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Sports Illustrated's August 6, 2001 Cover

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Cycling in Northeastern Ohio

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*“Let us give Nature a chance;
she knows her business better than we do.”*
— Michel Eyquem de Montaigne; *Essays*, 1595



Cleveland Touring Club

Cleveland Touring Club
P.O. Box 0667
Grand River, OH 44045-0667
440-954-4201
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www.clevetourclub.org

Welcome to New Members

Thomas Pirko of Chesterland, **Rob Schlanser** of Chagrin Falls, **Kim & Morgan McIntosh** from Concord, **Amy Blatnick** from Willoughby, and **Daniel Littman** from Richmond Heights. *We hope to see you on the road soon!*

Photo Day and Potluck

Quite a large group of over 40 riders showed up for the annual photo day at North Chagrin Reservation on August 5th. The club group photo was taken and then **Nan Horvath** snapped a photo of each and every rider as they departed the park for the ride. Look for copies on the web site soon and if you'd like a print, see Nan at the next weekday ride or weekend since she is having double-prints made for all to enjoy. The weather was beautiful and the food plentiful. Fun for all.

Our CTC Web site

Check out the CTC web site at www.clevetourclub.org. We have added some (but not all) of the maps for you to view and print from some of the favorite rides during the year. We will continue to add to the list. It is also handy for persons in the club that are delivering maps to the Sunday rides, just in case they have to cover for another person. Just go to the web site and print the page from your browser.

New photos have been added to the regular photo gallery and a special gallery of Sunday In June Tattoos photos too, courtesy of **Nan Horvath**. Pick your favorite and send us an email. The people in the photo with the most votes will get a free Sunday In June registration for next year. If you have any other photos you'd like to share, get in touch with **Andy Carpenter** through the club email address (clevetourclub@hotmail.com) or catch him at a ride. He'll scan the photos and get them back to you in short order.

Club Items for Sale

Club T-shirts (long and short sleeve in gray and white), **coffee mugs**, and **two different hats** are now available with the Club logo and sunburst design (like the tattoos from Sunday in June). Visit the link that is on the left side of the home page. Please read the instructions and information carefully. CTC is using "CafePress.com" (a recent Webby Award Winner as "Best of the Web") web site that will produce the items. You can order as many or few as you'd like. Other designs will be added in the future. CafePress is a FREE production and fulfillment service for custom logo designed clothes and accessories. You can even set up your own store if you want. If you have problems with delivery or questions, contact them through their web site. CTC has no control over credit card transactions or delivery of items so please don't call us. It is highly recommended that you use the **Microsoft Internet Explorer** version of web browser since it is more compatible with the database on CafePress.com If you don't have it you can download the latest version from Microsoft.com.

CTC Ride Schedule

Sept. 2 8:30 NORTHFIELD CENTER to Hinckley Lake, Medina (25, 40, 68)
Rolling/Hilly

Sept. 3 8:30 NORTH CHAGRIN — LABOR DAY Pickup Ride - You show, we go!

Sept. 9 8:30 GURNEY SCHOOL to Newbury (20) Burton (35) Chardon (50)
Rolling/Hilly

Sept. 16 9:00 FERRANTE WINERY — Covered Bridge Tour (20, 40, 60) Rolling/Hilly

Sept. 23 9:00 NORTH CHAGRIN to Shaker Heights Rolling/Hilly

Sept. 30 9:00 NORTH CHAGRIN — EDDY'S FRUIT FARM RIDE (30, 45) w/stop
for cider and apples

Second Tuesday of the Month — Tour de Tuesday 9:15 AM

Relaxed rides at a moderate pace with a social emphasis.

Oct 9. Meet at Eldon Russell Park, Geauga County. On Rapids Road, about 2 miles north of Rt 422. Ride in Amish country, Bring Lunch.



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Review:

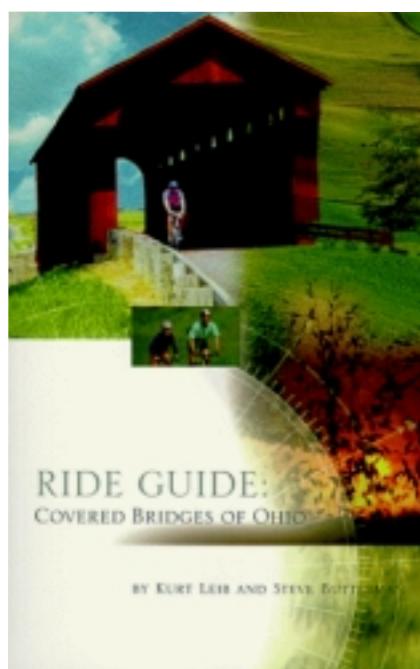
Books Guide Riders to Autumn Adventure

Few cycling experiences could be more pleasant than a relaxed ride through a country setting in autumn. Two books we recently learned about can help you plan your personal fall color tour through local and regional environs. Both books are published by Anacus Press, Inc., Liberty Corner, New Jersey, and are available at some area bicycle shops, through the CrankMail.com Bookstore, or by phone from the publisher: (908) 604-8110.

Ride Guide: Covered Bridges of Ohio, by Kurt Leib and Steve Butterman. Tucked out of the way, along the scenic back roads of Ohio, are about 100 historic covered bridges. Many of those quiet back roads are also ideal for cycling and a good many of the bridges are within a short distance of the Greater Cleveland Area. The authors provide information needed by cyclists to visit 37 of Ohio's remaining covered bridges. There are clear maps and cue sheets for 11 rides throughout the state with directions to specified starting points for each sojourn. Rides range from relatively flat, 24-mile rides, to tours of up to 60 miles. Two of the mapped rides are in Ashtabula County and mimic the CRAB tour held there a couple of years back. The 107 pages of this little guide include a primer on the history and design of covered bridges and helpful contacts such as local visitor's bureaus. In all, well-worth the \$14.95 cover price for its aid in planning a memorable short getaway any time of year. But covered bridges in an autumn setting? That's the stuff of postcards! ISBN: 0-933855-16-8

Bed, Breakfast & Bike Midwest, by Robert & Theresa Russell. We didn't receive a review

copy of this book, but we can tell you that this book could be a big help in planning a weekend cycling vacation. The authors say they have personally visited 28 inns across the states of Indiana, Michigan, and Ohio. They devised two cycling routes based at each of those inns. Routes include a variety of terrain and distances and sometimes offer mountain biking opportunities. The bed & breakfast establishments described in the guide welcome cyclists (some may offer discounts to those who flash the book when they visit). Cover price for the bed & breakfast guide is \$16.95 and the book is offered for sale through the authors' Web site: www.travelnearandfar.com/bbbweb.html). ISBN: 0-933855-17-6



Results:

Westlake Points Races

Thanks to organizer Chris Riccardi, we are pleased to be able to publish the 2001 season results from the Westlake Points Races. This summary lists all those competitors who have earned points in the weekly races since the beginning of this season. Full results can also be found at <http://lek.net/~tris/cvv/westlake.html> courtesy of Tris Hopkins of Cuyahoga Valley Velo (CVV).

