
CRANK MAIL

October 1999

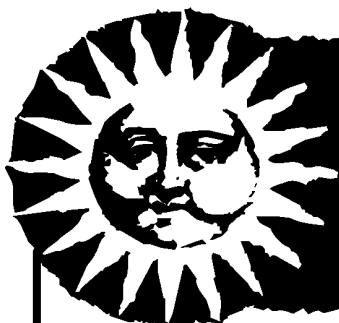
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*“By the pricking of my thumbs, something wicked
this way comes.”*

Macbeth, Act 4 Scene 1, by William Shakespeare

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Gossip

Old-timers in the Cleveland bicycle racing community may remember former **Cleveland Wheelman Greg Bragiel**. We first met him at the wonderful **BikeAmerica** festival back in the early eighties (?). Greg was handing out cards to fellow bikies telling them to visit his dental office. We visited him at his North Royalton practice for nearly all of the years since. As the patient would lay back in the chair and stare at the ceiling, there was actually something other than acoustical tile to look at. Dr. Greg had thoughtfully **decorated the ceiling** with photographs from his many adventures motorcycle camping, hiking, mountain climbing (he has a lot of outdoor interests). In love with the Alaskan outdoors, Greg recently announced the **sale of his practice** and his **move to Alaska** where he will now work and play. Now we have to find a new dentist and that's like pulling teeth. You know the drill — filling the gap in your life left by the loss of a good dental practitioner extracts a good bit of effort. Gritting our teeth, brushing and flossing daily, **we'll think of you**, Greg, enjoying life in the beautiful Alaskan wilderness, then **we'll gargle and spit**. Congratulations, Dr. Greg, on making your dream come true, and best wishes for a happy future there!

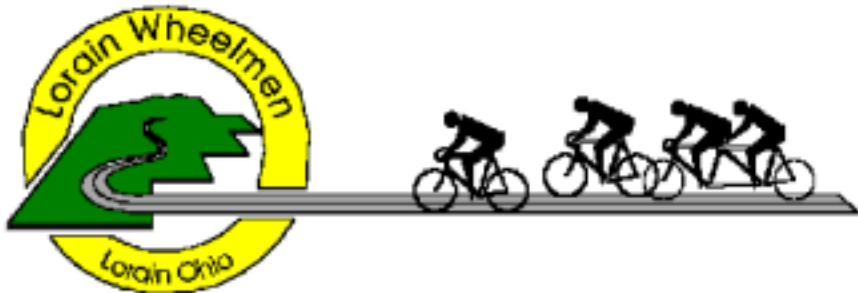
For the most part, we would rather buy **energy bars** to use as emergency road **patch kits** (with the notable exception of Clif Bars). **She Who Must Be Obeyed**, however, likes sports beverages and energy/nutrition bars and recently saw the new product, **Luna Bar**, by the makers of Clif Bars. They're supposed to be **nutritionally-balanced** for the **estrogen-enhanced** (women). The sales fella at Century Cycles said that he tried Luna Bars and liked them. He said that since sampling them

he was feeling **more in touch** with his **sensitive side**. So She bought a handfull of Luna to try. Luna's 170 calories, soy protein, 22 vitamins & minerals, calcium, and folic acid aside, She loves 'em. **Says they're the best thing yet!** Except for the Trail Mix which sucks. These things are a matter of personal preference, however; **your results may vary**. That's our product review for this month.

Lots of folks will remember Kevin Alten, formerly of the former North Olmsted bike shop **North Coast Cyclery**. Kevin's found a great day job with a major national retailer based in Cleveland but he **still loves working on bicycles**. So, he has created **Kevin's Bicycle Specialties**, a mobile bicycle repair service where he brings his shop to your house to repair/tune-up your ride. For more information and to schedule an appointment, call Kevin at (440) 323-3544. Just keep those greasy paws off the daily sales reports, Alten, yer smudgin' the ink!

Recently we heard about a cyclist being pulled over by a **cop in North Olmsted**. The bikie would have been cited, but the cop got called away **on an emergency**. Details are sketchy but the talk we heard seemed to indicate the officer was enforcing a **little-known, rarely-enforced** city ordinance. Could it be **the one that prohibits cyclists from riding in the street** if there's a sidewalk or path running along side? Or the one where, if you are riding in the street because there's no path, **you have to walk your bike through every intersection?** Is this still the law in N.O.? If it's on the books, **a bad law can be enforced at any time**. Know anything about that ordinance? Know about the incident in question? Is this the return of the Lake Erie Wheelers' "Dirty Harry?" Let us know: crank@crankmail.com. **If you live in North Olmsted**, you might want to check with your councilmember and see what can be done!





October

Day	OCT	Starting Point
Sunday	3	Amherst Powers
Sunday	10	Amherst Powers
Thursday	14	Nordson Depot - Meeting
Sunday	24	Oberlin Inn
Sunday	31	Oberlin Inn – Club Red Flannel
Sunday	11/7	Red Flannel – member work day

Tuesday night rides are still on at 6:00 PM from the Oberlin Inn. **Thursday** night rides will also start at 6:00 PM from the Oberlin Inn **EXCEPT** for meeting night (10/14). That one will depart the Depot at the usual 6:00 PM

The evening rides are really going to get short because of darkness. If you can ride during the day, give Frank or Clyde a call. Either of them are usually game.

I hope everyone has been having a good summer. Now that fall is upon us, the days will get shorter and a little cooler. The evening rides will continue as long as folks show up to ride and the light holds out.

I haven't been able to ride as much as I would have liked. Hot summers keep me pretty busy at work. I'm hoping to get out more now that fall has arrived.

Look for entry forms soon on the "guess Frank's mileage" game. Maybe we'll even have prizes!

See ya soon on the road ... ride safe. — Daryl



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Ride Schedule

October 9-11		YOUGHIOGEHENY TRAIL TOUR by LEW touring division
October 10	9:00 am	Oakwood to Peninsula — 40/60
October 17	9:30 am	Fall Color Ride – CTC & LEW ride – start in Richfield – Call Eric & Diane Schultz at 330/659-3274 for start locations.
October 24	10:00 am	Mike Woods Surprise Birthday Ride (and rescheduled club picture ride) – start at Huntington Park in Bay Village.
October 30		FFF(fff) — Friendsville Freebie Fifty – organized ride – starts in Medina
October 31	10:00 am	Olmsted Falls to Grafton/Wellington — 30/60
November 7		<i>Red Flannel Metric</i> – organized by Lorain Wheelmen – starts in Oberlin

Ride Start Locations:

Huntington Park – located in Bay Village off of Lake Rd.

Olmsted Falls – meets at the Olmsted Falls Library Parking Lot on Main St. just north of Columbia SR252 and north of Bagley Rd.

Weekday Rides:

Tuesday Evenings – Short slower rides starting from Fairview Park Shopping Center on Lorain Rd. near post office, 6:30pm. Call Bob Ugan at 216/476-0353.

Wednesday Evenings – Moderate to fast pace 20-30 mile rides starting from Kamm's Corner parking lot in Westpark, 6:30pm. Call Ed Wheeler at 440/572-1122.

Wednesday Evenings – Moderate pace rides starting from Olmsted Falls Library parking lot. Call Mark Snitzer at 440/236-3017.

Wednesday Mornings – Moderate pace 25-35 miles with a lunch stop starting at various locations. Call John Glasgow at 440/777-7392.

