at "The Stables Restaurant" in Canton for a steak dinner.

This is a good overnight ride. It has an interesting route along the river with good views from the top of the few hills on the course. There are activities to entertain those riders who have a little extra energy at the overnight in Marietta.

**CLUB-TEAM
CLOTHING
decent, prompt
& reasonable**
PYROAPPAREL
Cleveland, Ohio
1-800-301-4690
fax 216-252-6060
pyroinfo@aol.com



C L E V E L A N D

Your source for race information . . .

www.pdqcleveland.org



CHRIS RICCARDI
President
440/333-7269
chris16@stratos.net

ALAN MARCOSSON
Vice President
216/252-5191
pyrostuff@aol.com

CHARLES HOWE
Secretary/Treasurer
440/235-4458
newkid2@rocketmail.com

The journey is more important . . .

. . . than the destination, or so quoth Cervantes*, but a win at the Melon City Criterium in Muscatine, Iowa undoubtedly made **Brian Beller's** trip to the Quad Cities Memorial Day Race Weekend all the more worthwhile. Other highlights include 5 category wins among mud-slingers, er, off-rovers **John Eldred, Scott Evans, Nate Ziccardi, and Caleb McFadden** at the Vulture's Knob and Alpine Valley MTB Series – and special thanks to **Dave Garrett** for donating his winnings at the Chippewa Creek Road Race back to the club. Through June 9, 32 riders had taken part in 37 races (all events took place in Ohio unless noted).

*Having recently stood accused of being an intellectual, this is an attempt to give some evidence in support . . .

Road (CR - circuit race; CT - criterium; RR - road race; SR - stage race; TT - time trial)

Iroquois Sports Boosters Presque Isle ITT, Erie PA, May 13 – Gallagher (4th of 17, Men 50-54; 27th of 163 Men overall).

Tuesday Night Training Series, Westlake:

May 16 – Beller, Billman, Cunningham Jr., Cunningham Sr., Eldred, Jewitt, Kovach (3rd, "B" race), Lu, Marcosson, Plas, Riccardi, Simpson, Stern, Wilkinson.

May 23 – Beller, Billman, Bosl (1st, juniors), Cunningham Jr., Kovach Lu, Riccardi, Stern (3rd, "B" race).

May 30 – Beller, Cunningham Jr., Eldred, Gaither, Hayden, Jewitt, Kovach, Lu, Marcosson, Riccardi, Simpson, Stern, Ziccardi.

June 6 – Billman, Cunningham Jr., Cunningham Sr., Eldred, Gaither, Jewitt, Miller, Riccardi Rubick, Simpson, Stern, Weiner, Whitehouse, Ziccardi.

PDQ Cleveland Chippewa Creek CR, Brecksville, May 14 – Beller (4th, Cat. 4), Cunningham Jr., Cunningham Sr. (1st, Cat. 2-4 Men 46+), Eldred, Enyedy, Gallagher, Gamm (4th, Cat.5/Cits.), Garrett (4th, Cat. 2-4 Men 35-45), Hultgren, Jewitt, Marcosson, Plas, Riccardi, Stern.

PDQ Cleveland Rocky River ITT, Rocky River, May 21 – see complete results below.

MCBC Melon City CT, Muscatine IA, May 28 – Beller (1st, Cat. 4).

QCBC Quad Cities CT, Rock Island IL, May 29 – Beller.

PDQ Cleveland Circuit de Westlake, Westlake, May 29 – Cunningham Jr., Cunningham Sr., Eldred, Enyedy (3rd, "C" Men 19-34), Hayden, Hritz (1st, "C" Men 46+), Jackman, Kovach (3rd, "C" Men 35-45), Lu (6th, "B" Men), Miller (1st, "C" Men 46+), Papajcik, Riccardi (2 races), Stefancin, Stern (2 races), Whitehouse, Wilkinson, Ziccardi (2 races).

Club Glenwood Communication CT, Canfield, June 3 – Beller, Kovach, Lu, Riccardi.

Off-Road (XC - cross-country)

Sun Valley Sports Ohio Vulture's Knob XC Series, Wooster:

May 27 – Evans (3rd, Sport Men 31-40).

Alpine Valley XC Series, Chesterland:

June 4 – Eldred (1st, Sport Men 35+), Evans (2nd, Sport Men 19-35), Hayden (4th, Sport Men 35+), Ziccardi (1st, Sport Men 19-35).