Racing continues every Tues. until the end of September. Interested parties (race or spectators) can contact Riccardi at (440) 843-8026 or via email at: chris16@stratos.net. Events have reportedly been well attended this season, with many new faces.

2001 Season Point Leaders

	'A' RACE			total	total
				points	races
1st	Chernosky	Dave	Team Columbus	100	18
2nd	Frueh	Tom	Cuyahoga Valley Velo	92	16
3rd	Sroka	Rudy	Lake Effect Racing	78	17
4th	Hopkins	Tris	Cuyahoga Valley Velo	69	18
5th	Martin	Paul	GoMart	57	6
6th	Lu	Don	Cuyahoga Valley Velo	49	15
7th	Batke	Brian	Cuyahoga Valley Velo	41	14
8th	Brink	Dick	Guinness / ACA	32	14
9th	Riccardi	Chris	Guinness / ACA	27	18
10th	Doyle	James	Dale's Bike Shop	19	7
	Baldesare	Jim	GoMart	19	5
12th	Stern	Brian	Guinness / ACA	18	17
13th	House	Mike	GoMart	13	4
14th	Reese	Craig	Team Akron	12	8
15th	Busa	Mike	unattached	10	12
16th	Mathys	Bill	Cuyahoga Valley Velo	9	13
	Clune	Vince	Dayton Cycling Club	9	8
18th	Cockley	David	unattached	8	10
19th	Gallagher	Bill	PDQ Cleveland	7	12
20th	Johnson	Mike	Lake Effect Racing	6	11
21st	Gryzbowski	Jeff	Team Akron	5	11
22nd	Lee	Ryan	unattached	4	9
23rd	Henterly	William	Team Columbus	3	8
	Ingraham	Ted	Summit Freewheelers	3	7
25th	Wilford	Derek	Lake Effect Racing	2	16
	Heibel	Steve	Lake Effect Racing	2	10
	Kadar	Stefan	Team Akron	2	7
28th	Fernandez	Robert	Team Akron	1	13
	Kenny	Brian	Gary Fisher Mid-Atlantic	1	2

	'B' RACE			total points	total races
1st	Marcossen	Al	PDQ Cleveland	47	9
2nd	Schneider	Brian	LEW	36	10
	Miranda	Pat		36	9
	Rochette	James	Unattached	36	5
5th	Claus	Mike	unattached	35	8
	Hiller	Ken	PDQ Cleveland	35	6
7th	Ingraham	Ted	Summit Freewheelers	34	4
8th	Kovach	Dave	PDQ Cleveland	31	9
9th	Estlack	Gordon	PDQ Cleveland	28	12
10th	Smith	Mike	Summit Freewheelers	26	10
11th	Collander	Eric	Unattached	23	13
	Beeson	Brad	unattached	23	4
13th	Lanson	John	Orville	18	3
14th	Kadar	Stefan	Unattached	12	1
15th	Stefancin Jr.	Robert		11	9
16th	Sullinger	Glenn		10	5
	Funk	Matt		10	1
18th	Madison	Mike		9	8
19th	Furgala	Brian	Unattached	8	10
	Kimmich	Kevin	Unattached	8	2
21st	Vega	Mike	Unattached	6	8
	Ingraham	Tricia		6	6
	Staneluis	Chris		6	4
	??? 7/17	CWRU		6	1
25th	Tietzen	Kurt	Color Me Safe	5	3
26th	Marx	Russell		4	11
	Previs	Stephen	Unattached	4	2
28th	Papajcik	Doreen	PDQ Cleveland	3	7
29th	Rees	Bill	LEW	2	15
	Pletcher	Nate		2	3
	??? 7/3	Red Jersey		2	1
32nd	Catalano	Angelo		1	8
	Sherry	Tom		1	3





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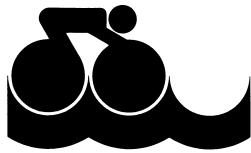
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LEW Club Weekend & Holiday Ride Schedule

Sept. 2 9:00 Paw Paw to North Akron & Norton - 40/70 miles

Sept. 3 10:00 **Monday – Labor Day** Hawaiian Holiday Ride start at Scenic Park - 30 easy miles

Sept. 9 9:00 Bonnie Park to Peninsula & Hudson - 45/65 miles

Sept. 16 9:00 Lakewood Park to Euclid 50 flat miles

Sept. 23 9:00 Valley City to Lodi & Wooster - 40/80 flat miles

Sept. 30 9:00 Brecksville to Chagrin Falls & Burton - 40/65 miles

Oct. 7 9:00 Olmsted Falls to Grafton & Wellington - 40/60 miles

Oct. 14 9:30 Eric & Diane Schultz Fall Color Ride in Richfield CTC & LEW club ride - 30/45 miles call (330) 659-3274 for start location

Oct. 21 10:00 Bonnie Park to Medina 45-mile loop

Oct. 28 10:00 Olmsted Falls to Grafton and Oberlin- 30/60 miles

Nov. 4 8/9:00 *Red Flannel Metric* start in Oberlin 32/64 miles by Lorain Wheelmen

Ride Start Locations:

Bonnie Park In Strongsville, in the Mill Stream Run Reservation, west of Albion Road & Valley Parkway.

Brecksville in Cuyahoga Valley National Park, at Station Rd. parking lot east of Riverview Rd. (just south of Rt. 82).

Lakewood Pk. Picnic area and parking lot, in Lakewood, off of Lake and Belle Ave.

Olmsted Falls Olmsted Falls County Library, Columbia Rd, just north of tracks, by the covered bridge.

