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Photo Courtesy: Pete Gladden



The Voice of Cyclists in Northeast Ohio

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On The Web @ www.crankmail.com

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From the Editors

Though the folks who rode this year's TOSRV may disagree, we believe that the weather, especially the wind, is getting worse.

One must be careful making weather claims since climate is a global and you can't project what is happening in Northeast Ohio to the rest of the planet. You also have to be careful using the observations of recorded history to prove a point, as we have not been recording data for all that long. However, there is little doubt in the scientific community that the climate is changing and that global warming is real. It is also widely accepted that even if we were to take drastic measures to cut CO2 emissions that any effects of actions taken today would not be felt until decades in the future. So we will have to live with the effects of climate change for the foreseeable future.

The change on a global scale could be catastrophic. For example: 3 major hurricanes and 5 tropical storms made landfall in the US in 2004. The last time eight different tropical cyclones impacted the United States coastline in a single season was 1916. There were a total of 15 tropical storms and hurricanes, which means that the total number of storms last year was higher than 95% of the previous years of hurricane observations. There was also a record number of typhoons over Japan in 2004.

Locally, Cleveland statistics show the following: over the past 62 years, the average annual snowfall is 57.7 inches; we've exceeded that in 7 of the past 10 years. We have also exceeded the average annual temperature of 49.9 degrees and the average annual precipitation of 34.4 inches (both measured over 63 years) in 7 of the past 10 years. The highest daily maximum temperature over that period, 104 degrees, was in 1988. The lowest, 20 below, was in 1994. The mean wind speed for Cleveland over the past 56 years is 10.6 mph. In 2004, the mean was only 9.5, so much for personal observation.

We don't know how much this change will affect our cycling, but it will affect it.

This month's cover is from the 2004 Rail n'Trail Tour sponsored by the Lake Erie Wheelers. It shows the bicycles being loaded into the baggage cars at the Rockside Road Station for the trip to Akron.

Martin Cooperman and Tom Meara, Editor & Publisher
May 2005

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IN THE ZONE

Cycling News and Events

CAMBA Needs a Tool Trailer – Can you help? As CAMBA has grown, they've collected quite an inventory of trail building tools and supplies. This includes dozens of hand tools as well as chain saws, leaf blowers, and other bulky items. Bringing all this stuff to each trail building day is starting to become quite a project all by itself. They are looking for a 6x10 ft. trailer. The problem is that these things are a bit pricey, so they thought they'd ask around to see if anyone knows somebody who might be willing to donate one or sell it to CAMBA at a greatly reduced price. Contact Mike Farley (farley@camba.us).

CARBON FIBER NOT. With so many cyclists obsessing over the relative lightness of their frames consider this. Velotaxi drivers pedal the streets and bike paths of Frankfurt and other German cities on tricycles weighing more than 300 pounds — and that's without any passengers. The \$9,000 Velotaxi features twenty-one gears, disc brakes, and, okay, an auxiliary electric engine. The three-wheelers can go places traditional taxis cannot, and they may also prove to be vital weapons in the fight against air pollution. www.csmonitor.com/2005/0503/p07s01-woeu.html.

You're Addicted To Cycling When...

- Your surgeon tells you you need a heart valve replacement and you ask if it's presta or schrader.
- The funeral director tells you "NO!" you can't ride your Cannondale in the funeral procession, even if you keep your headlight on.
- You see nothing wrong with discussing the connection between hydration and urine color.

- Your kids bring a rear derailleur to "Show & Tell".
- You no longer require a hankie to blow your nose.
- Despite all that winter weight you put on, you'll skim weight by buying titanium components.
- You use wax on your chain, but not on your car.
- You take your bike along when you shop for a car - just to make sure the bike will fit inside.

Compliments of www.randonneurs.bc.ca.

The Cleveland Cavaliers' LeBron "King" James is the driving force behind a June 25 fund-raising ride through the streets of Akron, Ohio, the basketball star's hometown. The King for Kids Bike-a-Thon will see as many as 2,000 riders traveling over an eight-mile course through the center of the city. Donations pass through the James Family Foundation, which will make a turnover to the Akron Area YMCA and its "Partners with Youth" campaign. The event is open to all riders who register in advance, and is limited to solo riders 14 years of age and older. Children 12 and 13 years of age may also ride if accompanied by a responsible adult (over age 21). Every Bikeathon rider must wear a helmet to participate. There is a \$25 registration fee for individual participants. The registration fee for a family up to four persons is \$50, with \$10 for each additional family member up to six persons. Corporations may register up to 50 riders from one company with a \$5,000 donation.

Upcomming Cycling Events

Friday - Sunday, 6/3-6/5. 10th NO FRILLS TANDEM RALLY. Seville. Friday evening 20-mile ride, Saturday & Sunday 40 to 60-mile options. Art & Judee Wickersham; 3505 Adaline Dr.; Stow, OH 44224. (330) 688-7299.

Friday, 6/3. NIGHT RIDES ON THE TOWPATH. Peninsula. Free ride starting at 8 p.m. Covers 15 to 20 miles of flat terrain on the Towpath Trail. Helmet and bike lights required. Century Cycles Bicycle Shop.(800) 201-7433

Saturday - Sunday, 6/4 - 6/5. 4th BOB HART MARATHON RIDE. Ride from Cleveland to Chautauqua, NY and back 300 miles total. Sag support. Proceeds benefit the Cleveland Arthritis Foundation. Bob Hart; 15700 Van Aken Blvd. #11; Shaker Hts., OH 44120. (216) 921-1930. RHart70390@aol.com

Sunday, 6/5. OHIO STATE TIME TRIAL CHAMPIONSHIPS. Akron. USCF time trial for Cat. 2-3, 4, 5; Women, Masters, Juniors. www.summitfree wheelers.org. George Liolios; 112 Pinehurst Dr.; Munroe Falls, OH 44262. (330) 688-1883.

Saturday, 6/11. 3rd CITGO MOHICAN MTB 100/100K. Perrysville. One full 100-mile or 100K loop. OMBC XC, ultra-endurance event. Mohican/Malabar Bike Club. PO Box 97; Butler, OH 44822. (419) 989-0239. www.ombc.net

Sunday, 6/12. SUNDAY IN JUNE. Middlefield. Routes of 10/25/50/62/100 rolling miles. A full-service, long-running, classic tour with sag service, route markings, lunch, much more.Cleveland Touring Club. PO Box 1157; Mentor, OH 44061. Bill Maurey: (440) 975-9744

Sunday, 6/19. 3rd OHIO MOUNTAIN BIKE CHAMPIONSHIP SERIES. Loudonville. OMBC downhill race for Expert, Sport, Novice. O/D Racing. OMBC; PO Box 97; Butler, OH 44822. (419) 989-0239. www.ombc.net

Sunday, 6/19. 9th ANTHEM CLEAN AIR CHALLENGE. Cleveland. Fund raiser benefiting the American Lung Association. Urban routes of 15/30/62 miles with full support. New this year: a 5-

mile individual time trial race. Leigh Ann Casarona; American Lung Association; 6100 Rockside Woods Blvd. Ste. 260; Independence, OH 44131. (216) 532-8202. Email: lacasarona@ohiolung.org

Friday, 6/24. GOBA CRITERIUM. Upper Sandusky. Expect over 3,000 spectators. For USCF riders: Cat. 3-4, 4-5. Team Columbus. Tym Tyler; PO Box 438; Granville, OH 43023. (614) 563-3434. www.teamcolumbus.org

Saturday, 6/25. LeBron's King for Kids Bikeathon. 11:00am. As many as 2,000 bike riders will join the NBA All-Star, his NBA friends, and other celebrities to raise money for Akron charities.