ERIE RACING ASSOCIATION



DAY(S) & DATE(S)	RACE NAME & TYPE*	LOCATION	CONTACT
Tuesday Evenings	Westlake Training CT Series	Westlake, OH	Chris Riccardi - 440/333-7269 19140 Old Detroit Rd. #6 Rocky River, OH 44116-1757 chris16@stratos.net, or www.pdqcleveland.org/pdqraces.html
Sun. 7/2	Tour of West Deer CR #3	Bakerstown, PA	Oscar Swan - 412/521-2207 6649 Woodwell St. Pittsburgh, PA 15217-1320 swan+@pitt.edu, or www.acaracing.com
Tues. 7/4	Twin Sizzler RR	Medina, OH	Judy Heller - 330/722-2020 4046 Medina Rd. Medina, OH 44256
Most days 7/12-22	Tour of Ohio CT Series	Throughout OH	Tym Tyler - 740/321-1446 P.O. Box 438 Granville, OH 43023 teamcolumbus@cs.com , or www.truesport.com/teamcolumbus
Sun. 7/16	Tour of West Deer CR #4	Russellton, PA	Oscar Swan as above
Sun. 7/22	10-mile Omnium (ITT, CT)	Pittsburgh, PA	Oscar Swan as above
Sat. 7/22	Bike Club Classic RR	Sharon , PA	Bill Tobin - 724/981-3700 28 N. Pine Ave. Sharon, PA 16146
Sun. 7/23	Murrysville Classic CR	Murrysville , PA	Fred Baldassare - 724/325-2093 1229 Twelve Oaks Ct. Murrysville, PA 15668 Race170@aol.com , or www.gopolar.com/ACA
Most days 8/13-17	Criterium America CT Series	Throughout OH	Tym Tyler as above
Sat. 8/5	Ride for Sight RR	New Waterford, OH	Bob Batchelor - 330/457-7118 5166 Bye Rd. New Waterford, OH 44413-9713 www.truesport.com

*CR - circuit race CT - criterium ITT - individual time trial RR - road race SR - stage race

This calendar is a cooperative effort of the region's race promoters and clubs, and is intended to provide date, location, and contact information only; for the most complete and up-to-date story, contact the promoter and request an official race flyer.