Paw Paw Lot Picnic area and parking lot, off of the Valley Parkway, just east of West 130th Street, in North Royalton.

Scenic Park Parking lot at marina in North Rocky River Reservation, off of Valley Parkway, located ½-mile south of Detroit Road, in Lakewood.

Valley City Liverpool Elementary School, at West River Road and School St.

Weekday Rides:

Tuesday Evenings – Short, slower rides starting from Fairview Park Post Office (on West 220th, just south of Lorain Rd.), 6:30 pm, weather permitting. Call Bob Ugan at (216) 476-0353. Recommended for beginning and slower riders, plus new club members. It is also a very good way to make our acquaintance (invite someone you know).

Wednesday Evenings – The “Ice Cream” rides start from the Olmsted Falls Public Library. The rides will leave at 6:30 pm, weather permitting. Speeds are in the low teens; distances vary from 20 to 30 miles. The routes are for those who prefer quiet country roads, and like to stop for ice cream during the ride. Contact Marc Snitzer at (440) 236-3017 or email at msnit@juno.com. These rides will continue until Sept. 26th, the evening of the last such ride.

Regular Club Wednesday Evenings – Moderate to fast pace 20-30 mile rides starting at 6:30 pm from Kamm’s Corner parking lot at Lorain Rd & Rocky River Dr (Rt. 237) in Cleveland (behind Pizza Hut), Call Ed Wheeler at (440) 572-1122 or email at wheels@ameritech.net (weather depending).

LEW WEB keeps club informed of late breaking news

To keep informed of late breaking news and location of rides during the year check the LEW club site out at: <http://www.geocities.com/lakeeriewheelers/>. The LEW club email list is at Bikelew@juno.com. If you aren’t receiving weekly ride updates and have email, let us know and we’ll put you in the address book.

Touring Division News

It’s September already? Don’t panic, the riding season isn’t over just yet. Even though you might see early notices for the Red Flannel Metric Century posted elsewhere, there are still plenty of good (though shorter) riding days left before it becomes time to pull on the cold-weather gear (and have to decide between skiing and riding). For any club members interested, the Red Flannel will be held on Sunday, November 4, in Oberlin. For details please contact the Lorain Wheelmen (see their article, this issue). It is also the scheduled LEW club ride for that Sunday. Until then, enjoy what remains of the riding season.

A three-day, self-supported camping tour around the Kinzua Reservoir, in the Allegheny National Forest, is planned for the Labor Day weekend. The area is remote, with lots of hills and rough roads but full of wonderful scenery. The two campgrounds (Kiasutha and Highbanks) are well developed with showers and other facilities. The route passes through some interesting areas like Torpedo, Tidioute, Porkey, Jakes Rocks, Hansom Lake, Steamburg, and Onoville. It will be difficult (70, 70, 55 miles) but well worth the effort. There are still some details to be worked out (like how to cross the Allegheny in the Seneca Indian Reservation) but if you are interested, contact Tom Meara, by email, tom_meara@hp.com, or by phone, (440) 777-2563.

There is a weekend tour on September 15-16 from Berea to Malabar Farm. The distance is 170 miles round trip over two days, and parts of the route are hilly. This should be attempted only by seasoned riders, who have done at least one century

ride, and have a bicycle in excellent condition. Each rider MUST have necessary tools for minor repairs: spare inner tubes, patches, and a pump, and should be equipped with headlights, or at least a taillight. No sag, and no camping. Contact Bob Parry: bikelew@juno.com or (440) 779-8392, if interested in going.

There are still a few touring events remaining in the riding season. These tours are open to all riders, and everyone is encouraged to participate. Each tour will have a designated ride captain to determine that an individual is capable and equipped for completing the ride. The tours are of two types: fully loaded, self-supporting camping tours; and lightly loaded tours with no need for carrying shelter or food (riders stay at motels, B&Bs, or hostels). Tours are unsupported except where listed. The riding is more or less continual for the distances listed.

<u>Date</u>	<u>Route</u>	<u>Ride Captain</u>
Sept 1 - 3	Allegheny Tour, NY and PA. 200 hilly miles, camping.	Tom Meara
Sept 15-16	Berea to Malabar Farms Youth Hostel. 170 hilly miles	Bob Parry
Oct 26 - 28	Youghiogheny Trail, Ohiopyle. 130 flat miles, camping	Doug Barr

If you are interested in participating, Ride Captains must be contacted prior to the ride:

Bob Parry	(440) 779-8392	bob.parry@juno.com
Tom Meara	(440) 777-2563	tom_meara@hp.com
Tom Nezovich	(216) 749-0029	knezovich@msn.com
Tama Ripley	(440) 331-0281	RIPLEYT@ccf.org
Doug Barr	(440) 734-1715	dougbar@nshore.org

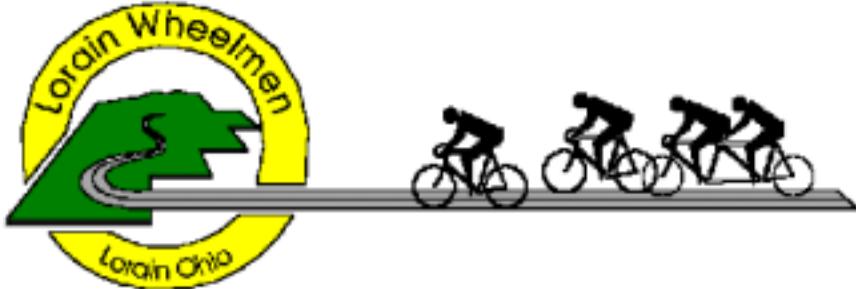
Prospective riders are expected to be physically fit, properly attired & equipped, with bicycles suitable for the routes in question (and adequately maintained). Anyone interested can contact Tom at 440/777-2563, or email him at tom_meara@hp.com.

Racing Division News

There was no new information available as of press time. For anyone seeking further information about the Racing Division, please contact Tom at 440/933-4093 or at LEWRaceDiv@gateway.net (alternative email: Colnagonut@gateway.net).

Club Meetings...

The next regular club meeting will be held on September 4th, at the Brook Park Branch of the Cuyahoga County Library, and on the first Tuesday of each month thereafter. In the event of changes, members will be contacted.