Thursday Evenings – Race Training Ride - Please call Mike Woods or Ed Wheeler for more info.

Four County Metric

Although this year's FCM was not as well attended as last year, those that did do the ride had a great ride with nice weather. Thanks to all club members who volunteered this year and also to the radio operators, Baldwin Wallace College, Medina County Parks, Revere High School, and the Metroparks. Also thanks to our sponsors — BikeLine, Clif Bar and *Bicycling Magazine*.

Club Picture Rescheduled

Please note that the club picture has been rescheduled for the October 24, Sunday ride (also known as the Mike Woods Surprise Birthday Ride). SMILE!

Touring Division

October 9-11th – YOUGHIOGEHENY TRAIL TOUR - Pennsylvania

See the fall colors along the pristine Laurel mountains and Yough Valley. The rail trail is similar in surface to the towpath but the scenery is spectacular and the trail is more remote. Contact bikelew@juno.com or call Bob at (440) 779-8392.

Tales from the Old World

"In August four of us went to Austria and Germany to bike along the Salzach and Danube Rivers. We took our bikes in bike boxes to the Munich airport and then trained and pedaled the rest of the way to Vienna. A photo journal of the trip can be seen at my web page at: <http://www.angelfire.com/oh3/parrybike>

"Flags stating 'Radfahrer Willkommen' (Bicyclists Welcome) were seen all over Austria as we pedaled our way from Krimml (a small town at the headwaters of the Salzach River) to Salzburg, then from Brannau along the Inn River to Passau where we then followed the Danube River to Vienna. These flags were flying in front of restaurants, hotels, bakeries and homes along the hundreds of miles of bike routes and bike paths. Austria is certainly a bike-friendly country that accommodated cyclists at every turn.

"We spent a little over two weeks traveling the 400 miles on sections of three bike routes and visited many picturesque towns that retained their old town squares and buildings from the 12th to the 17th century. After 30 to 40 miles of biking, pastries, coffee and beer we found numerous 'bike hotels,' Pensions or hostels to stay overnight. We also did a lot of sight-seeing including Krimml Falls (a series of falls totaling 1,200 feet in height), salt mine at Hallein, the Hohensalzburg Fortress in Salzburg, The Dom in Passau (Germany) and a noontime concert on the world's largest pipe organ, The beautiful baroque Abbey at Melk, St. Stephens Cathedral, Schonbrunn Palace and The National Treasury in Vienna.

"Biking observations along the way: Bikes are everywhere in Austria and they are given the right of way by pedestrians and motorists, all road and touring bikes in Austria had fenders and generator powered lights, bike racks were EVERYWHERE and sometimes there would be a couple hundred bikes parked in one area, everyone locked their bikes regardless of the condition of the bike, some cyclists besides us wore helmets, Lycra biking shorts and jerseys were not uncommon, nearly every train accommodated bikes in special cars where one just lifts the bike into the train, many towns still have cobblestone streets in the old sections that require 1.5" tires."

— Bob Parry

Racing Division

The following LEW team members competed in the bike events listed below.

8/1	AKRON TRIATHLON	Kolai (2 nd overall), Wheeler (1 st in age group)
8/5	TOPS RR	Diffenbacher, Woods
8/10	WESTLAKE CRITERIUM	Diffenbacher (2 nd), Malec, Schneider, Wheeler
8/15	RIDE FOR SIGHT	Diffenbacher, Schneider, Woods
8/15	NATIONAL CITY TRI.	Wheeler (1 st in age grp, 5 th 'all), Kolai (2 nd in age grp)
8/17	WESTLAKE CRITERIUM	Diffenbacher, Schneider
8/21	MILL CREEK CRITERIUM	Diffenbacher (Cat IV/V)
8/22	MILK RACE	Diffenbacher (9 th , Cat IV/V)
8/24	WESTLAKE CRITERIUM	Diffenbacher, Schneider
9/1	WESTLAKE CRITERIUM	Diffenbacher (3 rd "B"), Schneider, Woods, Marx
9/7	WESTLAKE CRITERIUM	Diffenbacher ("A" race), Schneider, Woods, Marx

CONGRATULATIONS to team member Ed Wheeler, who "three-peated" — winning his age group in the National City Triathlon. Pretty good for an old cripple Mr. Ed!

CONGRATULATIONS to club member Roger Miller for his placings at the following triathlon races — Age group finished: 5th at Ashtabula, 7th at Akron, 4th at Chagrin Falls and 4th at the National City Triathlon. Great job Roger!

Club Meetings

Tuesday, October 5 – nominations for club officers will be taken*.

Tuesday, November 2 – officer elections will be held.

(watch your email for meeting location or if you do not have email call Mike Woods)

**If you missed the October meeting but would like to be nominated or know someone who would like to be nominated for officer please contact Mike Woods.*

<p style="text-align: center;">ATTENTION ALL FAMILIES & BIKE ENTHUSIASTS:</p> <p style="text-align: center;"></p> <p style="text-align: center;">Sunday, October 17th 8:30a.m. - 12:30p.m.</p> <p style="text-align: center;"> Metroparks Brookside Reservation off Fulton Road</p> <p style="text-align: center;"> \$5.00 - per person before October 11th \$8.00 - day of the tour</p> <p style="text-align: center;"> OR </p> <p style="text-align: center;">Call (216)241-2414 ext.290 for more details or to register!</p>	<p style="text-align: center;">1999 BIG CREEK WATERSHED BIKE TOUR</p> <p style="text-align: center;">Helmets, water bottles, & spare tubes required!</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p>History</p> <p>Small quantity of helmets for sale</p> <p>Free water bottles to first 100 registered!</p> <p>Sag Van Available</p> </div> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>20 mile trip</p> <p>Weekends!</p> <p>Water's Edge</p> </div> </div> <p style="text-align: center; font-size: small;">Sponsored by the Cuyahoga River Remedial Action Plan  Sponsored by Century Cycles</p> <p style="text-align: center; font-size: x-small;">The Cuyahoga River RAP Big Creek Project is funded by grants from the USGS Foundation and an Ohio EPA 319 Nonpoint Source Demonstration Grant.</p>
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C L E V E L A N D

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“AWESOME!!”

That was the reaction of none other than Paul Martin after seeing **Mike House's** solo win in front of the thousands of rabid spectators lining Erie Street at the 41st annual Tour di Via Italia in Windsor, Ontario. Mike went clear with 4 laps (5 miles) to go in the 18 mile race, built a lead of 17 seconds, then held on to win both the 15-16 and 17-18 age categories.

Equally as impressive was **Shan Rayray's** showing at the Track Nationals in Trexlertown, PA, where she achieved either a personal record or best finish (or both) in each of the three events she contested.

Through September 7, 38 riders had taken part in 98 races (all events took place in Ohio unless noted):

Road (CR - circuit race; CT - criterium; RR - road race; SR - stage race; ITT - individual time trial.)

Tuesday Night CT Series, Westlake:

August 17 - Beller, House, Hosmer, Kovach, Marcossion, Pajka, Riccardi, Root (1st, "B" race), Simpson, Stern, Wilkinson, Ziccardi.

August 24 - CANCELED.

August 31 - Behrens, Hague, Jewitt, Kovach (1st, "B" race), Riccardi, Simpson, Stern, Wilkinson, Ziccardi.

September 7 - Kovach (1st, "B" race), Pajka, Riccardi, Stern, Wilkinson.