Sunday, 6/26. 30th PORTAGE RIVER TOUR. Elmore. Route choices: 10/31/62/100 flat miles. Hostelling International - Toledo Area. Portage River; PO Box 352736; Toledo, OH 43635-2736. (419) 243-7680. patsquire@juno.com

Sunday, 6/26. 10th CHAGRIN FALLS GRAND PRIX. Chagrin Falls. Conducted on the famous Chagrin Falls downtown course with the tough Bell Street hill. Tym Tyler; PO Box 438; Granville, OH 43023. (614) 563-3434

Sunday, 6/26. 5th OHIO MOUNTAIN BIKE CHAMPIONSHIP SERIES. Wooster. OMBC #2 XC race for Expert, Vet Open 36+, Sport, Novice, Clydesdale, Women. Vulture's Knob. OMBC; PO Box 97; Butler, OH 44822. (419) 989-0239. www.ombc.net

Sunday, 7/3. RAIL 'N' TRAIL TOUR Independence. Take a train ride on the Cuyahoga Valley Scenic Railroad to Akron, then ride your bike back 27 miles to the start on the Ohio & Erie Canal's Towpath Trail or race-the-train on the 62 route. Lunch at Stanford House youth hostel. Lake Erie Wheelers. PO Box 26146; Fairview Park, OH 44126. Dan Izuka: (440) 734-5777. www.LakeErieWheelers.org



Cleveland Touring Club
PO Box 1157
Mentor, OH 44061

email: clevelandtourclub@hotmail.com
www.clevelandtourclub.org

JUNE CRANK MAIL

Hello Fellow CTCr's. Please welcome the following new members to our club : **Sarah VanGilder** of South Euclid, **Michael Schmidt** of Willowick, **Mark Salzman** and **Karen Evelyn** of Chardon, **Adrian Hulme** of Mentor, **Guy Stella** of Cleveland Heights, **Warren Kumley** of Solon, **Patricia Seifert** of Avon, **Bill Cloninger** of Chagrin Falls and **Lyn Frank** of Akron.

Jun 5	8:30	MIDDLEFIELD SIJ Shakedown Ride Part Two (25, 50, 62)	Hilly
Jun 12	6:30	SUNDAY in JUNE'05 – CTC's Annual Event in MIDDLEFIELD (10, 25, 50, 62, 100)See website & Crank Mail for details: Snacks, Lunch; Pre-register by mail!	Rolling/Hilly
Jun 19	8:30	CHARDON to Footville (30, 55)	Rolling
Jun 26	8:30	GIRDLED ROAD RESERVATION SOUTH to Chesterland (25, 45, 60)	Rolling/Hilly
Jul 3	8:30	CHESTERLAND—HUBBUB to Burton (30) Russell (45)	Rolling/Hilly
Jul 4	8:30	NORTH CHAGRIN – Independence Day Pickup Ride	Varied terrain

RIDE START LOCATIONS

CHARDON	Rt. 6, Chardon Plaza, parking lot across from McDonalds
CHESTERLAND	HUBBUB, 8005 Mayfield Road, east of Caves Road, in Chesterland
CONCORD WOODS	Take I-90 to Rt. 44 and go south to Auburn Road. Turn left, continue under the bridge and up the hill to Spear Road (flashing light). Turn right. Concord Woods is at the end of the street. 11211 Spear Road, Painesville
GIRDLED ROAD	South Entrance – Take I-90 to Rt. 44 south to Girdled Rd. At Girdled, turn left RESERVATION SOUTH (east) for 2.5 miles to Rt. 608 and turn right (south) for about 2 miles to Radcliffe Rd. Turn left (east) for .3 mile to Girdled Road Reservation which is located on the left (north) side of the road.
MIDDLEFIELD	Cardinal High School, Middlefield, From Rt. 87 take Rt. 608 north approx. .25 mi to Button Street east to North Thompson Ave.
NORTH CHAGRIN	N. Chagrin Reservation – Sanctuary Marsh Nature Ctr. lot; enter park from Rt. 91 south of Rt. 6
NORTHFIELD CENTER	CVS Pharmacy parking lot – south side of Rt. 82 near intersection of Old Route 8 in Northfield
PENINSULA	Deeplock Quarry – 1 mile south of Peninsula on Riverview Road

Dear Frank, Pat, Gloria, Henrietta, Jean, Jane, Mary, Ernie and all my Bikin Buddies at CTC,

I have fond memories biking with you all on Wednesday nights at Chagrin Reservation, "Tour de Tuesdays", XOBA, and training rides along Lake Erie preparing for "Pedal to the Point".

Still have not gotten established with a Biking club in San Diego.....Many of them are geared for "Road Warriors"...and Competition Riders....then there is a group called the "Knickerbikers" who get together on Tuesday nights and ride only 10 miles (not long enough !) and go to eat at a restaurant! I haven't caught one of their Saturday rides yet....and I may join them soon. This has left me "Biking Solo" and here is my account of a Biking mishap I had just days ago.

Many of you know that CYCLING is my favorite form of exercise...San Diego has many streets with BIKE LANES and is a "Bike Friendly" city. And some of you know that I was diagnosed with DIABETES this past February. I am happily finding that walking and biking are helping me manage this disease. I am currently training to ride in the TOUR de CURE Diabetes Benefit ride this Saturday May 21....

I am PRAISING GOD for HIS PROTECTION on my LIFE during my latest training ride on Sunday evening. I was biking in a "bike lane" on a nearby boulevard... approaching alongside a car, when the driver suddenly turned right without using his turn indicator(into my lane) into a gas station. I was trapped between the car and the curb...with my biking shoe's cleats clipped into my pedals. The rear of his car knocked my bike and me to the pavement of the driveway.... The driver was totally oblivious that he had hit me...as he walked into pay cash for his gas... !

Two cars of "Good Samaritans" including a paramedic, who witnessed the mishap, quickly came to my aid to help me up and move my bike so other cars would not run over us.

I was stunned by the accident, but I hobbled over to the driver to talk to him. When I told him that he had just hit me...when he decided to make a right turn without a turn indicator....He reacted with disbelief until I showed him the scratches my bike made on the rear panel of his car. He finally said, " I don't know what to say....would you like to hit me? " as he expressed his remorse. NO, I don't want to hit you....I am a Christian, a Christ follower....I just had to come and tell you hit me and that you must use your turn signals!