September 2001 Calendar 'n Stuff

Date	Starting Point	Destination	miles, etc.
9/2	Amherst Powers School	Wakeman	50+miles
9/3	Amherst/Powers School	Vemilion	25 or so for Labor Day
9/9	Wakeman Park	Savannah	50 or so and rolly
9/13	Nordson Depot	Prolog (5:30) Meeting (7:30)	20 miles, light permitting
9/16	Oberlin Inn	Milan	50+almost the R/F route
9/23	Amherst Powers School	LaGrange	50 flat miles
9/30	North Ridgeville	Medina	50+nice ... and different

Our Wakeman start is from the park in town. It's off Route 20 on the north side, at the first light, as I recall. Wakeman is too small to get lost in.

In North Ridgeville, we start from the old Fields School, on Root Road just north of the corner of Root Road and Lorain Road. Take the Route 83 off ramp from the freeway (Rt. 10), and go east on Butternut Ridge. It changes to Lorain Rd. somewhere in there. Turn left (north) at Root and you're there. You can also go via the Turnpike to exit 9 and head west on Lorain Road. Root Road is about $\frac{1}{4}$ mile. Turn right (north) on Root Road. Field School is on your left! There's a decent beanery on the square in Medina ... and an Arabica Coffee shop.

Weeknights have been lightly attended this summer. Ralph and I ride on Tuesday when he gets out of school, maybe **5 or 5:30**. Thursday he and I have been riding up to Amherst to meet Dave and Ron at the IGA. Let's make that **5:30** for now, but if you want to be sure, give Dave a call. The light is failing us this time of the year and we like to hang on as long as possible. We may have to back off to **5:00** before the season is done! If anybody wants us to rearrange the times or places to accommodate his work schedule, please holler.

Ralph and I ride every Saturday A.M., at 8 or 9, as the weather dictates. MaryJo makes that session when she's in town. We do 20 or 30 miles, and meet at Prospect School in Oberlin. Call or email (440-775-1501/chohn@oberlin.net) me if you want to nail the time down for a specific day.

THE BIKE WITCH TEE SHIRT PROJECT



*Tee shirt imprint copyright © 2000
by James Guilford*

In October of 1994, three student framebuilders disappeared in the woods near Bentleyville, Ohio while testing mountain bike designs. A year later their bicycles were found.*

Time to cash in!

Yes! Please send me this amazing shirt. I understand that it is 50/50 blend, black with imprint (see photo above) of the most horrible Bike Witch. Shirts are long-sleeved, and available in adult size XL only. I have enclosed a check or money order for \$21.00 payable to "The Clockwork Press" for each shirt desired (Ohio sales tax and shipping are included). Here's my name and mailing address:

Name: _____

Street: _____

City: _____ **State:** _____ **ZIP:** _____

**This part is all made up, just like that other story about a witch and students disappearing in the woods. The part about the shirt offer is for real. Bike Witch image is copyright © 2000 by James Guilford. Send orders to: Bike Witch; The Clockwork Press; PO Box 33249; Cleveland, OH 44133-0249. Act now, quantities are very limited; offer ends with shirt supply. Read the legend of the Bike Witch on CrankMail.com.*

Medina County Bicycling Club

P.O.Box 844 • Medina ,OH 44258 • L.A.W. Affiliated

Contact the following for information:

President:	Tom Dease	330-725-1058	tjmd@aol.com
Vice President:	Lou Vetter	330-725-0441	bikevetter@aol.com
Treasurer:	Glen Hinegardner	330-725-8430	biker10260@aol
Ride Coord.:	Dave Schultz	330-725-0293	dsbike97@aol
Secretary:	David Miller	330-725-7928	mlrmedina@aol.com
Mtb Coord.	Linda Miranda	330-483-4512	lmiranda@mircosolutions.com

Weeknight Ride Schedule

Tuesday - 6:30 p.m. Courthouse parking lot – Call or check medinabikeclub.org

Wednesday- 6:30 p.m. Courthouse parking lot- Jefferson and E. Liberty St. (*FAST 18+MPH*)

Thursday - OFF-ROADERS...Check the Web or contact Linda Miranda

Weekend Ride Schedule

Saturday- Check the Web-or call

Sunday - Courthouse Parking Lot - Jefferson at E. Liberty St.
meet on the Square.

8:00 a.m. **Touring Group** at (10 - 15 MPH)

9:00 a.m. **Racing Group** at (18 + MPH)

Or check your Email or *our new web site:*

<http://www.medinabikeclub.org> and go to the message board

BICYCLE HELMETS REQUIRED ON ALL OFFICIAL CLUB RIDES

Anyone interested in riding with this group or being a ride leader, please contact Ian Halliwell at (330) 725-3074 or email at IHalliwell@nobleknights.com

If anyone is interested in riding any of these events please contact Tom 725-1058:

9/09	31 st HANCOCK HORIZONTAL HUNDRED-Findlay 100/64/32 flat.
9/15-16	MCC BIKE OHIO RIDE- Kidron 50 a day
9/16	28 th NEOC: NORTH-EAST OHIO CENT. Newton Falls 100/62/35
9/22	11 th KNOX COUNTY CHALLENGE- Gambier 100 / 25 miles
9/30	10 th CIDERFEST BIKE RIDE. Norton 63/25/10
10/13	23 rd FALL N LEAF. Mansfield 62/35
10/27	25 th (FFF) FRIENDSVILLE FREEBIE FIFTY. Medina 50/25, <i>Beware of Count Dracu-Lou!</i>

The Prez Sez...

A very warm welcome to our newest members, **Ron and Carol Isgro** and **Pat Ionta**.

More Memory Needed!

Due to my lack of brain cells I forgot to congratulate three other members of our club who rode GOBA this year. **Ken & Lydia Ahlers** and their son **Tyler** were out there fighting those hills with the rest of us. Sorry.

Ice Cream Ride Report

For those of you that missed it, *too bad for you*. The weather started out perfect and got a little warm but the tailwind for the return leg worked out nicely. Our attendance was up 60 percent. We got more riders for our 25-mile route than ever before. And as best as I can tell everyone had a great time except for Shawn who broke 3 carbon spokes in his brand-new wheels.(" @#\$%^&*&#\$@!!").

The feedback we received was almost all positive. Excellent routes, great tee-shirts, good rest stops, wonderful Ice Cream, lots of cookies, and a fantastic cookout. And the comments like "You guys really got it right" and "We really loved this ride," lead us to believe it was all worthwhile.