Upper Cumberland Wheelmen Race Series, Crossville TN, July 31-August 1 – Behrens (Masters 45+: 2nd, CR; 1st, ITT; 2nd CT).

Major Taylor CR (Michigan District Championship RR), Grand Blanc MI, August 1 – Hague, Koury.

Team Columbus Tour of West Virginia CT Series:

Huntington, August 14 - Riccardi (9th, Cat. 3/4).

Charleston, August 15 - Riccardi (11th, Cat. 3/4).

New Waterford Lions Ride for Sight RR, New Waterford, August 14 - Beller (3rd, Men 19-24), Gallagher (1st, Men 50-54), Vadini (1st, Men 70+).

Kinzua Classic RR, Kinzua Dam PA, August 15 - Behrens.

Team Columbus Criterium Ohio Series:

Gahanna, August 20 - Hague.

Westerville, August 21 - Hague.

Chagrin Falls, August 22 - Beller, Enyedy, Lu, Riccardi (6th, Cat. 3/4), Stern, Ziccardi.

Club Glenwood Mill Creek Park CT, Youngstown, August 21 - Beller (4th, Cat. 4/5/Cit.), House (1st, Cat. 4/5/Cit.), Koury (7th, Cat. 2/3), Riccardi, Stern, Ziccardi (1st, Cat. 2/3).
 Orrville Cycling Club Milk Race, Orrville, August 22 - Beller (1st, Cat. 4/5/Cit.), House (2nd, Cat. 4/5/Cit.), Koury (4th, Cat. 2/3), Kovach, Mullen, Root.
 Team Columbus Ohio ITT Championship, Delaware, September 4 - Beller (5th, Cat. 4), Gamm, Kovach, Kriz (2nd, Masters 50-54), Vadini (1st, Masters 70+).
 Maple Leaf Cycling Club Tour di Via Italia CT, Windsor ONT, September 5 - Beller, House (1st, Juniors), Root.
 Cadieux Bicycle Club Debaets-Devos Memorial CT, Detroit MI, September 6 - Beller, House (5th, Juniors), Koury, Root.

Tri/Bi/Duathlon

National City Bank Triathlon, Cleveland, August 2 - D. Garrett (1st, Corporate Team), M. Garrett (1st, Open Women's Team), Hayden, Kovach, Lu, Maddock, Papajcik (2nd, Open Women's Team).

Track

USCF National Track Championships, Trexlertown PA, August 10-14 – Rayray (8th, 200 m ITT; 8th, 500 m ITT; 7th, matched sprints).

(Shan Rayray is presently tied for 6th in the EDS Track Cup Series).

And in other news:



**American
Red Cross**
www.redcross.org

One of the body's adaptations to chronic exercise is increased blood volume. Now that the riding season is over and your level of activity has decreased, why not make a donation of what you no longer need? Call the Red Cross at 1-800-GIVE-LIFE for more information.

- **Special thanks** to Doug Barr for the team portrait taken on August 17.
- Just as last year, working the Wendy's International Cycling Classic in Grandview Heights provided a memorable moment. As I was checking numbers and standing behind the field just before the start of the featured women's event with \$10,000 on the line, Tania Duff-Miller (wife of Graham Miller) turned around and said "Oh, I didn't know you were back there, I've been passing wind all this time!"

She couldn't understand how we could have possibly scored her as being a lap down . . .

- After hearing team member **Seth Hosmer's** report of his moose sighting whilst riding in his native New Hampshire, I'll never complain about geese again . . .

Congratulations
Seth & Lauren!





P.O. Box 18189, Cleveland, OH 44118
440-954-4201
email: clevelandtourclub@hotmail.com
web: clevelandtourclub.org

Membership Keeps Growing

CTC welcomes these new members: **William Allen** of Parkman, **Don Sedivy** of Mentor, **Patrick Ridley** of South Euclid, **Deborah Nelson** of Beachwood and **Edward Lesnefsky** of Shaker Heights. We look forward to riding with you.

Adopt-an-Interchange Clean Up

Saturday, Nov. 6 9 AM at S.O.M Ctr Rd (Rt91) & Rt 422 interchange in Solon. Meet at Cookers restaurant parking lot near Bob Evans (south of interchange). Lunch afterwards on your own. Safety gear provided. Bring work gloves if you have. Call **Lois Nicholson** at **(330) 668-3686**.

Wanted: Owner of Large Pyrex Bowl

Way back in the summer at the club picnic someone brought a bowl full of the most delicious potato salad. We all devoured it. But no one claimed the bowl. Please call **Andy Fedak (216) 531-8382** if it's yours. Oh, he'd like you to refill it with more potato salad.

One More Volunteer Needed

Scott Ergman has volunteered to take a turn keeping the CTC membership list. Thanks Scott! We still need someone(s) to take over the **mail collecting** responsibilities. This takes very little time: you pick up the club mail once every 2 weeks in the off-season and once a week in busy season. Memberships go to Scott and checks go to John Gallovic either by mail or at a ride. As a bonus, you get to see proprietary info about upcoming rides! These go to Nan Horvath for her bulletin board. We'll move the CTC post office box to a convenient location if need be. Please **contact Lois Nicholson (330) 668-3686**. And thanks.

Weekday Evening Rides Are Over

The weeknight rides are over for the season. Hope you all enjoyed them as a welcome break from the day's routine.

Ride Schedule

Oct 3 North Chagrin Eddy's Fruit Farm Ride. Rolling.
10 North Chagrin to Polo Field(22), Fowler's Mill(40). Rolling.
17 9:30 Fall Color Ride – Richfield call Eric @ (330) 659-3274. Rolling – Hilly.
24 Chardon* to Burton(30), Middlefield(45). Rolling.
Nov-Feb 10 AM North Chagrin to various destinations (15-35) if dry & 35 deg+

October 16 at the Stanford House Youth Hostel.

Mark your calendar now so you can join us for this annual CTC event. There are overnight accommodations (no charge) for the first 30 people to reserve a spot.

Call Diane Schultz at 330-659-3274. Accommodations are dorm style with a few semiprivate rooms. Bath/shower facilities are shared. October 17th you can choose to do Eric's Fall Color Ride or hike with the Cuyahoga Valley Hiking Association. Don't miss this fun weekend for CTC members.

Schedule of events:

5:30 - 6:30 CTC music group will play as you arrive.

6:30 to 7:30 a potluck dinner. Please bring a dish to share and CTC will provide the beverages.

8:00 to 9:00 pumpkin carving. Please bring a carving knife if you have one. CTC will provide the pumpkin.

9:00 Pumpkin lighting and judging followed by a night hike, a night bike ride, and games. Bring the games you like to play.

NOTE THESE DIRECTIONS: due to a road closing you can only reach the Stanford House from east of Riverview road. Suggested route would be to take route 271 to route 82 West. Head West on route 82 to Brandywine Road. Head south on Brandywine Road to Stanford Road to the youth hostel. Hines Hill Road heading west off Brandywine Road will also get you to Stanford Road.