I am "Counting my Blessings" as I am left with scrapes, bruises and swelling...By Saturday, I should be really colorful and look like a "real roadie". I am PRAISING GOD that HE PROTECTED me from serious injury or death....As the off duty paramedic drove me home, I realized it could have been far worse: I could have slipped under the car's wheels, have broken legs etc. I am determined not to let one careless driver squelch my enjoyment of biking and plan to get "back in the saddle" today.

If you would like to write me a note of encouragement, I would love to hear from you.....If you would enjoy sponsoring me as I ride in the TOUR de CURE - San Diego raising funds for Diabetes Research.... contact me and I will give you info you need....to send a check or make an "online donation"....pjgalloway@ameritech.net

Missing Riding with Buddies like YOU !
Pamela Galloway

2005

Weeklong Adventures

Utah Parks

May 29 - June 8

www.adventurecycling.org/e51

800-755-2453

Cycle the Columbia Gorge

June 25 - July 1

Cycle Montana

July 16 - 22

Cycle Washington

July 30 - Aug. 8

Cycle the Divide Colorado

August 13 - 19

Cycle Utah

September 3 - 9



Adventure Cycling Association





June 2005 Wheelmen Calendar

Date	Start	Destination	How Far	The etc's
06/05	Oberlin Inn	Norwalk Wakeman	56 32	8:00 starts from now on! for a shorter route
06/09	Nordson Depot	Prolog Meeting	5:30 PM 7:30 PM	A quick 25 or so Meeting, business!
06/11	Spenser Lake	Wooster	57	A different SAT ride
06/12	Wakeman HS	Bellevue Norwalk	62 25	& a return via Milan A Short route
06/19	Findlay	Tiffin	50ish	The first leg of GOBA
06/19	Amherst	LaGrange	54 45	via the long route with a shortcut
06/26	Oberlin	Olmsted Falls Grafton	54 25	

- All Sunday rides will start at **8:00 Eastern Daylight Time.**
- Tuesday rides from Prospect School at 5:30 PM. About 20-25 miles
- Thursday rides from Amherst Parking lot at 5:30 PM. About 25 miles
- Saturday rides from Prospect School at 9:00 AM. About 25-30 miles

We're going to attempt to have a cut-off distance for all Sunday rides. Some of em are listed above. They'll provide a distance of about 20 miles less than the listed mileage and provide a town to stop for breakfast

Western Reserve (Wakeman) High School is about 2 miles west of Wakeman on US 20.



P.O. Box 844 Medina, OH 44258

Contact the following for information

www.medinabikeclub.org

President:	Dave Polcyn	330-723-3831	davepolcyn@zoominternet.net
Vice President:	Dave Ling	330-416-9421	ldbl3000@aol.com
Treasurer:	Glen Hinegardner	330-725-8430	biker10260@aol.com
Secretary:	Lou Vetter	330-725-0441	bikevetter@aol.com

Tuesday Evening Rides

Start at 6:30 pm (Pace: Moderate 12 - 15+ mph) with some exceptions,
such as September when we start at 6:00 pm instead.

Get your equipment ready we're riding. Come on, let's go.

Starting Points:

June	Buckeye Woods County Park	On Rte. 162 just two miles West of Rte.3.
July	Hubbard Valley County Park	South of Medina on Hubbard Valley Parkway.
August	Plaza 71 Shopping Center	East of I-71 at the top of the rise.
Sept	Buckeye Woods County Park	On Rte. 162 just two miles West of Rte.3.

Sunday Morning Rides

Starting at 8:00 am (May to September) and 9:00 am (April & October).

Sunday Starting Point:

The Courthouse Parking Lot at Jefferson and E. Liberty St. just East of Medina's
Historic Square. Drive your car or ride your bike to the start and join the group.

BICYCLE HELMETS REQUIRED ON ALL OFFICIAL CLUB RIDES

CLUB NOTES: Sunday breakfast rides have been sparsely attended so far year. I attribute this lack of enthusiasm to the lack of decent weather. It was nice enough today for a ride to Oberlin with chicken wraps at the Coffee Zone for breakfast.

While on TOSRV I learned that the Michigan Wolverine Cycling Club has imposed a rule to prevent shame being brought upon their club. It's quite simple if not elegant. If you find it necessary to walk up a hill you must remove your jersey. That serves two purposes. One, better riders passing by won't know what club you belong to. Second, it provides incentive to try as hard as possible to ride every hill. I propose we adopt this same rule, we'll be voting on it at our next meeting.

LETTER FROM VETTER:

An a-peeling thought: This might come off sounding like an Andy Rooney complaint but, as you're riding, have you ever noticed those dried, blackened banana peels lying in the highway lately. Have you ever thought about what a waste that is. While the fruit of the banana is great for the cyclist the peel also has lots of nutrients that could be used as well. Oh, not by the cyclist but by countless little critters living in the tall grasses and brush along the sides of the road. They would eat the peel if given the opportunity to do so. It's interesting to me that this topic was suggested at this time because on TOSRV I ate a banana in Circleville and held the peel until I got out of town where there was tall grass growing in the drainage ditches along the side of the road. Yep, I chucked it in the tall grass. So, if you intend to litter the roadways with the peels from the fruits of your laborious ride why not feed it to the small animals who would recycle it in a responsible manner. Thanks Tony, great idea.

The Cure may be hanging in your garage!

MS 150 "Pedal to the Point" Bike Tour
August 20-21, 2005

Register online today at www.MSohiobuckeye.org and save \$10 on your registration fee! Just enter WEB in the coupon code section and you'll see the savings!

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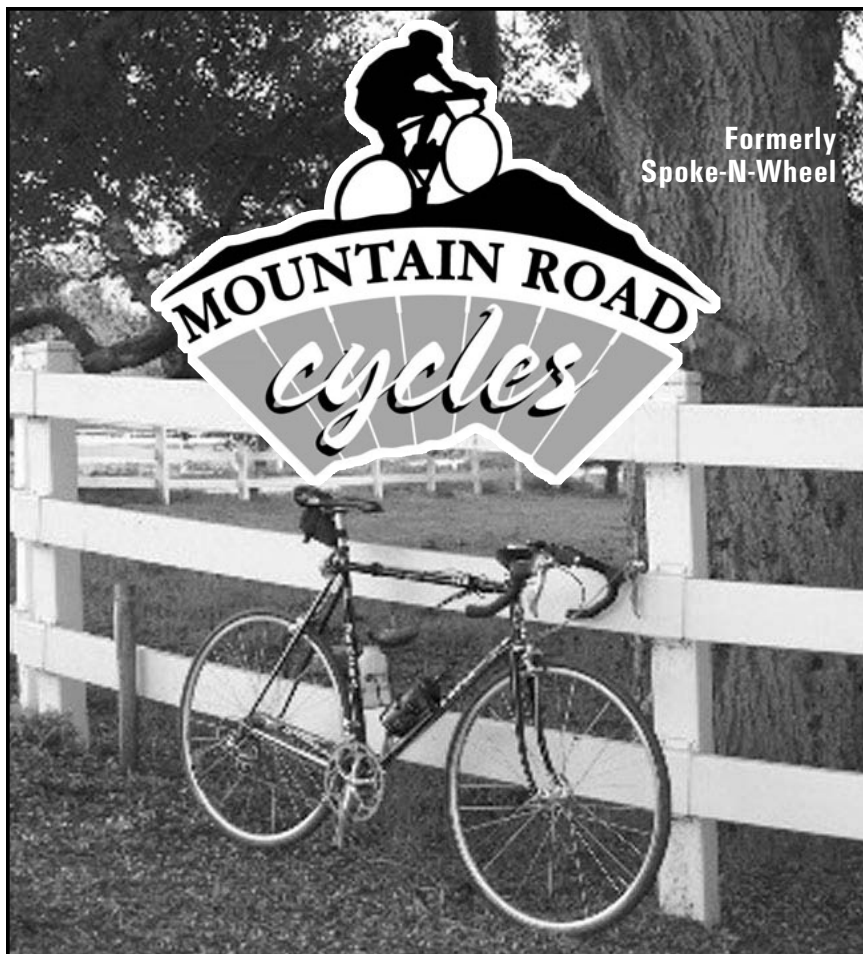
www.MSohiobuckeye.org