But the real reason I am writing this is to thank all those who helped to make this such a great success. To **Tom Byerly** for the great graphics design and the tee-shirts his business donated. Thanks! To **Carl Bidinger** for helping with the routes and providing the Maps and Signs. Thanks! To **Glen & Carol Hinegardner** for organizing the registration and handling all the funds, *and remaining married*. Thanks! To **Bruce & Nancy Hoff** for the most professional catering job ever. They were incredible. The burgers were always hot and done to perfection, the pasta salad came in individual containers to stay fresh, and everyone was served in very short order, without any lines to wait in. And they had pop to drink instead of orange punch. Thanks! To **Linda Miranda** for all her help in getting things organized despite the fact that she was also organizing a huge mountain bike race! Thanks! To **Shawn Conway** for the muffins and danish for breakfast, and all the delicious fresh baked hot chocolate chip cookies (he brought an oven with him). Thanks! To all the people who worked the rest stops. **Lou Vetter** and **Tom Waterson** at the Creston stop. **Bill Schweinsburg** at Hartzlers, and **Debra & Brandon Ewsichek** at West Salem. Thanks! To all the folks that help to mark the routes, **Glen & Carol, Lee Ewsichek, Dave Ling, Lou Vetter, Sara Kibler, and Paula Kasmin**. Thanks! To all the SAG drivers. Thanks! To all who helped to setup and register riders **Ian Halliwell, Doug Fitz, Charlie Horn, Kelly Heidman, and Dave Schultz**. I hope I didn't miss anyone. Thanks! I consider it an honor and privilege to work with all of you.

F.Y.I.

The attempt to move the Tuesday night starting point to an alternate location was less than successful, mostly because of too short a notice, ("my fault, sorry"). In the future we will be moving the starting point on a monthly basis. It should be easier to remember that way.

The Richfield SWEET CORN RIDE as usual was well attended. Ian, Bill, Dave Miller and family, were there with several other members. The route changes seemed to make the 50-mile course even more challenging than last year's, or maybe I'm just a year older. Anyway for some reason there is always a very diverse crowd on this ride, which keeps it fun and interesting. That girl with the Kool-Aid stand in the middle of that long, steep hill got my business. She was a shrewd negotiator and I was forced to fill my water bottle at market rate.

ROAST YOUR BUNS was a freebie this year. The weather was as the name promised, HOT. Nice rural routes, but you can't put those arrows out too soon or the county road

crews get confused and follow them around putting down tar and gravel. Glen and Carol Hiengardner were there with several members of their MS150 team getting ready for the Pedal To The Point. About 22 miles into the ride Shawn broke another spoke. Yep, I think that if there was a sag on this ride Shawn might have chucked the bike into the bushes and waited for a ride home. Instead he turned back while the rest of us finished the route.

The EMERALD NECKLACE RIDE. We couldn't believe it was really raining. It wasn't supposed to. "The weather was supposed to be perfect," was the general consensus as most of us waited under the pavilion for the showers to stop. They did, and Dave Ling, Shawn Conway (on a new Aerospoke rear rim), and I managed to get in 75 miles. Tom and Kim Bryerly did the 25-mile route. And while we did get wet from the road, the day turned out rather cool and pleasant for riding (much better than 95 degrees). The food was excellent; the support people were wonderful, very friendly and helpful, and the tee shirts are awesome. Even better there were prizes along the side of the road, I found a golf putter, which I needed so I stuffed it under the rack bag and road back with it sticking out the back. Since this made it slightly difficult for people to draft off me, the ladies at the lunch stop decided I needed to have a red flag. None was available so they used DUCT tape. There are pictures to prove it. FORE!

We will be ordering more jerseys soon, please let me know if you are interested in special sizes, sleeveless styles, or women's styles rather than the standard issue.

A Letter from Vetter...

Before the Ice cream Odyssey: This month's first adventure came about not by riding until some part of my bike broke off, but while driving my car and painting the route for the ice cream Oddessey. Sara Kibler and Paula Kasmin were first-time road painters who had the enthusiasm to make for a well-marked course and the compassion for the making sure the riders were safe and that warnings for road hazards were well marked as well. Riders who failed to stop for spring water at either of the two natural springs missed some fine tasting water. One was on the 62-mile route and the other was just a quarter-mile West of the start/stop area. These were good opportunities to get some cold water during the hottest day of riding I have seen lately. I'm glad I could sit and relax since I was manning the rest stop on the 25-mile route. So, what's the adventure you ask? Read on.

We painted our way to the middle of the course and decided that since we had reached the official ice cream stop we must make sure the ice cream was fit for our riders. The restaurant was the Hartzler Family Dairy and Ice Cream Shop. They had food as well as ice cream and since I had not eaten dinner I ordered their special for the day, a foot-long hotdog platter with macaroni salad and potato chips, TO GO! Sara and Paula suggested that we eat in the restaurant since it would be safer than eating while driving. I was looking at the ice cream when I noticed that the only hotdogs on the grill were two standard six-inch "dogs". Having never been shy about my food I barked "hey! Those aren't foot-longs". The server assured me that she had put a real foot-long hotdog on my bun and explained how the owners of the restaurant made special efforts to get good twelve-inch hotdogs. She handed me my dinner in a "to-go box" and I paid her gladly and went to get a table for the three of us. As I opened my Styrofoam container I was shocked by the sight of two neatly sliced halves of my special twelve-inch long hotdog.

The next day at the office I was sharing this story when the payroll clerk said, "did you see her cut it?" "No" I said. Then she said "how do know she just didn't cut the ends off two regular hotdogs and put them in the box?"

After the Ice cream Odyssey: Tom and I decided to explore the possibility of a breakfast ride from Hubbard Valley Park. We followed the ABC route south towards Applecreek and when we realized that Applecreek was farther than we wanted to go in the heat, we changed our destination to Orrville. Once we got to Orrville all of our regular haunts were closed so we stopped at a bakery for directions and the consensus of opinion was that Mrs. J's was the place to eat. Tom knows how much I like to tease the waitresses so he wasn't surprised when I told her that we were here to flirt outrageously. I had no idea what I had just started. As I looked over the menu I noticed one breakfast called the "Cowboy" and politely asked what it was. The waitress responded "it's a man who rides a horse." I told her "I wasn't about to eat the Marlboro Man" and then asked her if she was Mrs. J, she wasn't, she was Mrs. S. We told her this was our first time eating here and the couple at the next table said the sausage gravy was good. The waitress suggested that I get the eggs, toast, and home fries with the gravy over the potatoes, so I said I'll take it. Just minutes later Mrs. J herself brings my breakfast with the whole wheat toast sliced neatly in two. As she picked up a piece of toast I imagined that she was taking extra special care of me and was going to replace the toast for some imperfection I failed to notice. Imagine my surprise when she took a bite out it and placed it back on my plate. There aren't many instances where I'm speechless but this was one of those times. Tom almost choked trying to hold back his laughter.