Cycle Vermont with Rick and Andy

Rick Porter of the CTC, along with Rick's college buddy, **Neil Jordan** from Philadelphia, PA, and myself, **Andy Carpenter**, trained all spring and summer on the hills of the Chagrin Valley and Geauga County (and the hills of eastern PA, in Neal's case) in order to get ready for the Green Mountains of Vermont. We attended the second annual **Cycle Vermont** tour sponsored by Adventure Cycling (formerly Bikecentennial of Missoula, Montana). It took place from August 22nd, through 27th. The fully supported camping tour began in Burlington and headed north toward Canada and then in a clockwise, rectangular route over the top half of the state. There were over 100 participants from throughout the U.S. and we rode 400 miles in the six days, with the average mileage of 67 miles. That wasn't extreme mileage, but the real kicker was the 21,500 feet of climbing. The Green Mountains act as an excellent challenge for roadies willing to take on some major climbs. We did the whole ride without the aid of a triple chainring, but did go with larger gearing on the rear. Thank goodness we did, since some of the climbs were so long and steep...that...we...ended...up...barely...able...to get the cranks to go around. The support for the trip was exceptional. The food was gourmet, with tasty and healthy meals of fresh salads, pasta with chicken and herbs, tuna steaks and seafood patties and a raw bar one evening for an appetizer. Meals usually ended with homemade cookies and brownies and fresh fruit. We didn't gain any weight though, with all of the calories being burned off the next day. The weather cooperated every day, except for the first morning, with a steady drizzle, but that dissipated and we had sunshine and warm temperatures everyday, for fantastic riding. There was one small shower on the last night, that lasted about 45 minutes, and the most unfortunate thing was that it broke up a great party session sitting out under the stars and drinking a bit of the local microbrew. Rick, Neil and I found the hot setup

was to get the sag wagon staff to transport local “beverages” from the small towns we passed through, back to the campsite for the evening festivities. It took a couple of days to get the logistics correct, but after that we were set.

The people that we met were just as wonderful as the riding. Great friendships and camaraderie were almost instantaneous and we traveled with an attorney from NYC, a soon-to-be Ph.D. in microbiology from Indiana and his spouse an E.R. nurse and two young women professionals from Toronto and a software engineer/consultant from San Francisco. We met other wonderful people from Florida, Washington D.C., Connecticut (a 69-year-old father of five with his 13-year-old daughter on a tandem – what a guy!). Only a few people withdrew from the ride, because of injury or fatigue (one collarbone and one elbow injury, both on the first day – what a disappointment). Out of the group, we never had one flat tire or mechanical failure, a testament to good planning and good bikes. Almost all of the riders were serious cyclists, ranging in ages from 13 to 75, with most of them in their 30s through 50s. The Adventure Cycling staff were very supportive and wonderful people, never a hesitating to help, answer questions or make you feel at home on the road.

The last leg of the trip was a short day into Burlington, Vermont and we all took our time, savoring the last few miles of cycling freedom and friendship. We all felt stronger and faster after all of the training and the experience of cycling in such demanding terrain. I know that despite the long trip to and from Vermont (with Rick’s wonderful family – **Katherine**, his infinitely patient wife – and CTC member, and his boys, **James** and **William**) the trip was worth every penny and the endless hours of driving. Also note, that more old college friends of Rick’s put up with us for three days while in Middlebury, Vermont on the way to the start of the ride. Also I’d like to thank my lovely wife, **Ruth** for enduring me being away on our 24th wedding anniversary – how understanding can you get? After 24 years, she knows my cycling fanaticism well. After all that, dare I say “Perhaps we can go West next time — they do have a tour in Montana!” (just not in August).

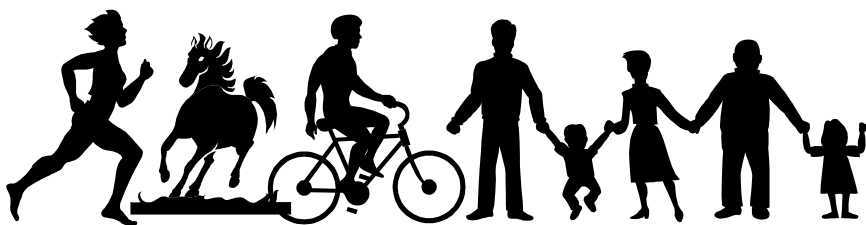
If you are interested in finding out more about Adventure Cycling Association and their list of tours and expeditions, visit their web site @ www.adv-cycling.org/.

CrankMail Celebrity Fights

Dr. Ruth vs. Dr. Laura

Coming soon to the
Richfield Coliseum!





Help Develop A New Metropark Recreation Trail

Solon To Chagrin Falls TRAIL CLEANUP DAY

Saturday, November 6

9 a.m. – Noon

The Trail: Solon to Chagrin Falls — *the old railroad line from Chagrin River Road (Bentleyville/Solon) to Chagrin Road at Pine Street (Chagrin Falls), owned by the Metroparks system.*

Cleveland Metroparks will begin development of this trail if we can help clean up some of the trash. Join many of your local recreation clubs (bicyclists, hikers, runners, horse riders, & more) that are cosponsoring this event.

Meet us at the Chagrin Falls Park Recreational Center for JUST A FEW hours of cleanup that will add many more hours of *safe* recreation to all residents of the Chagrin River Valley. Bring your boots & gloves, and any refreshment needed.

Chagrin Falls Park Recreation Center
7060 Woodland • Chagrin Falls
(just south of the Chagrin Falls downtown area on Franklin St.)

For more information:
Penny Passalacqua
440/248-0156

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Sale Ends October 30, 1999.

Westlake Crit Results for August

Results courtesy of race coordinator Chris Riccardi: (440) 333-7269.

Here are the results from the weekly points races held in Westlake. This time we're presenting the points leaders, their August results, and points grand total for the season. Note that Week 4 (Aug. 24) was a rain-out. The series ended in September. Those results next issue.

	'A' RACE		8-03	8-10	8-17	8-24	8-31	TOTAL
1st	Tom Frueh	Cuyahoga Valley Velo	4	10	13	0	0	98
2nd	Rick Maier	Color Me Safe	4	14	6	0	0	78
3rd	Dave Chernosky	Wright Bros. / QCW	0	0	8	0	0	64
	Jim Baldesare	Wright Bros. / QCW	11	0	0	0	6	64
5th	Brad Watkins	Wright Bros. / QCW	8	0	0	0	2	48
6th	Brad Hansen	M & M's	0	1	2	0	0	42
7th	Kevin Delaney	Unattached	0	6	0	0	0	33
8th	Rudy Sroka	Team Burn	0	0	4	0	0	32
9th	Dick Brink	Guinness	0	0	0	0	0	27
10th	Brian Batke	Cuyahoga Valley Velo	0	0	0	0	10	25
11th	John Koury	PDQ	0	1	0	0	0	21
12th	Tris Hopkins	Cuyahoga Valley Velo	0	0	0	0	0	20
13th	Andy Hague	PDQ	0	1	0	0	4	14
14th	Don Lu	PDQ	6	0	0	0	0	13
	James Doyle	CWRU Cycling	2	0	1	0	0	13
16th	Abel Donka	CWRU Cycling	3	0	0	0	0	11
17th	Doug Reese	M & M's	0	0	0	0	0	10
	JD Pooley	PDQ	0	0	0	0	0	10
	Robert Martin	Cuyahoga Valley Velo	0	0	0	0	0	10
20th	Craig Reese	M & M's	0	0	0	0	0	9
21th	Brent Evans	Color Me Safe	0	0	0	0	0	8
	Polo Fernandez	M & M's	0	4	0	0	0	8
	Will McLoughlin	MVW	0	0	0	0	8	8
24th	Don Cernanec	M & M's	1	0	0	0	3	4
	John Geise	Team Burn	0	0	0	0	0	4
26th	Bill Henterly	M & M's	0	0	0	0	0	3
	Brian Stern	PDQ	0	0	0	0	0	3
	Nate Ziccardi	PDQ	0	0	3	0	0	3
29th	Jim Cucovich	Team Glenwood	0	2	0	0	0	2
30th	Jeff Grzybowski	M & M's	1	0	0	0	0	1
	Seth Hosmer	PDQ	1	0	0	0	0	1