Rocky River Time Trial

SUNDAY, MAY 21, 2000

ROCKY RIVER, OHIO

NAME	HOMETOWN	AGE	CAT.	TIME	PLACE		SPEED (mph)
					All	Cat.	
HENSEL, Jonathan	New Philadelphia, OH	37	E 35-45	23:18.1	1	1	26.39
BRADY, Kip	New Philadelphia, OH	29	E 19-34	23:36.0	2	1	26.06
SROKA, Rudy	North Royalton, OH	43	E 35-45	23:36.0	3	2	26.06
OWENS, Kevin	Dover, OH	28	E 19-34	23:48.3	4	2	25.83
PANDY, Larry	Concord Twp., OH	44	E 35-45	24:02.1	5	3	25.59
GLADDEN, Peter	Hudson, OH	43	E 35-45	24:04.4	6	4	25.55
VANUCCI, Michael	Brecksville, OH	25	E 19-34	24:05.9	7	3	25.52
LIOLIOS, George	Munroe Falls, OH	52	E 46+	24:24.3	8	1	25.20
GALLAGHER, Bill	Sandusky, OH	54	E 46+	24:28.8	9	2	25.12
BELLER, Brian	Elyria, OH	20	E 19-34	24:32.1	10	4	25.07
PUDOKA, Rick	Clinton, OH	40	E 35-45	24:55.3	11	5	24.68
WENGER, Alan	North Lima, OH	48	E 46+	24:55.8	12	3	24.67
WLADECKI, Mark	Avon Lake, OH	42	C 35-45	25:17.7	13	1	24.31
FERNANDEZ, Robert	Rocky River, OH	33	E 19-34	25:23.6	14	5	24.22
RICCARDI, Chris	Rocky River, OH	35	E 35-45	25:27.9	15	6	24.15
BUSA, Michael	Bay Village, OH	19	E 19-34	25:29.9	16	6	24.12
GENTILE, Bill	Franklin, PA	51	E 46+	25:36.1	17	4	24.02
ALLEN, Chuck	Macedonia, OH	40	C 35-45	25:43.7	18	2	23.90
KEFFER, Bryan	Uniontown, OH	25	E 19-34	25:43.9	19	7	23.90
DIFFENBACHER, Brian	Olmsted Twp., OH	30	E 19-34	26:02.0	20	8	23.62
PEPLIN, Dan	North Olmsted, OH	44	E 35-45	26:08.8	21	7	23.52
PARK, Kevin	Chardon, OH	33	C 19-34	26:11.9	22	1	23.47
JACKOBS, Mark	Cleveland Hts., OH	34	C 19-34	26:14.8	23	2	23.43
HOFFMAN, Scott	Canton, OH	35	E 35-45	26:16.1	24	8	23.41
ENYEDY, Ed	Eastlake, OH	32	C 19-34	26:19.7	25	3	23.36
DIERINGER, Zak	Lakewood, OH	28	E 19-34	26:22.7	26	9	23.31
LU, Don	Lakewood, OH	30	E 19-34	26:23.2	27	10	23.31
KEANE-BEEMAN, Randy	Geneva, OH	44	C 35-45	26:26.2	28	3	23.26
LEE, Ryan	Kent, OH	22	C 19-34	26:30.5	29	4	23.20
HAYDEN, John	Westlake, OH	45	C 35-45	26:35.7	30	4	23.12
BREEDLOVE, Daryl	Painesville, OH	42	E 35-45	26:39.7	31	9	23.07
WILFORD, Derek	Euclid, OH	41	E 35-45	26:51.0	32	10	22.91
FISCO, Robert	Bay Village, OH	40	C 35-45	26:51.4	33	5	22.90
SCHNEIDER, Brian	Parma, OH	35	C 35-45	26:56.6	34	6	22.83
MAIBACH, Greg	Copley, OH	33	C 19-34	26:57.0	35	5	22.82
PARK, Chris	Amherst, OH	31	C 19-34	26:58.7	36	6	22.80
CRAFT, Jeff	Madison, OH	43	E 35-45	27:16.8	37	11	22.54
CUNNINGHAM, Jim Jr.	Fairview Park, OH	29	E 19-34	27:18.2	38	11	22.52
GREER, Felicia	St. Clairsville, OH	30	W	27:20.5	39	1	22.49
DOCTOR, Ben	Cleveland, OH	32	C 19-34	27:22.7	40	7	22.46
ESTLACK, Gordon	Southington, OH	41	C 35-45	27:23.0	41	7	22.46
FESER, Nicole	Minster, OH	29	W	27:25.3	42	2	22.43
BEESON, Brad	Bay Village, OH	37	C 35-45	27:31.4	43	8	22.34
WOFF, Travis	Avon Lake, OH	19	E 19-34	27:35.2	44	12	22.29