For my long-time readers: Yeppers! I broke some more equipment. Trashed my front brake but that wasn't my fault. The part was under par and was replaced with a warranty claim (yeah!). I did however manage to pull another rear rim apart. The "men in back," bicycle mechanics, noticed that there cracks forming from the spoke holes (darn 32-spoke rims anyway). Anyway I got a new rim, paid for it and everything. Now I have a Velocity Arrowhead on the rear. The Mavic is still holding up in the front.

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“I just want to win one race . . . ”

It may have been a while in coming, but the wait made it all the sweeter as **Bob Stefancin** won not just one, but four races in less than four weeks. Other highlights included Kevin Lutzke solo win at the Murrysville Classic, Felicia Greer's near-miss at the Tour de Toona stage race in the Cat. 4 women's GC (plus one stage win and the QOM), and Jeremy Bosl's fine showing at Junior Nationals in Gainesville, Florida. Through August 14, 37 team members had taken part in 96 events (all took place in Ohio unless noted):

Road (CR – circuit race; CT – criterium; RR – road race; SR – stage race; TT – time trial)

Virginia State Games RR, Roanoke VA, July 15 – Ziccardi (5th, Cat. 1-3)

Tuesday Night Training Series, Westlake:

July 17 – Bosl, Collander, Kovach (1st, "B" race)

July 24 – Collander, Estlack (3rd, "B" race), Kovach, Miller, Stefancin

July 31 – Collander, Estlack, Hiller (3rd, "B" race), Kovach (2nd, "B" race), Stefancin

August 7 – Collander, Estlack (5th, "B" race), Hiller (1st, "B" race), Kovach (2nd, "B" race),
Stefancin (3rd, "B" race)

August 14 – Collander, Hiller, Kovach, Madison, Marcosson (2nd, "B" race), Papajcik, Stefancin,
Wilkinson

Team Columbus Criterium America CT Series:

Gahanna, July 20 – Stefancin (1st, Cat. 5/Citizen Men)

Granville, July 21 – Stefancin (6th, Cat. 5/Citizen Men)

Circleville, July 26 – Stefancin (2nd, Cat. 5/Citizen Men)

Chillicothe, July 27 – Stefancin (3rd, Cat. 5/Citizen Men)

New Bremen, July 28 – Stefancin (1st, Cat. 5/Citizen Men)

Mt. Vernon, August 8 – Stefancin (2nd, Cat. 5/Citizen Men)

Delaware, August 9 – Stefancin (2nd, Cat. 5/Citizen Men)

Westerville, August 11 – Stefancin (1st, Cat. 5/Citizen Men)

Chagrin Falls, August 12 – Estlack, (1st, Cat. 5/Cit. Men 40+), Stefancin (1st, Cat. 5/Citizen Men 30-39), Wagner

F. H. Buhl Bike Club Classic RR, Sharon PA, July 21 – Behrens (1st, Men 50+; 16th of 96 overall),
Marcosson (3rd, Men 50+).

Allegheny Cycling Association Murrysville Classic CR, Murrysville PA, July 22 – Gallagher, Greer, Lutzke (1st, Cat. 4/5/Cit. Men), Ziccardi.

U. S. Cycling Federation Junior National Road Championships (TT, RR, CT), Gainesville FL, August 2-5 – Bosi (14th of 48, ITT).

Altoona Bicycle Club Tour de Toona SR, Altoona PA, August 3-5 – Greer (2nd, Cat. 4 Women GC; 1st, stage 2 and QOM), Lutzke, Ziccardi.

New Waterford Lions Ride for Sight RR, New Waterford, August 4 – Gallagher, Hayden, Madison (3rd overall, Citizen Men), Marcosson (1st overall, Citizen Men), Stefancin (2nd, Citizen Men 36-41), Vadini (1st, Citizen Men 72+).

Cuyahoga Valley Velo Dog Daze CT, Cleveland, August 5 – Collander (2nd, Cat. 4/5/Cit. Men), Enyedy, Estlack (4th, Cat. 4/5/Cit. Men), Kovach, Lambrix (1st, Cat. 4/5/Cit. Men), Stefancin.

Allegheny Cycling Association Cookie Daze CR, Rimerburg PA, August 11 – Gallagher, Lutzke.

Multisport

Pacific Sports Rock and Roll Triathlon, Cleveland, July 22 – Garrett (1st, co-ed relay), Hayden, Kovach, Miller (2nd, Men 50-54, Sprint distance), Papajcik (6th, Women 40-44, Olympic distance).

Ashtabula YMCA Sprint Triathlon, Ashtabula, July 29 – Miller (2nd, Men 50-54).

Delaware Dept. of Recreation Triathlon, Ashtabula, August 4 – Miller (2nd of 74 overall).

Lake Metroparks Lighthouse Triathlon, Fairport Harbor, August 12 – Miller (1st, Men 50-54).

Off-Road (XC - cross-country)

Sun Valley Sports Ohio Vulture's Knob XC Series, Wooster, July 7 – Ziccardi.

Mickey's Mountain Bike Challenge XC Series, Hopedale, July 22 – Zielske (8th, Sport Men).

Trilife Sports International 24 Hours of Adrenaline, August 4-5, Winterpark CO – Hultgren.

NEWS

- **Welcome** to new member **Sam Eells**, of Chagrin Falls.

The Apocalypse is here when . . .