	'B' RACE		8-03	8-10	8-17	8-24	8-31	TOTAL
1st	Ted Ingraham	Summit Freewheelers	0	3	0	0	8	105
2nd	Ryan Pomajevich	Unattached	10	0	1	0	0	75
3rd	Dave Kovach	PDQ	0	10	0	0	10	70
4th	Mike Busa	Unattached	0	0	0	0	0	51
5th	Brian Beller	PDQ	0	0	0	0	0	36
6th	Brian Dffenbacher	Lake Erie Wheelers	6	6	0	0	6	26
7th	Mike Smith	Summit Freewheelers	0	0	0	0	0	20
8th	James Dieringer	Unattached	0	0	9	0	3	18
	Scott Hoffman	Lake Erie Wheelers	0	0	0	0	0	18
10th	Ed Hurling	Summit Freewheelers	0	8	3	0	0	17
11th	Rick Ashby	PDQ	0	0	1	0	0	12
	Tyler Dugar	Miami	0	0	0	0	0	12
13th	Jonas Root	PDQ	0	0	10	0	0	10
	Kurt Tietzen	Color Me Safe	0	0	0	0	0	10
15th	Mike House	PDQ	8	0	0	0	0	8
	Mike Johnson	Team Burn	0	0	0	0	0	8
17th	Eric Wilkens	Unattached	0	0	0	0	0	6
	Jason Reinhart	Unattached	0	0	6	0	0	6
	Jeff Jewitt	PDQ	0	0	0	0	0	6
	John Hayden	PDQ	0	0	0	0	0	6
	Ryan Gamm	PDQ	0	0	0	0	0	6
22nd	Brian Fruegala	Unattached	0	0	0	0	3	3
23rd	Tim Assor	Team Columbus	0	0	0	0	0	1

A Mythology

A Timetable of Major Events in the History of the Bike Witch

The township of Bentleyville is located in Northeastern Ohio, an hour from Cleveland.

February 1785 Several children accuse Elly Putrid of luring them into her home to make them ride on wheels. Putrid is found guilty of witchcraft, banished from the village during a time when there were no pneumatic tires, and presumed dead.

November 1786 By midwinter all of Putrid's accusers, along with half of the town's children, are afflicted with saddle sores. Fearing a curse, the townspeople flee the village of Bieke and vow never to utter that Putrid name again. The name came to mean "rotted."

August 1825 Eleven witnesses testify to seeing a pale woman's hand reach up and pull 10-year-old Eileen Tapwater into the Chagrin River as she rolled hoops along the bank. Her body, and the barrel hoops, are never recovered. For 13 days after the disappearance the river is clogged with oily bunches of sticks.

March 1886 Eight-year-old Readem N. Weap is reported missing and search parties are dispatched. Weaper returns, crying, one of the search parties does not. They are found weeks later at Squaw Rock mysteriously intoxicated, laughing, and unaware of the community's concern. They said, "we thought you wanted us to search for a party. We found one!" Their ghostly hostess, however, had disappeared, some say into the rocks or the nearby river.

October 1994 John Carroll University students arrive in Bentleyville to test mountain bike frame designs they built in shop class. They speak with locals about the legend of the "Bike Witch" which was their first mistake. One local claims to have seen the witch one day near Squaw Rock, in the form of a hairy half-human beast. The students think it's a Browns fan and are only mildly concerned.

October 21, 1994 In the early morning the students talk with two hikers who tell the cyclists that Squaw Rock is less than 20 minutes from Chagrin Falls and easily accessible by the Metro-parks' Sulphur Springs Road. The framebuilders ride down Sulfur Springs and are never seen again.

October 25, 1994 After an extensive search, the only trace of the riders that could be found was a four-day-old banana peel. And a crude representation of a bicycle found on the banks of the Chagrin River ... made of sticks and two barrel hoops.

Summer 1999 A great deal of money is made on a totally-fictitious movie. Coincidence? We don't think so!





ED RUSIN MEMORIAL

Sponsored by the Lorain Wheelmen

"RAIN SHINE or SNOW"

November 7, 1999

The twenty fifth (25) annual Red Flannel Metric Century (62 mi.) and half metric (31 mi.) will depart Phillips Gym, Oberlin College, Oberlin, OH at 9:00 AM, eastern standard time on Sunday, November 7, 1999.

START-FINISH ... The start-finish and registration is at Phillips Gym, Oberlin College, Oberlin OH. If you are driving via the Ohio Turnpike, exit at Exit 145 (old gate 8) and take route 57 north to route 2. Take route 2 west to the route 58 exit and take route 58 south to Oberlin. Turn right on SR 511 (west) and right (north) on Woodland Street. From the west, exit the Ohio Turnpike at exit 135 (Baumhardt Road), turn south on Baumhardt Road to Route 511. Turn left (east) and proceed into town. Turn left (north) on Woodland St.

REGISTRATION ... Advanced registration (\$10.00) will be accepted until October 29, 1999. Late registration (after October 29th and the day of the ride) will be \$12.00. Registration fee includes map, and snack stops. Please make checks payable to the LORAIN WHEELMEN. Please include a SASE for confirmation if you would like one.

OVERNIGHT ACCOMMODATIONS ... are available at the Oberlin Inn, downtown Oberlin. For reservations, call (440) 775-1111. The Country Hearth Inn and Motel 6, located in Amherst, (approx 8 miles north of Oberlin on SR 58 at SR 2). Call (440) 985-1428 or (440) 988-3266 for reservations.

ROUTE ... The route will be familiar to regular Red Flannel riders. Mill Hollow has been improved with a sweeping (longer) climb on the east side. The route will generally be rolling with the exception of the river valley climbs. The route will be marked at each turn.

SAG WAGON ... Riders with physical injuries or unrepairable mechanical breakdowns will be given first priority for sag wagon service. If necessary, other riders will be picked up as time and circumstances permit. The last sweep will begin about 4 PM. All riders should be off the road by 5 PM.

WEATHER ... during the history of the Red Flannel, riders have seen a variety of weather ranging from a bone chilling blizzard, to temps of 70 degrees plus, to pounding rain. The last few years have been kinda bleak, but last year's weather was so good the turnout overwhelmed us. Let's hope for a return engagement in the weather department! We've had all kinds of weather, sooo ... come prepared according to the forecast.