SUTTE, Jack	Cleveland, OH	26	C 19-34	27:37.0	45	8	22.27
BLATNIK, Gregory	Brunswick, OH	46	C 46+	27:40.9	46	1	22.22
MADISON, Michael	Cleveland Hts., OH	46	C 46+	27:43.0	47	2	22.19
ELDER, Ben	Pepper Pike, OH	18	J 15-18	27:43.3	48	1	22.19
RUBICK, Vernon	Richmond Hts., OH	35	C 35-45	27:46.1	49	9	22.15
CUNNINGHAM, Jim Sr.	Strongsville, OH	51	E 46+	27:50.1	50	5	22.09
WOODS, Michael	Bay Village, OH	44	E 35-45	27:50.6	51	12	22.09
LAMBRIX, Bobby	Lakewood, OH	17	J 15-18	28:24.0	52	2	21.65
MILLER, Roger	Parma, OH	49	C 46+	28:24.3	53	3	21.65
MARCOSSON/	Cleveland/Eastlake, OH	50/88	T	28:26.0	--	1	21.63
PAPAJCIC, Doreen	Westlake, OH	40	W	28:26.1	54	3	21.63
BLANER, Mike	Elyria, OH	38	C 35-45	28:27.5	55	10	21.61
DRAB, Michael	Parma, OH	27	E 19-34	28:31.3	56	13	21.56
DAVIS, Jerry	Akron, OH	60	C 46+	28:31.5	57	4	21.56
MARUT, Bill	Painesville, OH	36	C 35-45	28:34.5	58	11	21.52
BRUMAGIN, Kevin	Lake City, PA	45	C 35-45	28:41.6	59	12	21.43
EVELY, Jane	Kent, OH	30	W	28:45.5	60	4	21.39
LEWIS, Julie	North Royalton, OH	37	W	28:50.0	61	5	21.33
PISANO, Matthew	Pittsburgh, PA	34	C 19-34	28:50.5	62	9	21.32
REES, Bill	Parma, OH	31	C 19-34	28:52.7	63	10	21.30
MADDOCK, Darrell	North Olmsted, OH	44	C 35-45	28:54.4	64	13	21.27
WAGNER, Ray	Lakewood, OH	16	J 15-18	29:16.8	65	3	21.00
GALLA, Pat	Fairview Park, OH	52	C 46+	29:17.0	66	5	21.00
COAKLEY, Thomas	Shaker Hts., OH	53	C 46+	29:18.1	67	6	20.99
GOTTSCHLING, Scott	Amherst, OH	37	C 35-45	29:20.9	68	14	20.95
BILLMAN, Dave	Avon, OH	56	E 46+	29:31.8	69	6	20.83
KOVACH, David	Cleveland, OH	38	C 35-45	29:54.3	70	15	20.56
WILKINSON, Joe	North Ridgeville, OH	42	C 35-45	30:50.0	71	16	19.95
SHARKEY, Terence	Columbus, OH	25	C 19-34	31:09.3	72	11	19.74
POLGAR, Les	North Olmsted, OH	41	C 35-45	31:13.5	73	17	19.70
WHITE, James	Cleveland, OH	43	C 35-45	31:17.0	74	18	19.66
BOSL, Jeremy	Berea, OH	12	J 12-14	31:42.9	75	1	19.39
McGRAW, Arno	Aurora, OH	49	C 46+	31:51.9	76	7	19.30
STEFANCIN, Bob	Parma, OH	36	C 35-45	31:56.6	77	19	19.25
BROWN, Alan	Cleveland, OH	49	C 46+	32:17.6	78	8	19.04
WINKLER, Kurt	Cleveland, OH	32	C 19-34	32:25.8	79	12	18.96
SMITH, Bryan	Olmsted Twp., OH	12	J 12-14	32:43.6	80	2	18.79
RUFENER, Kathy Jo	Akron, OH	37	W	32:48.2	81	6	18.75
KOWEN, Michael	Shaker Hts., OH	13	J 12-14	33:19.2	82	3	18.46
FERNANDEZ, Debra	Rocky River, OH	30	W	33:19.7	83	7	18.45
LANGE, Patrice	Hudson, OH	45	W	33:55.5	84	8	18.13
RAY, Cynthia	Lakewood, OH	34	W	34:15.6	85	9	17.95
ZITIELLO, Lisa	Cleveland, OH	40	W	34:28.5	86	10	17.84
WAIN, Bruce	University Hts., OH	37	C 35-45	34:31.5	87	20	17.81
WEINER, Deborah	University Hts., OH	36	W	36:13.0	88	11	16.98
GUTWEIN, Patti	Brooklyn, OH	42	W	37:56.1	89	12	16.21
ABATE, Joseph	Cleveland, OH	28	C 19-34	38:04.8	90	13	16.15
ZUK, Shayne	Berea, OH	13	J 12-14	40:26.3	91	4	15.21
BADDOUR, Brian	Cleveland, OH	30	E 19-34	N/A	--	--	N/A

Bold - category winner E - elite men C - citizen men W - women
 T - tandem J - juniors * - 3:10 late start

WESTERN RESERVE WHEELERS



COMMITTEE:

Ellie Einhorn	Howard Mayers
Bernard Greenberg	Harold Pasternak
Mitch Kursh	Edward Reichek 241-6930
Alvin Magid	Allen Wapnick 781-4300

1422 Euclid Avenue #1104 • Cleveland, Ohio 44115

Ride Schedule

NOTE: All Saturday rides commence at JCC with same start time as following day.

DATE	TIME	START	DESTINATION	MILES
July				
2	8:30	JCC	Downtown via Parks & Towpath "Irv's Urban Oasis"	40-50
9	8:30	JCC	Oscar's Tanglewood	35
16	8:30	JCC	Pancake Ride: '306 and Mayfield	30-50
23	8:30	JCC	Chagrin Falls via Sunset Pond	
30	8:30	JCC	Cleveland Bratenahl Urban Desert	35
August				
6	8:30	JCC	Solon/Sea World. Alt: <i>Emerald Necklace</i>	29
13	8:30	JCC	Hudson Reverse	50
20	8:30	JCC	Chagrin Falls via Gates Mills/Berkshire Club Party Ride	26
27	8:30	JCC	Walden	38-58
September				
3	8:30	JCC	Circle Chagrin	30-40
4	8:30	JCC	Labor Day Pick-Up	??
10	8:30	JCC	Twinsburg	35
17	8:30	JCC	Chagrin Falls/Cat's Den	30

NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

Yo, Wheelers...