. . . Bobke has to shave his 'chops, and they won't let him say "Tour de France"

ERIE RACING ASSOCIATION



DAY(S) & DATE(S)	RACE NAME & TYPE*	LOCATION	CONTACT
Tues. Eves. through 9/25	Westlake Training CT Series	Westlake, OH	Chris Riccardi – 440/843-8026 10915 Windham Dr. Parma, OH 44130-1576 chris16@stratos.net
Sat. 9/8	Erie Racing Association ITT Championship	Erie, PA (Presque Isle SP)	Ron Vavala – 814/922-7575 4701 Summerland Trail Erie, PA 16506-6151 ron_vavala@baxter.com, or www.picycling.org

Sun. 9/9	Tour de Strongland RR	Apollo, PA	Alan Walzak – 724/845-5426 One Parks Bend, Box 10, Suite 108 Vandergrift, PA 15690-9646 strongland@alltel.net, or www.strongland.org
Sat. 9/15	Pino Morroni Memorial CT	Clarkston, MI	Steve Koch – 248/391-9361 2604 Gemini Dr. Lake Orion, MI 48360-1930 rhino11@flash.net, www.flyingrhinocc.com
Sat. 9/16 <i>9/6 entry deadline</i>	Fall ITT	Erie, PA	Sandy Morrow – 814/899-6345 2521 Bird Dr. Erie, PA 16510-1543 rsmorrow@ncinter.net
Sat. 9/22	Erie Racing Association CT Championship	Munroe Falls, OH	Rick Schwarz – 330/922-3299 352 Hillbrook Dr. Cuyahoga Falls, OH 44223-3508 R1Biker@aol.com, or summitfrewheelers.com
Sat. 9/29	U. S. Open Cycling Championships	Columbus, OH	Jay Baumeister – 614/529-4268 3602 Braidwood Dr. Hilliard, OH 43026-2406 jbaum@tenspeeds.com

*CR – circuit race CT – criterium ITT – individual time trial RR – road race SR – stage race.

This calendar is a cooperative effort of the region's race promoters and clubs, and is intended to provide date, location, and contact information only; for the full story, contact the promoter and request an official race flyer.

Ohio City Bike Club Open House to Introduce Prospective Advisory Board

By Jim Sheehan

The Ohio City Bike Club (OCBC), an Earn-a-Bike program housed at the Arrupe Community Center of St. Ignatius High School, will hold an open house for neighborhood residents and members of the cycling community on Thursday, September 13th from 7:30 to 9:00 PM. The purpose of the meeting is to introduce a group of community leaders who are being invited to form an advisory board for the organization, and to encourage more volunteers to join in helping neighborhood kids repair and ride bikes which they earn as rewards for participation. Planned expansions of the program and benefits of membership will also be discussed. If you would like to attend, please respond to the Arrupe Center (216-961-1260) by September 10th, as a light supper is planned.

An outline of the OCBC program is available at *CrankMail.com*. News of OCBC activities from past issues can also be found there, but the following important entry was inadvertently omitted from our last article, in the August issue, which included impressions from the members about the club.

“This is Amber Hodge out of OCBC. We have fun all the time, but I sprained my ankle riding my bike. I like patching tires. My goal is to be in the Olympic bike races, and to be the fastest. I like everything in the bike club: we win stuff and take long journeys.”

Amber is currently Secretary of the OCBC.

Yo, Wheelers...



Last month Al Wapnick and I drove to Oberlin to ride the Lorain County Metroparks' three-year-old bike trail built on an old railroad bed.

From one end to the other and return, the ride is 27 miles. It ends in Kipton on the west end and Elyria on the east end. The surface is all asphalt and the scenery is all country. Unlike some local bike paths there was absolutely no litter or glass. Anyone interested in riding the bikeway can call me for directions.

The pancake ride last month was, for the lack of a real pancake establishment, to the Arabica on Highland and Bishop Roads for coffee, muffins, etc. Their patio with chairs, tables, and umbrellas was especially welcome.

We are getting closer to a reorder of club riding shirts. We only need a few more orders to comprise the minimum number needed. If you want one, please call me.

May the Wind Always be at Your Back

— Ed Reichek

WESTERN RESERVE WHEELERS



COMMITTEE:

Ellie Einhorn: (216) 464-0495
Bernard Greenberg: (216) 751-4673
Mitch Kursh: (330) 405-6155
Alvin Magid: (440) 498-2228
Louis Klein: (216) 752-4123

Howard Mayers: (216) 765-8832
Harold Pasternak: (216) 921-6306
Edward Reichek: (216) 241-6930
Allen Wapnick: (216) 291-3960
Bernard Kotton: (216) 292-3998

Membership Application

(Please print legibly.)

Name: _____

Address: _____

Home Phone: _____

Business Phone: _____

List All Adult Participants
(Age 18 or Over)

List All Minor Participants
(Under Age 18)

Dues (Individual/Family) — \$20.00 \$ _____
WRW Patch(es) — No. ____ @ \$1.00 \$ _____
WRW Water Bottle(s) — No. ____ @ \$2.00 \$ _____

TOTAL REMITTANCE: \$ _____

All adult riding family members must sign and date the *Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement* on the reverse side of this form.

MAIL TO: 1422 Euclid Ave. #1104; Cleveland, OH 44115

LEAGUE OF AMERICAN WHEELMEN
dba LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK
AND INDEMNITY, AND PARENTAL CONSENT AGREEMENT
("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way with the Western Reserve Wheelers ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next-of-kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, of THE NEGLIGENCE OF THE "RELEASEEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, the Club, the LAW, and their respective administrations, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PRINT NAME OF EACH PARTICIPANT:

ADDRESS:

PHONE:

PARTICIPANTS' SIGNATURES (only if age 18 or over):

DATE: _____

MINOR RELEASE

AND I, MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS EACH OF THE "RELEASEEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR PART BY THE NEGLIGENCE OF THE RELEASEEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

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WESTERN RESERVE WHEELERS



COMMITTEE:

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Bernard Greenberg	Harold Pasternak
Mitch Kursh	Edward Reichek 241-6930
Alvin Magid	Allen Wapnick 781-4300

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Ride Schedule

NOTE: All Saturday rides commence at JCC with same start time as following day.

DATE	TIME	START	DESTINATION	MILES
September				
2	8:30	JCC	Chagrin Falls via N. Chagrin Reservation	38
3	8:30	JCC	Labor Day Pick-Up	??
9	8:30	JCC	Twinsburg	41
16	8:30	JCC	Circle Chagrin	30
October				
7	8:30	JCC	Willoughby	30
14	9:00	JCC	Lakeshore Metropark to: Madison/Geneva/ Harpersford Bridge	40
21	9:00	JCC	Cider Ride Patterson Farms	30
28	9:00	JCC	Solon via Bedford	31
November				
4	9:00	JCC	Pick-Up Ride	??
11	9:00	JCC	Pick-Up Ride	??
18	9:00	JCC	Pick-Up Ride	??
22	9:00	JCC	Thanksgiving Day Pick-Up Ride	??
25	9:00	JCC	Pick-Up Ride	??