More Whiney Bikers: Have the recent developments in bicycle technology softened today's riders? Has all this lightweight carbon fiber and titanium made bicycling too easy. I am a member of the TOSRV group on YAHOO.COM and ever since they started this group it's been whine, whine, whine. Now I have to admit that last year's whine was for a different route to Portsmouth and the leaders of TOSRV changed the route for this year based on the numerous complaints about giant trucks using the same roads as cyclists. The new route is actually an old route used in the early years of TOSRV and I thought it was actually better. Now this year people complained about the "event photos", the showers at Roosevelt Elementary School not working, the double-wide pace lines taking up too much road space, cyclists who failed to obey traffic laws, and cyclists who did not pull over to the side of the road when the call, "car-back" was given.

Good grief! Cyclists have gotten soft. Here we are riding a hundred miles to sleep on a hardwood floor in a gymnasium and people can't figure out how to clean themselves unless the shower works. I stayed at Roosevelt once; you have to get on your knees to take a shower there. The showerheads are only three feet off the floor. Maybe the fact that they weren't working was an opportunity to figure out that washing off in the sink might be a better plan. Also you had a map ride to a different school and shower there. Geesch! I've read that in Ohio it is legal to ride two abreast. From that I infer that a double pace-line is legal and as such should have the same legal right as a car to pass other vehicles, (i.e. Another double pace-line). Cyclists who disobey the laws are subject to the same consequences as cars etc. and will be fined if caught. Lastly yelling "car back" is meant to be a warning to other cyclists that a larger faster vehicle is approaching from the rear and extra caution is advised. It does not mean driver of the "car back" is entitled to additional privileges of the road such as having slower vehicles get out of their way. Having said that, sometimes it is best to get out of the way as opposed to getting run over.

TOSRV (finally a story about biking): The weatherman was correct. He said there was a 75% chance of rain on Saturday and it rained from Columbus to Waverly. That's 75% of the distance on Saturday. I left Columbus at 7:30 am with Joe Dolman, Dick DeLombard and Mark Shupe. Tom was to meet up with us at the lunch-stop. We turned left off High Street beginning the new route and Dick dropped out shortly after that. Joe went back to see if he had "bike issues". Mark and I rode on with me following at a discreet distance. Soon a pace line came by and I jumped on the back. I held on for a couple of miles but then I noticed we were doing 23 to 26 mph. I tried to stay in the pack but the roads were wet and road spray from the lead cyclists was bothering me so I dropped off the back. Then I had second thoughts and told myself I just needed to try harder. So I spent the next mile or two trying catch up and get back in line. I never made it but I was out in front of my group and feeling pretty cocky about it. It was chilly, it was raining and I was riding in short sleeves and shorts. I figured I had to ride as fast and hard as I could so I wouldn't get cold. I rode right by the Circleville rest stop because I didn't want to cool off. This stop is on the route again. In the past, to get to the Circleville stop, you had to veer off course adding about five miles to your ride so many of the riders just passed by going on to Chillicothe.

Coming into Chillicothe I downed a packet of GU Vanilla Bean flavor and a cliff bar. After eating this fuel for cyclists I confidently rode by the lunch stop and headed



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through the hilly section toward Waverly. I was feeling good all the way until some ten year-old and his dad passed me on a hill. I passed them back on the down hill side and overheard dad explaining the dynamics of how I passed them, got passed by them, then passed them again. I think dad is training a future Lance Armstrong. Next I came upon two ladies wearing purple. As I came up next to them one asked how many hills were left. So I told them we were approaching the last one. The other lady was in front and without turning around she said hello and called me by name. I asked, "Who is this that knows who I am?" She explained that she rides our New Year's Day ride every year and she was with her boyfriend the night before when he and I were talking about all our old cycling experiences. Small world isn't it. I got to the rest stop and rested for about twenty minutes before getting back on the bike. As I was leaving I passed Ray Chester coming into the rest area. We each said a quick hello and kept on riding. The rest of the ride was uneventful except for one new experience. At one point I could see a long distance ahead and there was no one in sight. I looked back and again there was no one in sight. Oooo, spooky.

I arrived at Tracey Park about 2:30 pm. I parked my bicycle, got a beer and a hot dog from Miss River Days then waited for the guys. My sister was going to let us, all five of us, use her new house for the night. This is plush by TOSRV standards so we were all anticipating a good nights sleep. At least I was, I'm the snorer of the group. My sister Diane found me and then Tom and Mark arrived so we decided to get started moving our gear to the house. After that my sister and I started looking for Joe and Dick to get them moved into the house. We missed them at Tracey Park but did find them back at the school and got them moved in as well. After showering we headed out for dinner in automobiles. Our destination was the Pizza Pub. Pub is a key word here. "Pub" is an old cycling term that means we serve beer. They also had pasta dinners. After dinner we were given another treat. My sister had set up a TV with VHS so we could watch a video before going to sleep.

Sunday we had the car to drive our gear back to the trucks. Then we started riding back to Columbus. Joe is the strongest rider and led a pace-line for 25 miles. Then I took over for the last five miles before the Waverly rest stop. Tom and I entered but then discovered Mark, Joe and Dick had gone on. They just didn't feel like dealing with a crowded rest stop that to reach required ascending a long flight of stairs. Tom and I passed by them as they were resting but didn't know it. Next, we were joined by Bruce Ward and Donna Graham on the first hill of the hilly section. I was dropped on the uphill side each time and caught up in the flats or down hill sides. Finally we descended "school house hill" and I got out in front and stayed there. I was the first one to the lunch-stop. Tom showed up with Bruce and Donna then Joe, Mark and Dick came in also. We all sat and ate. Pretty soon Tom wanted to get his car loaded up since this was his start and finish point. He asked if I wanted to put anything in the car. After putting my jacket and heavy bag full of tools in the car I took off for Columbus.