For more information:

Call:	Carl Panek (440) 235-0117
Write:	Lorain Wheelmen, PO Box 102, Amherst OH 44001-0102
Email:	carl_panek@yahoo.com
www:	http://www.crankmail.com/lor_rf.htm

Big Creek Watershed Bike Tour Announced

Cleveland— The Cuyahoga River Remedial Action Plan (RAP) and Century Cycles are hosting an educational bike tour of the Big Creek watershed on Sunday, October 17. The moderately-paced 20-mile tour begins at the Metroparks Brookside Reservation Upland Meadow entrance off Fulton Road at 9:00 a.m. and ends at the same location at approximately 12:30 p.m. Riders will traverse a large area of the Big Creek watershed, visit interesting creekside locations, learn about Big Creek's historical contributions to the area's development and how development has impacted the creek's water quality. Preregistration is recommended. The first 100 registrants will receive a water bottle, courtesy of Century Cycles. Preregistration is \$5.00 per person; \$8.00 on the day of the tour. Helmet and water bottles are required and a spare tire is recommended. A limited number of helmets will be available for sale at registration. More details and registration are available by calling (216)241-2414 ext. 290.

Big Creek is the fourth largest tributary to the Cuyahoga River. This urban stream, part of which has been long hidden from view, has many historic sites and special places along its course, including Walter's Grove, hidden valley, wetlands, lakes and Stearn's Farm. The tour, led by Jim Sheehan of Century Cycles and local historian Laura McShane, will make a gradual ascent to the creek's headwaters and then follow the creek downhill to Brookside Reservation. Participants will experience the watershed in a manner similar to that of the area's earliest settlers. At places like Stearn's Farm and Walter's Grove, riders will learn about the history of the seven Big Creek communities, their first residents, and the area's once bountiful natural resources.

The Cuyahoga River is one of the 42 seriously impaired areas around the Great Lakes that has been identified as an Area of Concern. A Remedial Action Plan (RAP) is being developed for the Cuyahoga Area of Concern to help address the persistent pollution problems, which include poor water quality, high bacteria levels and degraded wildlife habitat. The RAP's goal is to create a plan of action to help alleviate these problems. Programs such as the Big Creek Stream Stewardship Project are aimed at identify pollution sources, educating the public and working with residents to enhance the environmental quality of the stream in their own backyards for the benefit of the Cuyahoga River and Lake Erie.



ABC Foliage Oct. 23

Akron Bicycle Club is hosting a free bicycle tour and invites all those interested in a great ride. The Fall Foliage ride will be Saturday, Oct. 23. Check-in between 10 – 11 am at the Octagon Shelter on Truxell Rd in the Cuyahoga Valley National Recreation Area. There are four routes: 14, 20, 30, and 40 miles. This is a scenic cycling adventure through northern Summit and Portage Counties. Riders will travel through Brady Lake, Lake Rockwell, Twin Lakes, Hudson, Stow, Kent, Streetsboro, and Boston Heights. Upon return from the route, riders will be treated to home-made food (donated by ABC members), snacks and beverages, and socializing until 4 pm. There are no rest stops or sag service on the route. No charge, but donations are accepted.

For further information, contact Dave & Angela Watkins at (330) 945-4932 or email: dwat2300@nls.net.

Local Woman on L.A.B. Board

CLEVELAND — Brenda Pulley, of Shaker Heights, has been named to the League of American Bicyclists (LAB) Board of Directors. She has more than 15 years of government affairs experience with an emphasis on environmental issues. An avid cyclist and amateur racer, she began working with the LAB to secure federal funding for the 1998 reauthorization of the Transportation Efficiency Act for the 21st Century (TEA-21). As an active member of the Potomac Pedalers Touring Club in the Washington, DC area, Pulley led club rides, promoted cycling for fitness, touring and racing. She recently moved to the Cleveland area and is using her experience to ensure that TEA-21 funds are utilized to advance cycling at the state and local levels. Cyclist accessibility to roads and safety education and training are her priority issues of interest. Phone: (216) 751-6271; email: brenda.pulley@alcan.com.

Chagrin Rail-Trail Group Forming

CHAGRIN FALLS — A support group of individuals is being formed to promote the conversion of an abandoned railroad corridor to a recreational trail for bicyclists, runners, etc.. This corridor runs from SOM Center Rd in Solon to Franklin St. in Chagrin Falls. Everyone is invited to join. We do have a special need for someone with a legal background to help us prepare the documents needed to establish the group as a nonprofit group (501-3C). Any cyclist interested in joining this group or supporting the trail development, please send an email to: lmcelhaney@ameritech.net.

Pedals & Poker on the Ohio & Erie Canal

MASSILLON — On Saturday, Oct. 16, the Massillon Area Greenways, Inc., (formerly the Ohio & Erie Canal Committee of the Massillon Area Chamber of Commerce) will host the seventh Bicycle Poker Run. Riding approximately 15 miles on the Ohio & Erie Canal Towpath Trail, cyclists will stop at five checkpoints along the way, picking up a playing card at each stop. When they arrive back at the start/finish, they play their hands against the hands of other riders. Prizes will be awarded to the top 10 hands with other prizes given to riders that find jokers placed randomly along the trail. Riders will leave from the Navarre-Bethlehem Community Park in Navarre. Riders may start any time between 9:00 a.m. and 1:00 p.m. It is not a race. Entry fee is \$5.00 and benefits the Ohio & Erie Canal Towpath Trail. Hybrid, BMX, or mountain bikes are recommended. All ages welcome. For more information call: (800) 291-0099 or (330) 832-5111.

Dayton Cycling History being Stolen

DAYTON — In June someone broke into the Wright Brothers Museum at 22 S. Williams St. and took an historical bicycle that was on display. The bike was described as an original from the turn of the century, a Van Cleve model built by the Wrights themselves. It has a black frame, wooden handlebars, a tan saddle, and orange gum rubber tires. It is an extremely valuable piece of history for Dayton and for the American cycling community.

The museum has been broken into two times since the June incident. A safe was stolen during one of the break-ins.

Dayton police would like to stop these criminals who are not only stealing the Dayton community's past, but robbing future generations of a chance to view the handiwork of two of the nation's most revered inventors. — from the Dayton Cycling Club's *Spoke 'N' Link*.

Medina County Bicycling Club

P.O.Box 844 • Medina ,OH 44258 • L.A.W. Affiliated

Contact the following for information:

President:	Tom Dease	330-725-1058	tjmd@aol.com
Treasurer:	Bryan Craft	330-723-3006	
Sr. Member:	Lou Vetter	330-725-0441	
Secretary:	David Miller	330-725-7928	mlrmedina@aol.com

Weeknight Touring Schedule

Tuesday - 6:30 p.m. Call Tom or Bryan for starting point. (10 -15 MPH)

John Wasko also has a number of rides departing up North. Write to
gumbycycling@juno.com for a complete ride schedule.

Weekend Touring Schedule

Saturday - 8:00a.m.call Lou Vetter or Email Tom Waterson (TLW@ohio.net) for ride start
and destination (12 - 15 MPH)

Sunday - 8:00 a.m. Sheriff's Parking Lot -call Tom Dease or Dave Shultz for ride destination (12-15 MPH)

BICYCLE HELMETS REQUIRED ON ALL OFFICIAL CLUB RIDES

Invitational Rides

10/09 BIKETOBERFEST-Xenia Station 50/25

10/23 FALL FOLIAGE RIDE- Cuyahoga Valley -Octagon shelter . registration 10-11 a.m. 14/20/30/40 miles

10/30 (FFF) FRIENDSVILLE FREEBIE FIFTY - MEDINA 50/25

If anyone is interested in riding any of these events please contact Tom 725 - 1058

The Prez Says...