NOTICE: Any nonmember guest who has not signed a release will not be considered, for insurance purposes, as a part of the club, nor will they be entitled to any protection afforded by the club insurance policy. In addition, all minors must be accompanied by an adult and must have a release signed by parent or guardian.

CrankMail

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TREK MOUNTAINTRACK 220 young person's mountain bike: 24 in. wheels, sized for under five feet tall – 7- to 11-year-olds. Burnt orange, great condition. Everything works properly. Grip Shift shifters, 18 speeds, triple chainrings, cantilever brakes. \$125. Call Martin Cooperman: (216) 932-6159.

CANNONDALE SUPER V-1000: Shimano Deore XT rear, LX on front, Sun CB17A rims, Fox rear shock, Headshox on front. Excellent condition. This randonneur wants to sell for \$1,000 or trade for 59 cm, equivalent-priced road bike. Call Mark: (440) 204-5002 or (440) 250-1931.

expire September

GT AVALANCHE mountain bike: 18-inch, good condition, RockShox Judy XC, XT V-brakes, Shimano 535 pedals, new cleats, brand-new tires, chainring, saddle, cables. Built for racing but also great for recreational riding. \$790. Also: Sun Sub-IV wheelset (\$150) and brand-new TIME ATAC carbon pedals and cleats (\$90) sell separately or negotiate w/bike. Call Steve: (216) 421-8379.

MISC. FOR SALE: TIME Sprint shoes, size: 4 EC, \$5.00; tandem KidBack crank adapter kit with Stronglight BB, 125 mm cranks, \$50; Tandem Ride2 4-position crank arm shortener for kids, \$30; Trek 720 Matrix Titan T 27in. touring wheels; Malliard 700 sealed Helicomatic Hubs, 14 X 28 5-speed LN Panaracer 27 X 1 1/4 inch Kevlar Radials DH tires \$50. Call John: (440) 871-5211.

CANNONDALE R600/CAD3 frame. 51 cm, Shimano 105 components, SPD pedals and Mavic rims. Fewer than 100 miles on bike. \$975.00. Call: (330) 273-2413.

expire October

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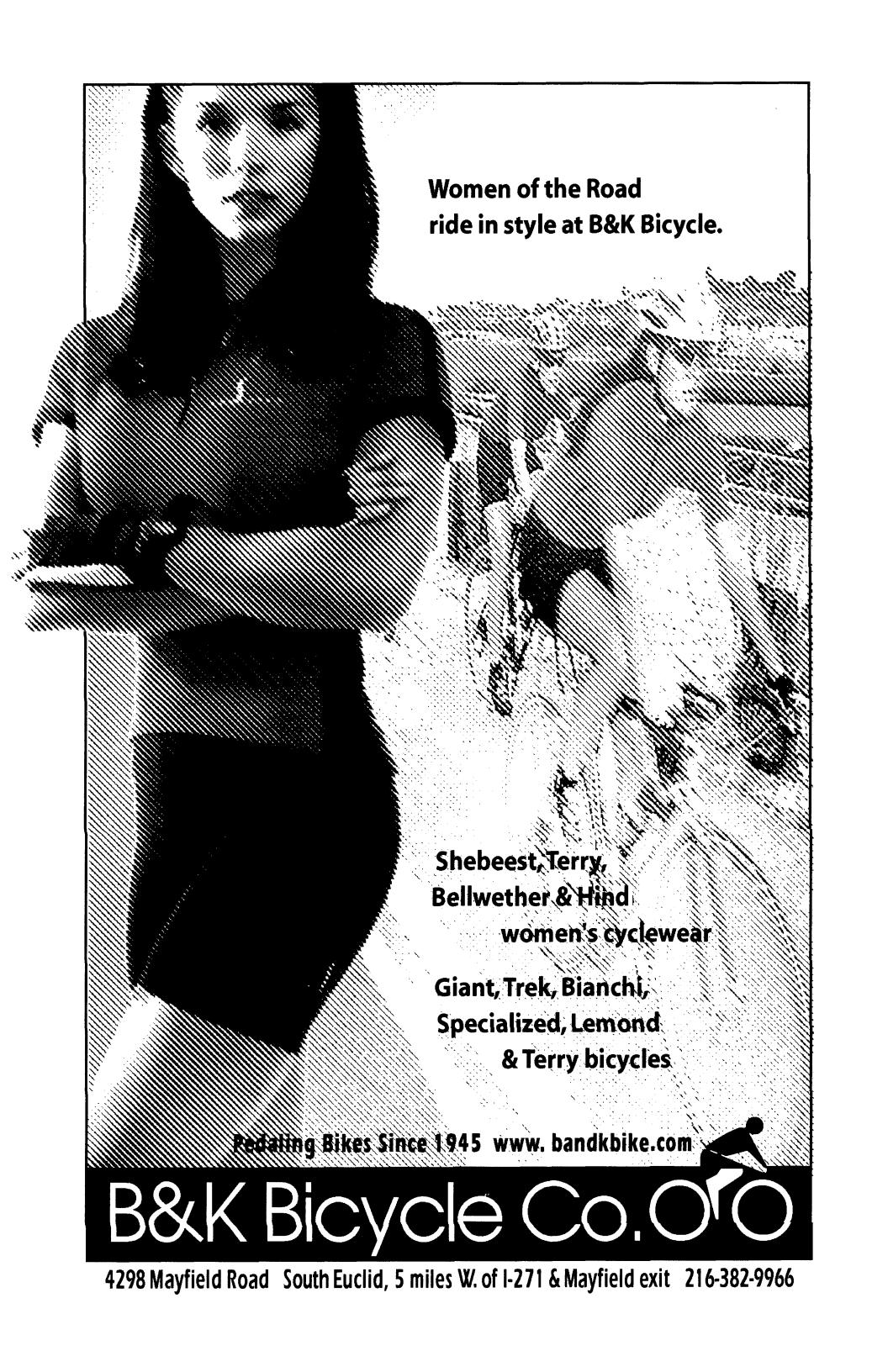
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