After a brief rest in Circleville, I left with a forgotten banana in my back pocket. Before leaving town I found the banana and ate it. The rest is history. About six miles from the finish I caught up with a young couple from the Westerville Cyclists Club and rode into Columbus with them. I finished at 3:10 pm and Tom had already loaded my bag in his car. After I got my certificate of completion we loaded up the bike and headed for home. We had a great time.

**Earn A Bike programs
Used bikes for sale
Bike education
Membership
Fun tours**



**Mondays & Thursdays 4 - 9
Tuesdays & Fridays 1 - 6
Saturdays Noon - 4
(Open group ride Saturdays
10 - noon, any weather)**

**1823 Columbus Road, Cleveland Ohio 44113
216-830-CO-OP (2667) www.OhioCityCycles.org**

The OCBC is a non-profit, member-run bike education center that fosters Earn A Bike programs where kids earn donated used bikes, with helmets and locks, while learning bike safety skills. Members can use the shop, and earn parts and bikes by refurbishing the used bikes we sell.

News:

The OCBC still feels relatively new to those of us who were present at the conception, so it's always surprising to be treated like we're older. Periodic requests for advice from similar groups elsewhere remind us of our own (still active) search for "best practices", so it was flattering to be asked to speak at the Bicycle Education Leadership conference that the LAB held in New York recently. The folks there seemed to like our three R's — and the three L's, S's, C's, and B's — and agreed that we could use a mnemonic to remember our mnemonics. A summary of that conference may be forthcoming.

That experience made the following week's usual chaos a bit more challenging: new board of trustees' issues, many new education programs, and another attempted break-in made riding a cheap rental bike in Manhattan traffic *really* seem like a vacation. Growing pains are to be expected, but they aren't supposed to start while the kid is still in diapers, are they? Crap everywhere, and endless whining... But, then, "someday we'll look back on all this... and ride into the back of a parked car."

Upcoming events:

Parade the Circle on June 11th is the kind of thing we do for fun, but this year, besides pedaling a school of cycle-fish, we'll be staffing a **Free, secure valet bike-parking area** for the event. So if you're going to take in this gem of Cleveland culture, you can leave your car at home, instead of a mile down MLK on the curb.

Volunteering for **CTC's Sunday in June** is the kind of fun thing we'd like to do more of, with more volunteer help. We'll be staffing the rest stop in Mesopotamia, so be sure to stop and get some of the three L's with your oranges and Gatorade.

Members' special:

All memberships now come with a free bike check-up: the 15 minute, \$10, safety-check-plus-lube-and-adjustment deal made famous by our Spring Bike Check-up event. This has always been included with every co-op bike purchase, as a way to make sure our bikes keep running well at least through their three-month trial membership. It just makes sense that all members get the same deal, so now new members can use it on an old bike, old members can use it on a new bike, or, if you don't have a bike that needs it, you can drag someone with a squeaky bike in off the street and use it for the good of society. This is only done when we're open to the public (Mondays, Thursdays and Saturdays), and only while-you-wait, as we want you to watch and learn how to do it yourself the next time your bike needs L's.

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Cleveland Bikes

Bike to Work A Success

ClevelandBikes Bike to Work Program kicked off on May 20th and will continue throughout the summer and into the Fall, the last Friday of the each month. A crowd of 30+ commuters descended on Public Square between 8 and 8:30 and were treated to free bagels and Starbucks coffee. Have some fun on your way to work for a change! For more information go to **www.ClevelandBikes.org**, and click on the link for "Bike To Work" or contact Brendan McNamara at **ClevelandBikes@hotmail.com**.

ClevelandBikes to Participate in Towpath Extension Planning

James Corrigan, Government Relations Officer with the Cuyahoga County Commissioners has approached ClevelandBikes about adding our perspective to the proposed extension of the Towpath Trail into Downtown Cleveland. ClevelandBikes will tour the area with representatives from the County Commissioners to learn more about what is being proposed.

Cuyahoga County is engaged in a major initiative to secure funding to complete the final 6 miles of the Towpath Trail along the Cuyahoga River bringing it from its current terminus in Independence all the way into Downtown Cleveland through the flats. This would allow the 2 million plus users, many cyclists, to ride all the way into Downtown Cleveland. It would effectively connect many of the neighborhoods south of downtown allowing people who currently could not consider a cycling commute to now ride their bikes into downtown Cleveland.

The County Commissioners under the leadership of the County Planning Commission feel strongly that completion of the trail, would effectively change the culture of Cleveland for the positive and get more people on bikes coming into downtown.

IMBA Signs Breakthrough Agreement with National Park Service

Submitted by Mindy Kuth - Ohio IMBA representative

The International Mountain Bicycling Association (IMBA) and the National Park Service have just signed a new five-year agreement. For the first time, National Park Service leaders in Washington, D.C., have formally recognized mountain biking as a positive activity, compatible with the values of our National Park system. "This agreement represents a true breakthrough for mountain biking," said IMBA Executive Director Mike Van Abel. "It opens the

door for individual park units to partner with mountain bikers and investigate new riding opportunities on a case-by-case basis”.

This agreement does not mean that the National Park System is opening up single-track trails to mountain bikes, however it does mean the potential opportunity for new access to hundreds of dirt roads in National Park units that have been closed to bicycling. National Park Service rules require a lengthy process to open singletrack to bicycle use. With this new agreement, appropriate dirt roads may be opened with a more straightforward administrative process.

While mountain bikers shouldn't expect a revolution of new singletrack in National Parks, the partnership signals an encouraging direction for the future. With enhanced communication and cooperation between IMBA and the National Park Service, mountain bikers can anticipate that cycling opportunities in National Park units will continue to improve. Visit www.imba.com for complete details.

UPCOMING EVENTS

Bike Mentoring Program

Don't forget to sign up to become a Bike Mentor! Go to **<http://www.crankmail.com/bikementoring.html>** for more information.

VOLUNTEER OPPORTUNITIES/CAN YOU HELP? /MEMBERSHIP

ClevelandBikes Volunteer Opportunities

ClevelandBikes is looking for volunteers that have a passion for different aspects of bicycling. Whether you are looking to help clean-up the roads, work within your own community or help us design graphics for our website or information materials, there may be the perfect opportunity for you to get involved in bicycling advocacy. Please see the list below or contact Brendan McNamara **clevelandbikes@hotmail.com** if you have a particular interest. We need you!

- § Assist in the efforts to get bikes on the RTA!
- § Help your city/town with infrastructure changes including road improvements & repairs, bicycling friendly signage, attend City Council Meetings & follow the Legal Notices for key meetings.
- § Help us to design graphics for our print materials and website redesign including a new ClevelandBikes brochure & logo.
- § Research innovative bicycle friendly practices in other cities to improve Cleveland/Northeast Ohio practices.