!!! CONGRATULATIONS !!! to Doug Fitz , Cindy Steeb,C. J. Urbancic ,Clarie Fahler, and Ian Halliwell on completing their first ever 100 mile ride, the (HHH) Hancock Horizontal Hundred or as some would say "my Hinnny Hurts Horrendously." They were joined by Lou Vetter, Tom Waterson, Tim Misner, Jenie, Carl Bidingner, Bob Doyle, Bryan Craft, Glen Hinegardner, and myself. The morning started off perfect, clear and cool with a slight breeze. But the last 25 miles had a strong left shoulder head wind that made it difficult to draft, and the 90-degree temperature made the last miles VERY challenging.

Welcome two new riders to our club this month: **Sue Whittaker**, who joined us on our RR track ride to LaGrange, and **Ian Halliwell** who has ridden with us many times since.

Thanks to Sarah Bates for her article in the August 26 , *Medina Gazette* Sports section. For those of you who missed it, Sarah chronicled her adventures when joining us on several of our rides this summer. Together with the pictures she explained what we, as a club, are all about.

The new jerseys came in a couple days before the Hancock and went right back. For some reason the colors were way off .The company agreed to take them back and send us new ones that match our original. Dave tells me they will put a rush on this order so we should get them about the middle of October. Hopefully!!! EVERYONE!!! will have one for the FFF.

DON'T FORGET the 23rd FRIENDSVILLE FREEBIE FIFTY(FALL FOLIAGE & FROSTBITE FROLIC) ON SATURDAY, OCTOBER 30. 10:00 AM Medina City Square. The name almost says it all .Yes it's an absolutely free ride of 50/25 miles that includes a map , cider and cookies with our own extremely scary "COUNT DRACULOU." Trick or Treat ??? For more info contact Richard DeLombard; 805 Seneca Ave; Huron, OH 44839 (419) 433-8353. Email pogo@lrbeq.com

Thanks also to Carl Bidinger for one of our more scenic and enjoyable Sunday club rides this year. Carl lead about 15 of us on his favorite route to Canal Fulton and back. Carl had maps for everyone, a convenient place for breakfast researched out, and even some history of the area. With some help I think we can talk him into making this ride an annual event.

As the days get shorter, fewer people are showing up for the Tuesday night rides from the square. You might want to call or check your email before you go.

A Letter from Vetter...

RR TRACKS TREK: This was a Sunday morning ride Tom Waterson organized ride to LaGrange for breakfast. We rode over the tracks on Route 18 west then north on Marks Road we crossed two more sets of tracks. Later as we headed west along Route 303 we altered course to get off of the highway and headed north toward Grafton. We rode right into town remembered the railroad tracks and avoided them by going south to Route N of the Bikecentennial trail. Soon we crossed over some ConRail tracks then a turn to the left and over the same tracks again. Another turn to the right and the same tracks were there again. Just one more left turn over those tracks for good measure and we found our way to Route 303 and then on to LaGrange. Breakfast was good including the Pumpkin Pancakes that someone was brave enough to order. After eating we saddled up and rode home riding at a more conservative pace. We laughed as we encountered more tracks on Smith Road. We lost count of all the railroad tracks we crossed thus the name of this unusual breakfast ride.

ABC RIDE TAKEN OVER BY MCBC: This was to be a Saturday Morning ride for the Akron Bicycle Club. There were five riders who started out from Sharon Center Elementary School. All five of us were members of the Medina County Bicycle Club. The weather was great and the company was wonderful as well. Why not? We were all from Medina. We rode

to Hamilton Road then proceeded West towards Litchfield for breakfast. Near Abbyville we found ourselves merged in with the MS150 riders. For a couple of miles we encouraged some neophyte riders and helped them with group riding techniques. Then we split off and rode to breakfast.

HANCOCK HORIZONTAL HUNDRED: Club Members Tom W. and Lou, Cyndi and C.J., Doug and Tom D., Tim and Jeanie all attended this flat 100-miler. Congrats to Cindi and Doug for completing there first century ride (100 miles). HHH as it is called has long been a favorite ride for cyclists to test their endurance and complete a century. The weather started out wonderful after some confusion over breakfast arrangements. Two riders had no breakfast while two others went to another restaurant. The final four ate together but service was slow and our start was 30 minutes behind the mass start and our teammates. We had two tandems leave with the mass start and the other four singles 30 minutes later on road bikes. Tom, Tom, Doug and Lou were soon passing slower riders and using our railroad whistles to warn them of our passings. After getting warmed up the ride progressed quickly to the first rest stop where we heard that our two tandems were way ahead of us. At this point the wind started kicking up as a tailwind making the 21 miles to lunch go quick. There we saw Tim and Jeanie and Cindi and C.J. coming out as we went in to eat. Tom and I were thinking we would eat fast and catch the tandems. We rode fast and tired at the 65-mile mark and stopped for water and Gatorade. While we rested Doug and Tom D. passed us by. Tom and I started out again turning into the wind at the 70-mile mark. By this time the wind had strengthened and was in our faces.

We met up with Tom D. and Doug at the p.m. rest stop but the tandems had left long before. Tom and I started out again and joined a pace line as it passed us. The wind was strong and we worked hard trying not to get left behind. There were two tandems, not our members, leading the way. One tandem dropped out then the other. Another pace line came along and we joined it to make a group of seven riders. One unknown rider was breaking the wind while rider after rider dropped off the back of the line. Soon I was dropping off the back and the paceline, now only two riders, continued on to the finish. I finished shortly after 3:00 p.m. having ridden 100 miles in 5 hr. 53 min., averaging 16.9 mph. Later Tom W. informed

me that temperatures reached 90 degrees during the ride. That explains why we drank about eight water bottles full. I got to say hi to Tim and Jeanie and Cindi and C.J. at the finish. This ride is very, very flat. The only two hills were man made ramps that lead to bridges over the interstate. The headwinds accompanied by high temperatures in the last 30 miles made the ride seem more difficult than it really was. I enjoyed myself on this one again and I recommend it to all our cycling friends who want the satisfaction of getting that first "century" under their belt. This was my training ride for Columbus Fall Challenge.

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WESTERN RESERVE WHEELERS



COMMITTEE:

Ellie Einhorn	Howard Mayers	
Bernard Greenberg	Harold Pasternak	
Mitch Kursh	Edward Reichel	241-6930
Alvin Magid	Allen Wapnick	781-4300

1422 Euclid Avenue #1104 • Cleveland, Ohio 44115

Ride Schedule

NOTE: All Saturday rides commence at JCC with same start time as following day.

DATE	TIME	START	DESTINATION	MILES
October				
3	8:30 a.m.	JCC	Punderson	40
10	8:30 a.m.	Burton Square	Nelson's Ledges	40
17	8:30 a.m.	JCC	Pick-Up Ride	??
24	9:00 a.m.*	JCC	Cider Ride • Patterson Farms	30
31	9:00 a.m.	JCC	Cleveland/Astorhurst	50
November				
7	9:00 a.m.	JCC	Pick-Up Ride	??
14	9:00 a.m.	JCC	Pick-Up Ride	??
21	9:00 a.m.	JCC	Pick-Up Ride	??
25	9:00 a.m.	JCC	Thanksgiving Pick-Up Ride	??
28	9:00 a.m.	JCC	Pick-Up Ride	??

***NOTE: Time Changes**

NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

Yo, Wheelers...



At a recent informal meeting of the members of the Western Reserve Wheelers, **Broadway Bagels** of Solon was elected as the official rest stop. It has not been determined whether this designation carries with it an automatic discount!! Maybe they will install a bike rack.