Member Cal Kirchick became a celebrity last month when he made the front page of *The Plain Dealer* business section as a commuting bicyclist. Cal rides every day, back and forth from home in Beachwood to his downtown Cleveland law office. There was even a picture of Cal and his bicycle.

Our recent turnouts have not been inspiring primarily because of low temperatures, winds, and threatening rains. We are ever-hopeful that the weather will moderate and we will see larger turnouts on Saturdays and Sundays. Co-Ride Leader **Bernard Kotton** has been doing a fine job with mapping and is being extra careful not to use those routes undergoing construction. Please note, Bernie rescheduled the Towpath ride for July 2.

Anyone wanting a new club shirt should call Ed Reicheck at (216) 371-5618. Shirts are \$50.00 each. Not every size is available, so act now.

May the Wind be at Your Back

— Ed Reicheck

Medina County Bicycle Club

Ice Cream Ride

WHO: Bicyclists and their families wanting to enjoy a bicycle outing on a hot summer day.

WHAT: Scenic rolling terrain through quaint small towns of Medina and northern Wayne County. See the charm and grace of towns of the Western Reserve. There are two totally new routes available in lengths of 62 and 25 miles. Riders can purchase ice cream or snacks in River Styx, Seville or Chatham

WHEN: Saturday, July 22, 2000. Registration begins at 8:00 am. Ride begins at 8:30a.m.

WHERE: Start/Finish is at Once Upon a Sundae located on Route 42 just past the intersection of Lake Road, about one mile west of downtown Medina.

COST: The cost is \$15.00 prior to July 15 and \$20.00 after that date. The ride will include a snack stop, map, road arrows, and lunch at Once Upon a Sundae. Additional establishments are participating again this year. This will be a sagged ride but riders should be prepared to make some of their own repairs. Riders should bring along basic tools: patch kit, pump, water bottles, etc.

HELMET: Participants must wear an approved bicycle helmet while riding in this event.

ENTRY: Find entry forms in your local bicycle shop or send a SASE to: *Ice Cream*; MCBC; P.O. Box 844; Medina, OH 44258-0844 or go to Tom Waterson's web site: <http://www.ohio.net/~tlw>.



USA Pista Elite

(440) 891-8320

www.pistaelite.com

pistaelite@aol.com

The results are coming. As we go to press, Pista Elite riders have competed and placed highly in events throughout the country. Shan Rayray placed 5th in the match sprint event at the US Olympic Trials in Frisco, Texas. She also placed 10th in the 200 meter Time Trial and 11th in the 500 meter Time Trial.

Meanwhile, in Erie, Penn., Jeremy Smith won the 20 kilometer Presque Isle Time Trial for men 9 and under. Bryan Smith took the bronze in the Junior 14 event and Shayne Zuk placed 6th in the Junior 14 race. Tony Smith also competed and placed 17th.

Over in the state of Washington, Alynda Boursaw has collected 6 top-five finishes on the track at Marymoor Velodrome (3-3rds, 1-4th and 2-5ths).

Back in Ohio. Bryan Smith took 2nd and Shayne Zuk 3rd in the Junior 14 event at the Rocky River Time Trial (Jeremy couldn't ride because the promoter, said he was too young under the sanctioning American Bicycle Racing rules. Jeremy is not too young under USCF rules).

By the time you get this, there will be more results coming. Our upcoming race schedule includes the EDS Cup Race in Blaine, Minnesota, The Ann Arbor Festival of Cycling, Tour de Kids, more races at Marymoor, a meet at Major Taylor Velodrome, The Twin Sizzler Road Race, The Team Burn Time Trial, Junior National Time Trial, Junior National Road Race, Junior National Criterium, and Junior National Track Championships.

Then it will be on to Elite National Track Championships as well as the Masters Nationals.