ClevelandBikes Annual Meeting

Monday, July 11th, 6:00pm, Baker Hostettler, 1900 East 9th Street. For more information email us at **clevelandbikes@hotmail.com**

Renew Your ClevelandBikes Membership for 2005

To renew or set up a new membership go to **www.clevelandbikes.org** and click on the donations link, you can pay through Pay Pal, most of the major credit cards and e-check is accepted! In addition, your dues are tax-deductible. Each membership includes one year subscription to CrankMail: The Voice of Cyclist in Northeast Ohio

STUDENT \$15 – for persons enrolled in school fulltime

BASIC \$30 – entitled to participate in all ClevelandBikes Programs

ADVOCATE \$50 – members are entitled to participate in all ClevelandBikes Programs and have voting privileges

CHROM-MOLY \$100 – donor level with voting privileges

CARBON FIBER \$250 – significant donor with voting privileges

TITANIUM \$500 – outstanding donor with voting privileges

Founding Membership \$1000 - Lifetime membership

Contact ClevelandBikes at **www.clevelandbikes.org**, or write/email: Rob Schwab, **rshwab@hotmail.com**, ClevelandBikes 2992 Monmouth Rd. Cleveland Heights, Ohio 44106 for more information on membership.

Hancock Horizontal Hundred Sunday, Sept. 11, 2005 Hancock Handlebars Findlay, Ohio

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contact: Mick Gould

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mgould@bright.net

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Registration cutoff will be Sept. 1, 2005.

Fees: \$18.00 early registration

\$22.00 postmarked after July 23

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(discounted on-line registrations available)

Sorry, no day of ride registration

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COME WITH YOUR "WEDGIE" UPRIGHT BIKE,
OR NO BIKE AT ALL. BUT BE SURE TO ASK AS
MANY QUESTIONS AS YOU CAN THINK OF (WE
LOVE TO TALK ABOUT OUR COMFORTABLE,
FAST BIKES!).**

The Hydraulic Bike

There's a company in the eastern suburbs of Cleveland called Parker-Hannifin who manufactures hydraulic equipment. Parker-Hannifin had an idea to sponsor a competition among 10 Universities who have P-H sponsored mechanical engineering laboratories, to design a hydraulically powered bicycle, or more precisely, a human-powered, hydraulically actuated bicycle. Cleveland State University, where I work, is one of them. Prof. Will Atherton spoke to me about the project. Five students in a senior design sequence taught by Prof. Edward Keshock have responsibility for the design and building of the bicycle. P-H is hoping to tap a potential new market and the Mechanical Engineering Dept., a possible joint venture.

A hydraulic system requires 3 parts: a pump to convert mechanical energy into fluid energy, compressing a fluid, an accumulator to store that compressed fluid energy, and a motor to convert that fluid energy back into mechanical energy. A chain-driven bicycle, the one most familiar to us, is 98-99% efficient. A motor is about 90% efficient, as is a pump. Multiply the two and you get a system with perhaps 80% efficiency. Why bother with hydraulics, you ask? 'To store the energy that would otherwise be lost when you come to a stop, say on a downhill with a traffic light at the bottom', replied Prof. Atherton. 'With a chain-driven bicycle, all that downhill energy is lost to braking. With hydraulics you can store most of it, to help you start up again'. Which is why the project is called human-powered. You, the cyclist provide the power; the hydraulic system conserves some of that energy and releases it when you need it.

You won't see an exotic vehicle coming out of CSU's program. Eschewing this approach, the students are pursuing a conventional upright bicycle frame with a hydraulic pump replacing the crankset and a motor replacing the rear hub. An Accumulator, essentially a series of tubes 2"-3" in diameter and 18"-24" long, where the pressurized fluid is stored, will be attached to the bicycle frame. Originally the students had toyed with the idea of using the bicycle frame itself as an accumulator, but the demands of compressed fluids would have required heavy, thick tubing and the resulting bicycle would have exceeded the 50# limit, beyond which, the students have decided would make the bike impractical. They intend for it to be significantly lighter. They also intend for the fluid to be biodegradable.

Of the 5 students: Matt Duncan, Joel Warren, Nick Mandic, Melina Huller and Theresa Odum, one, Matt Duncan, is a cycling enthusiast and serendipitously works at a machine shop which is allowing him to build the bike on their refined machines. The students expect to have a prototype ready by July and to refine the design based on testing done that month. The contest will be held on August 8-9, one of which days will see a 2-lap competition on the hills of Brecksville Metropark, followed by a flat road drag race. The prize will be \$10,000.

We'll keep you informed of the details of this competition, with the hope that it will be open to the public so that you might be able to enjoy seeing the fruits of these students' labor.

Marty Cooperman

Hey Cranky.....

We are going on a family vacation and I refuse to let my husband bring his bike. I would, however, like to buy him some good books on cycling, any ideas? - Francine

Dear Francine, that is a very good idea. There is a time for cycling and a time when the bike should be left in the garage. Turning some pages instead of your crank is an excellent compromise. However, the number and types of books on cycling is as varied as the types of cycling and cyclists, it would have helped if you had narrowed it down some. Let's start with some obvious and see where it goes.

If your vacation is in July, I hope you have access to a TV with cable or your husband is going to be spending his mornings in Internet cafes listening to the live feeds of the Tour de France. The short write-ups in USA Today just won't cut it. If not, here are several books to keep him off the Velonews website. The Tour celebrated its 100th anniversary in 2003 and the Official Tour de France Centennial 1903-2003 may be better than watching the tour live. It captures the grandeur, agony, adventure, raw suffering, and historical sweep of the world's greatest sporting event in both prose and photos. Its oversized 359 pages is a tribute to 100 years of the most intense competition in sport. It is a resource that will be referred to years after this summer is over.

Another centennial Tour book is the photographic tribute, *Le Tour* by Jeremy Whittle. It too captures the essence of this supreme event, though not in as much detail as the Centennial. The photographs of the luminaries both on and off the bike and the images capturing the spectacle of the tour are a delight.

For pure visual enjoyment the *Landscapes of Cycling* is a must. Graham Watson has been taking the most artistic, beautiful, and evocative images of pro cycling for decades. Capturing the saga of professional racing against the backdrop of arguably the world's most scenic countryside is the magic of Graham Watson's

On the lighter side, Bob Roll's *Tour 'day' France Companion*, could be titled *Le Tour for Dummies*. Bob combines his first hand knowledge, excellent insight, and quirky humor to create an informative and enjoyable read with an uncanny knack at explaining the complexities of *la grand boucle*. The chapter title 'A Fine Fast Madness' describes this book to a tee.

Let's leave the drama of pro cycling for the drama in a hot new thriller; this is summer reading after all. *Kill the Messenger*, by prizewinning author Tami Hoag delves into the dilemma of a Los Angeles bike messenger on the run after picking up a package from high-powered attorney who is subsequently murdered. The fast-paced story is only partially about cycling but still a good read.