Member **David Bortz** and his wife are to be commended for the splendid job they did in hosting the annual summer brunch. We had an excellent turnout. Dave again made his original quiche in regular, spicy, and vegan varieties. There was something for everyone. Long-term members will recall that this started as the annual beer ride with several cases of beer and a large package of pretzels. The concept then mushroomed when a host added cheese cubes to the beer and pretzels. With ongoing member support, we hope to continue these little get-togethers in the future.

Western Reserve Wheelers are looking into the possibility of getting new club jerseys this year. Our urgent need is for an artist who can create some interesting designs. Naturally, we will get high-visibility colors. Anyone interested in volunteering either themselves or a spouse or significant other to work on this project, call Al or Ed.

Ellie Einhorn was back in town last Sunday to ride with us. Unfortunately, she has to leave soon and it may be some time until we see her out again.

Congratulations to **Leonard Bernstein** and **Bernard Greenberg** on completing the annual MS ride. We hope to hear they were both outstanding fund raisers.

Watch your mail for an announcement of the annual dinner to be held at Nido Italia on Sunday, November 7, 1999. This has always been an outstanding evening and we hope to see a large turnout.

— *Ed Reichel*



Chagrin Valley Grand Prix

CHAGRIN FALLS — The second Grand Prix brought an exciting afternoon of bicycle racing action to the downtown and neighborhoods of this small town on a beautiful Aug. 22. The event was managed by the Chagrin Valley Jaycees with a host of sponsors including the Cleveland Clinic Health System. The racing action was produced and managed by Team Columbus and the Category 1 & 2, 3 & 4 race was the second leg of this year's Critérium Ohio series. No results were made available from the citizen race.

16. Mark Light, Snow Valley Riders
17. Ryan Oelkers, Breakaway Couriers
18. Adam Myerson
19. Greg Medinilla, Kissena
20. Adam Laurent, Teva/Net Zero
21. Kevin Miller, Allanti
22. Alex LaVallee
23. Alex Candelario
24. David Smith
25. Darryl Uhler, Saturn of Okemos
26. Luke Mauritsen, Wizards of Coast
27. Vance James, Chain Reaction
28. Dean LaBerge, Jolt Cola/Napa Valley
29. Josh Thornton, Ringling Bikes
30. Walt White, 7-Up

CATEGORY 1-2 Men

\$10,000 (103 entrants)

1. Tim Lefebvre, Ital Pasta
2. Shawn Willard, Breakaway Couriers
3. Juan Pineda, GS Mengoni
4. Andrew Crater, Chisholm Racing
5. Eric Lyman
6. Billy Innes, Breakaway Couriers
7. Anthony Glorioso, SCVC-Trek
8. Declan Doyle, Navigators
9. Jim Baldesare, Wright Bros. Cyclery
10. Corey Fisher, Cycle Center
11. Dean Rittenhouse, Snow Valley Riders
12. Robert Coulton, Allen's Bikes
13. Michael Tillman, Teva/Net Zero
14. Keith Horowitz, Teva/Net Zero
15. Jonathan Wirsing, Snow Valley Riders

CATEGORY 3-4 MEN

1. Tom Price
2. Bill Henterly
3. Thomas Freuh
4. Matt Brungard
5. Robert Martin
6. Joseph Pallotto
7. Brian Batke
8. Chris Haehn
9. Chris Riccardi
10. Kevin Delaney
11. Brian Walburn
12. Brian Stern
13. Richard Brink
14. Scott Kammer
15. Nathanel Ziccardi



Crooked River Cyclists

President, James Guilford: (440) 877-0372
Sec./Tres., Carol Guilford: (440) 877-0372

Vice-Pres., Ken Hammer: (440) 572-3512
Ride Chair, Pat Artl: (216) 228-8030

RIDE SCHEDULE

(All rides start at 8:30 a.m.)

You will notice that this schedule is "Cleveland Browns Friendly" . . . the rides will get you back in time to see the games.

- 10/3 **Valley City to Oberlin** - a 45 mile flat ride starting at the Valley City Depot, on Rt. 303 just west of Columbia Road.
- 10/10 **Lakewood Park to Euclid** - 40 mile flat ride starting at Lakewood Park on Lake Road at Belle.
- 10/17 **Olmsted Falls to Medina** - 40 mile rolling ride starting at the Mill River Plaza at the corner of Columbia and Bagley.
- 10/24 **The Kent Ride** - Our signature 35 mile rolling to hilly ride to Kent, starting at the Virginia Kendall Lake Park in the Cuyahoga Valley. Fall colors should be excellent in the valley and along the route.
- 10/31 **The Third Annual Tour Macabre** - a 50-mile flat to rolling ride which passes 13 cemeteries, starting at the Mill River Plaza at the corner of Columbia and Bagley Roads in Olmsted Falls. A fun, free ride – join us!
- 11/7 **The Red Flannel** - look for details in this issue of *CrankMail* or at crankmail.com (among the Lorain Wheelmen Web pages).

As another season of fine rides draws to a close, we want to encourage members to get out and pedal — enjoy the beautiful fall weather! Sunday rides feature a mapped route and a ride leader and can be a shortish, easy-riding day or a sprint, for the relaxation-impaired. Of particular interest this time of year is the Tour Macabre. It's route carries us past 13 cemeteries which can be educational, spooky, or macabre (whatever your attitude) but also a lot of fun. The last club-hosted Sunday ride of the season.

On November 7, we'll end our riding season with Northeastern Ohio's traditional season-closer, *The Red Flannel*. It's a well-run invitational we've enjoyed for many years and encountered all manner of weather and riders. From warm and sunny to cold and snowy, *Red Flannel* has it all — even a guy riding in his red flannel longjohns once or twice! Hope to see you there (longjohns optional).

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KLEIN QUANTUM: 63 cm aluminum frame 1996 model with Shimano RX100 STI components, TIME attached pedals, 420 miles, immaculate condition. Asking \$850. Call: (216) 696-5531. Email: ajv@en.com.

TREK 5220, new in March 1998, only 400 miles, excellent condition. Asking \$1,550.00. Call: (330) 782-7408.

SOFTTRIDE POWER V full carbon Kestrel fork, Hed Jets, DuraAce derailleurs, Profile/Syntace. Frame & fork were \$1,900 new. Asking \$1,500.00. Call: (216) 671-1659.

RAIN JACKETS: two see-through by Performance, never worn! Sizes large & medium. **LEG WARMERS**, black wool by Performance, long & medium, like new. **XL GLOVES:** two pair, leather palm, black/neon green, winter style, new. Call: (440) 356-0596. Leave message.

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TREK OCLV team-issue frame, 19.5 in., ridden just one year. \$450. Call: (216) 221-3894. **ROCK SHOX SID FORK**, 1 1/8 X 230, only one year old, well-maintained, pump is included. \$275 or best offer. Call: (216) 221-3894.

PAISLEY CUSTOM road bike, 59 cm., very good condition, DuraAce, Campy, Salsa, Mavic, SPDs, etc., '531 tubing, Franklin repaint with Imron fade. Retro-rig! \$450. Call Stan: (330) 688-2902. Email: urycki@sssnet.com.

GT TITANIUM 58 cm, brand-new, never ridden! Carbon fiber fork, DuraAce gruppo, titanium seatpost, saddle, Matrix ceramic wheelset. \$2,000. Call: (440) 564-1031.

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