If you are interested in what we are about, please feel free to visit our Web site. If you are a Cat. 1 or 2, or Junior or Espoir rider and have an interest in riding with us, send us an E-Mail. There are no club dues and we provide coaching, clothing, and equipment.

Our development team also has openings for other categories of riders. Again, please express your interest via email.

Once again, many thanks to our sponsors who make this all possible: Anthony J. Smith Agency, Inc., PyroApparel, and Ohio School Pictures.

CrankMail

Unclassified

Unclassified ads are free to *CrankMail*-served club members and subscribers for two appearances and appear both here and on *CrankMail*'s World Wide Web site. Nonmembers/nonsubscribers pay \$5.00 for this service. Ads are intended for personal, non-commercial, bicycle-related purposes only. Ad copy should be typewritten to help assure accuracy. Ads are also accepted by fax or email if no payment is due. Ads are not accepted by telephone. Limit to about 30 words; no more than three ads from the same individual in an issue. Please include your area code with your telephone number. *CrankMail* reserves the right to edit ads to fit space and format requirements. In the event of typographical or other error, *CrankMail*'s only obligation shall be to publish a corrected version of the ad in which said error appeared.

MOUNTAIN BIKE SHOES: Specialized men's, new - mail ordered wrong size. Shoes say size 47 but I think they are really 45. Price: \$40. Call Mike: (440) 257-1254 ext. 1.

MATRIX WHEELS: Front and rear, 22 X 700C, with RSX hubs, 32-spoke. \$50 or best offer. Call Mike: (440) 257-1254 ext. 1.

NASHBAR 7000R 50 cm, 1996, low mileage, Shimano components, silver finish. Very good cond. Excellent entry-level road bike. \$250 or best offer. Call Tim: (216) 459-8384.

CANNONDALE H400: 19-in. aluminum hybrid, forest green, Shimano STX and GripShift components. Perfect Towpath bike. Excellent condition. \$350 or best offer. Call Tim: (216) 459-8384.

KRESTREL FRAME & FORK 200sci: 56 cm, three years old, new factory paint. \$600. Call: (440) 734-4012 (days). Email: dpeplin@juno.com.

WANTED: Blind male tandem cyclist seeks west Cleveland area male or female cyclist for local Metropark rides and bike tours. No tan-

dem experience necessary; tandem supplied. Time and day flexible. Call: (216) 228-6529.

CANNONDALE TOURING/CX bike, 50 cm, 1998 model, red and in very good shape, has a mix of Campy Mirage components, two sets of wheels (one for the road, one for the trail). Ready for racks and big tires: lots of clearance, cantilever brakes. All for \$500. Call Mike: (440) 871-1317. Email: racelew@aol.com.

DEAN TITANIUM ROAD bike, 52 cm frame, Dura-Ace rear derailleur & STI levers, Time carbon fork, titanium seatpost. \$950 or best offer. Call Don: (216) 521-5877.

expire July

RHODE GEAR CHILD SEAT only \$50, or best offer. Call: (440) 543-7878.

BURLEY TRAILER holds two children, up to 100 lbs. Good condition. \$175, or best offer. Call: (440) 285-9382.

CANNONDALE M300 mountain bike, 19 in., quick-release seat and front wheel. Used once for 10 miles. \$300. Call Lucy: (440) 356-9018.

expire August

AMERICAN HARVEST
NATURAL FOODS MARKET
13387 Smith Rd. Middleburg Hts. Ohio 44130
Phone: 1-440-888-7727
Mon-Sat 9-9 Sun 10-5
Proprietor: Beverly Alawan



The Fastest Route to a Great Ride: **BandKbike.com** **B&K Bicycle Co.**

Selected Specialized™ and TREK™ road & mountain bikes on sale now!
\$50 to \$100 off, while they last!

Check us out on the web for the latest & greatest product, reviews, links and info. Check out the great values at B&K Bike — 8,000 sq. ft. of the best buys in bikes, clothing for men and women, accessories and more, for the casual rider and the enthusiast!

4298 Mayfield Road
in beautiful South Euclid between
between Green & Belvoir Roads,
5 miles West of I-271 and the
Mayfield Road exit

216-382-9966
BandKbike.com

B&K Bicycle Co. 

CrankMail
The Clockwork Press
P.O. Box 33249
Cleveland, OH 44133-0249

CHANGE SERVICE REQUESTED



PRSR STD
U.S. Postage
PAID
Cleveland, Ohio
Permit No. 2890