This is to be a family vacation right? So what are the kid's going to read? *A Forgotten Champion*, a short story of Marshal "Major" Taylor by Mary Wilds, may inspire the young teenagers of your family. Major Taylor was a black American



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cyclist who dominated the sport at the turn of the last century and was at the time, the most famous and most celebrated athlete in the world. David Shannon's *Duck on a Bike* is the story of a barnyard duck that gets the silly idea of taking a bike for a ride. The other animals react disparagingly and make their opinions known until a group of kids all leave their bikes laying about. This book is suitable for 4 to 8 year olds.

Now I'm not casting aspersions but another book that caught my eye was *Heft on Wheels*. Mike Magnuson tells the story of his about face change of lifestyle, going from a 250-pound beer quaffing sports fan to a not exactly svelte but competent 173-pound cyclist. *Heft on Wheels* in an honest, humorous, engaging and revealing story of that journey.

Other good summer reads are travelogues and cycling has no shortage in this genre. *Miles from Nowhere* describes Barbara and Larry Savage's two-year, 25 country world tour. The quality of such a story lies in the skill of the writer: what is emphasized and how anecdotes are revealed. Barbara is an excellent storyteller.

What do Samuel Becket, H. G. Wells, Henry Miller, William Saroyan, Mark Twain, Aldous Huxley, D.H. Lawrence, Ernest Hemingway, Dylan Thomas, Sir Arthur Conan Doyle and Bob Roll have in common? They've all used the bicycle in their writing. *The Literary Cyclist* is a compendium of excerpts from novels, short stories, and non-fiction exalting the bicycle or bicyclist. As Dan Ford of the *American Wheelmen* said best, 'every thoughtful cyclist should have a copy'.

Enough of this artsy fartsy stuff, *Atomic Zombie's Bicycle Builders Bonanza* is an illustrated guide, with detailed step-by-step instructions of how to build cool, creative, or zany custom bicycles. If you are a bicycle tinkerer and what to advance to the next level, this book will provide many ideas and much advice. Ever wanted an all-terrain mountain tandem or a two-headed winter bike? This book will tell you how to build them.

If it is technical you want, then there is no better resource than *Bicycle Science* by David Gordon Wilson, a professor of Mechanical Engineering Emeritus at the Massachusetts Institute of Technology. Imagine yourself back in high school health class and that nerdy Physics teacher nobody likes enters the classroom announcing he'll be the substitute for the rest of the year. Or better yet, imagine a giant particle accelerator that you can place your Physics 101 and Introduction the Health Science textbooks in and spin them in opposite directions in a huge magnetically guided circle at speeds approaching that of light and smash them together to see what results. This is a primarily a physics book and emphasizes the mechanics of the machine, however, the chapter on Human Power Generation is an excellent review of the physiology of cycling. Though technical in the extreme, this book is still valuable even if your eyes glaze over at the thought of differential equations. The introduction on the history of the bicycle is concise, informative, and almost worth the price of the book. The beginnings of each chapter are at an introductory level and provide valuable information that can be used to understand, if not improve, your cycling. If your eyes don't glaze over at the thought of differential equations, this book is for you but then, what the heck are you doing reading CrankMail?

Yo, Wheelers!

If you haven't been out yet you are missing a great time. Sunday turnouts are the largest we have had in the past few years. The Over-The-Hill group is always there for those, who don't feel like pushing to the max.



One of the reasons for such large turnouts can be directly attributed to the spinning classes a the "J". Even the spinning instructor, Terri Lurie, is now riding with us. Think about spinning the next time the weather makes riding unpleasant.


Our long time member, John Stork, has been doing an outstanding job on the weekly ride maps. They are highly professional and can be down loaded from the Club's Website at WWW:Westernreservewheelers.com. Check the Club website for ride schedules and other related club activities.

Wednesday evening rides have resumed. Wednesday riders start at 6:30 P.M. from the parking lot of the American Tavern at Brainard and Miles Roads. I hear that this is a really fun group that stop at the American Tavern after the ride.

May the wind always be at your back.

Ed Reicheck



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LEW Club Weekend & Holiday Ride Schedule

June 4 9:00 Women's Ride: Olmsted Falls to Oberlin - 50 miles.
June 5 9:00 Valley City to Wooster - 80 flat miles.
June 12 9:00 Sunday in June (contact CTC for details) - 10/25/50/62/100 miles.
June 12 10:00 Bike Path Series: Elyria to Kipton via North Coast Inland Trail - 28 mi.
June 19 9:00 Clean Air Challenge - Burke Lakefront Airport - 62 miles.
June 26 9:00 Hinckley Reservation to Wooster - 70 miles.

Weekday Rides

Tuesday Evenings – Short, slower (C-pace) rides starting from the parking lot behind the Fairview Park Post Office at West 220th Street & Lorain Road, 6:30 p.m., weather permitting. Usually 10 to 18 miles in length, these are recommended for beginning and slower riders. For details call Greg James at 440-331-9419.

Wednesday Evenings – The “Mod” (Moderate Pace) Rides will leave from the Olmsted Falls Public Library lower parking lot at 6:30 Wednesday nights, weather permitting, of course. These qualify as B rides, with distances varying from 20 to 40 miles, and will be led by Marc Snitzer and Greg James. For more information, contact Marc Snitzer at 440-236-3017, e-mail at msnit@juno.com, or Greg James at 440-331-9419 (email at clockwerke@aol.com).

Regular Club Wednesday Evenings – Moderate to fast pace, 20-30 mile rides starting at 6:15pm (meet at 6:00pm) from the parking lot of the Spin Bike Shop in Lakewood at 14515 Madison Ave. (two blocks east of Madison & Warren), weather permitting. For details, contact Doug Barr at 440-734-1715 (ospdoug@aol.com).

Weekend Club Rides

In the interest of looking out for the well-being of club members and guests, each ride will have a Ride Leader, who volunteers for the month, and a defined pace. Their responsibility is to keep the main group at that pace, and ensure that no riders are left behind. All riders must wear an approved helmet. The ride pace levels are as follows:

The Ride Leaders for June is Tom Meara and July, John Clay & Eric Overton. If the scheduled ride for any given date is an invitational, or starts outside the tri-county area (Cuyahoga, Lorain, Medina), a pick-up ride will start from Olmsted Falls East River Park at the normal start time for the month.

The 9th Annual Anthem Clean Air Challenge

The Lake Erie Wheelers has decided to support the Anthem Clean Air Challenge, sponsored by the American Lung Association and Bike Authority, by making it the focus of the June 19th ride. LEW will have a table at the event, which will include four bike tours (6, 15, 30, or 62 miles) and a Community Health Fair, among other offerings. For further information contact the American Lung Association at 216-524-5864, or online at www.cleanairchallenge.com.

The 2005 Women's Rides Series

In order to provide as many opportunities as possible to ride amongst bicyclists with common interests, we are please to announce the return of the *Women's Rides*, which will be held on the first Saturday of each month, from April through October. Bonnie Vargo will lead these rides, at a C or B pace, from various starting points. For details, please contact Bonnie at 216-226-5918.

The 2005 Ohio Bike Path Series

This year we are proud to continue the popular Ohio Bike Path Series, conducted entirely on bicycle paths or all-purpose trails, supplementing the regular Sunday rides. These will usually be held the second Sunday of each month, from May to October. Last year we drew many members, their families, and some guests. We hope to attract new riders unused to riding in groups, folks uncomfortable riding on roads and competing with motor vehicles, and seasoned riders out for the pure joy of riding with friends.

These will be "C" level rides, beginning at 10:00am, with a stop for lunch. All riders must wear a helmet and be club members, unless a signed signature card is obtained in advance. All children under 16 must be accompanied by an adult.

The Ohio Bike Path rides, distances, & Ride Leaders, for the early 2005 Season:

June 12 Elyria to Kipton via North Coast Inland Trail, 28 miles, Stephanie Moster
July 10 Edgewater Park to Euclid, 30 miles, Richard Edmister

The Rail 'n Trail Bicycle Tour 2005

Ride the Cuyahoga Valley a new way: half on the Rail & half on the Trail. Sunday, July 3rd marks the Lake Erie Wheelers' Second Annual Rail 'n Trail Bicycle Tour. Board the Cuyahoga Valley Scenic Railroad at Rockside Station at 10:00am, where attendants will load your bike onto the baggage cars. Once on board, riders may view the scenic Cuyahoga Valley National Park from the comfort of the passenger cars as the train transports you and your bicycle to North Station in Akron, arriving at 11:45 am. Upon arrival, snacks and refreshments will be provided before your journey begins.

The ride begins at North Station and proceeds down a marked bike lane to Mustill Store, the newest restored building and museum along the trail. From there, riders begin their journey on the Tow Path back to Rockside Station. After 15 miles on the towpath trail, you may divert to the historic Stanford House Youth Hostel in Peninsula, to stop for a homemade spaghetti lunch. With plenty of carbs to fuel *your* engine, it's back to the trail to ride the final 12 miles to Rockside Station.

The Rockside Station is located on Rockside Road, about 1/2 mile west of Canal Road, across from Lock Keeper's Restaurant. Riders are requested to arrive between 8:30 and 9:30am to pick up their pass and meal ticket, and load their



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bicycles. *Please be early!* The train departs at 10:00am. The price of admission, which covers the ride, snacks and lunch, is \$29 for adults, and \$25 for children aged 10 years and under. For experienced riders who prefer a more traditional road ride, this year we have a metric century (62 miles) "pavement only" option; admission is \$19 per rider. For more information, please contact Greg James at 440-331-9419 clockwerke@aol.com.

LEW Touring Division News

The Lake Erie Wheelers are interested in attracting members who have are enthusiastic about touring, overnight and otherwise. Anyone interested can contact Tom Meara at 440-777-2563, or email him at tdmeara@wowway.com. Volunteers are needed for Ride Captains. Planned overnight tours for the middle 2005 Touring Season:

Tour Destination	Date	Ride Captains
Malabar Weekend	June 18, 19	Tom Nezovich
Punderson State Park	July 16-17	TBA
Kelley's Island State Park	Aug 13-14	TBA

Starting locations and times TBA. Rides are RSVP; please notify Tom Meara promptly to be included. Prospective riders are expected to be physically fit, properly attired & equipped, with bicycles suitable for the routes in question (and adequately maintained).

The 2005 LEW Club Picnic

The annual club picnic was a traditional event, previously held in July or August. We have successfully revived this tradition for the last two years, and plan to continue it this year for the benefit and enjoyment of current members. The LEW Club Picnic will be held on August 7th at Jim Boland's residence in North Olmstead, and will begin after the rides. The start point for both the regular club ride (to Brecksville) and the Bike Path Series ride (to Everett Road) will be the small, unmarked parking lot on Cedar Point Road, just west of the Rocky River. Volunteers may be needed to help; if anyone wishes to volunteer, please contact Dave Schneider or Dan Izuka.

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Wanted: used bike trailer. A recent additon to our family wants to get out on the road. Call Dale, 216-433-5399.

BIANCHI EROS Women's 650c x 49cm, Forest Green, Campagnolo Mirage triple crankset and 8-spd. cluster, like-new, low mileage. Includes Cateye computer, Blackburn rear rack. \$500. **RALEIGH C500 Cross Bike**, 15/xs silver, Rock Shox Metro XC, aluminum

suspension seatpost, Shimano Deore 9-speed derailleurs and triple crankset, like-new, low mileage, includes Avenir Rear Rack. \$350. Call: (440) 877-0372.

Quintana Roo Kilo, 55 cm, Ultegra 8 speed w/Grip Shift, Hugi Hubs w/ Mavic CXP 12 Rims (650), Computer, Syntace Aero Bars, Jettream Aero Bottle, Extra Set of Wheels, Like new, \$700, 440-376-4700

Are you an **experienced bike mechanic**? Come work on the most exotic equipment in the area. Start immediately. Call 440-546-9966 or e-mail BikePro@BikeAuthority.com , ask for Sherman.

Expires June 2005

Bianchi Eros 2000. Traditional Color, Made into a Hybred Bike, Cat Eye Wireless, Quick MTX Track Bag, Speed Play Pedals w/shoes 43.5, complete tune up. \$700 or best offer. Barb 440-933-9632 or tobaimes@comcast.net.

Bridgestone road bike, Model 550; 25" steel frame, Mavic Open-Pro wheelset, 9-speed cassette, Ultegra hubs. \$500 o.b.o. **Koga-Miyata Exerciser** road bike; 23" frame, Araya rims, sealed hubs, 12 spd. \$300 o.b.o. **Campagnolo Record** Hi-Flange hubs; one hardly-used loose front; one built rear. \$150, or will separate. Campagnolo Nuovo Record rear deraileur - 70's vintage - \$50. John Ludway, 216-291-8459.

Bianchi road bike, red, 51cm. 16spd Dura-Ace equipped, STI shifters. Very good condition. \$400. Cyclops training rollers. \$20. Bike storage rack, holds 2 bikes \$15. (330) 650-2153.

Collectable Cruisers: Three single-speed bikes with fenders. All in good condition. **Schwinn Heavi-Duti**, bright yellow; **BF Goodrich** (Schwinn) girl's, all original; **Friderich's** (Cleveland built) girl's bike. 216-229-6058.

Expires June 2005



Century Cycles



Night Rides on the Towpath!

Join Century Cycles for our free Night Rides!
We meet at Century Cycles in Peninsula at 8pm.

Saturday May 14

Friday June 3

Saturday July 9

Friday August 5

Saturday August 27

Friday September 16

Saturday October 15

Bike to Work Days!

Friday May 20

Friday June 24

Friday July 29

Friday August 26

See www.ClevelandBikes.org for information and updates

HELP WANTED – if you love bicycles, you may be a perfect fit to join the Century Cycles team! We are always looking for fun, energetic people. Full or Part-time. All experience levels will be considered. Have fun at work! Contact Mike Petcher – petch@CenturyCycles.com with your interest and availability.

www.CenturyCycles.com

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